

Okonomiyaki (Japanese Pancake)



Recipe source: <u>www.closetcooking.com</u>

Season: All year

Type: snack

Difficulty: Easy

Serves: Serves 20 to taste

 Equipment Large bowl Measuring cups and spoons Sharp knife Chopping board Large frypan spatula 	 Ingredients 1 and 1/2 cups flour (whole wheat preferably) 1 cup dashi or beef stock 2 eggs 1/2 of a cabbage, about 3-4 cups packed, shredded very finely 2 carrot, grated 1 small zucchini, grated 2 green onion, sliced okonomiyaki sauce (or Worcestershire sauce) to taste Japanese mayonnaise to taste green onions to taste, sliced 4-5 slices bacon, chopped finely
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What to do:

- 1. Place bacon pieces in a frypan with 1 tbsp of oil. Gently fry bacon pieces until they nearly turn brown.
- 2. Mix the flour, dashi, egg, cabbage, carrot, zucchini, cooked bacon and green onion in a large bowl.
- 3. Heat 1 tbsp of oil in pan.
- 4. Pour in individual tablespoons of mixture. Make enough for 1 per person in class.
- 5. Cook on medium heat until golden brown on both sides, about 5-15 minutes per side.
- 6. Top with okonomiyaki sauce, mayonnaise and green onion slices.