

# Thermomix

By Emma Andrew-Low



The first Thermomix model was introduced in 1961. The first model, named VKM5. The machine had seven functions that was stirring, kneading, cutting, grating, mixing, grinding, and juicing. The Thermomix was first popular in France especially when the heating element was introduced in the 1970s. since the first model came out in 1961 there has been 10 models introduced with the latest introduced in 2019.

The Thermomix can replace a blender, stand mixer, slow cooker, grater, and more. The advantage of a Thermomix is that the Thermomix offers an accurate control over speed, temperatures and cooking times. The Thermomix also saves time and can get dinner

ready within minutes. As well the Thermomix can save time, money and declutter the kitchen. Disadvantages of the Thermomix is that the user can't roast, fry, pressure cook, bake, dehydrate, preserve food. The Thermomix is also very expensive costing the user around \$2,300, this can be a lot of money for a family.

The price of the Thermomix is costly at a price of \$2,359. This amount of money could go to something else such as school tuition or a holiday overseas. The Thermomix isn't affordable for the standard household. Even though the Thermomix is pricey, the Thermomix replaces other kitchen appliances, as well the Thermomix can clean itself.

There are similar products to the Thermomix that are far cheaper. A product that is similar is the Ninja Food 8-in-1 Multi Cooker which costs \$349. The Ninja Food 8-in-1 can grill, steam, bake, roast, pressure cooker, air fry, slow cook. The Ninja is also claimed to pressure cook that crisps items. The Ninja Food 8-in-1 Multi Cooker comes with a 12-month warranty whereas the Thermomix comes with a 24 month warranty.

I would recommend the Thermomix however it depends on what you are using the machine for. If the Thermomix is used occasionally then it is not worth the purchase, however if the Thermomix is used daily then the purchase is worth the investment.