

# Careers Newsletter

## Career as an Organisational Psychologist



The Australian Psychological Society (APS) states that an Organisational Psychologist has knowledge in a range of areas including –

- Recruitment and selection of employees
- Learning and development of staff
- Leadership and talent management within a company
- Coaching, mentoring and career development of employees
- Measuring employee opinions and other workplace research
- Wellbeing, stress, and work-life balance of employees

Companies, government, and other employers engage organisational psychologists to help them assess potential employees and their fitness for their role.

There are many courses being offered to students to study psychology, and it is important to choose a psychology degree that is accredited by the Australian Psychology Accreditation Council (APAC), as only graduates of APAC-accredited courses are eligible to register to practise as a psychologist.

Find out more at [APAC Accredited Psychology Programs in Australia](#).

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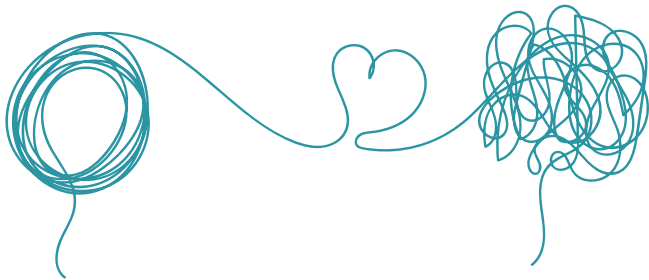
“The secret of getting  
ahead is getting  
started.”

– Mark Twain



According to the *Your Health in Mind* website, there are three main differences between psychiatrists and psychologists:

- Psychiatrists are medical doctors, psychologists are not.
- Psychiatrists prescribe medication, psychologists cannot.
- Psychiatrists diagnose illness, manage treatment, and provide a range of therapies for complex and serious mental illness. Psychologists focus on providing psychotherapy (talk therapy) to help patients.



It would seem many people get psychiatrists and psychologists confused with each other.

Both psychiatrists and psychologists understand how the brain works, our emotions, feelings and thoughts. Both can treat mental illness with psychological treatments (talking therapies). However, psychiatrists attend medical school and become medical doctors before doing specialist training in mental health. Because they are doctors, psychiatrists understand the links between mental and physical problems. They can also prescribe medications.

Further information can be found at [Your Health in Mind](#).

## What is a Sports Physiotherapist?

The Health Times website indicates that sports physiotherapy is a specialised branch of physiotherapy, and sports physios provide advice on how to avoid sports injuries, treat injuries and help recovery for those playing recreational sport right through to elite sport.

A sports physio is a registered physiotherapist who has achieved further study after completing a physiotherapy degree - in which students achieve an understanding of the physical, structural and the physiological aspects of human form and movement.

To become a sports physio, one will first need to complete a four-year bachelor degree in physiotherapy. Alternatively, students can complete an associated bachelor degree, such as in exercise physiology, followed by a postgraduate qualification in physiotherapy.

Physiotherapists can later choose to practice in sports physiotherapy but are unable to refer to themselves as a sports physio until they have achieved titled membership of the Australian Physiotherapy Association (APA).



An important tip for school leavers for getting a job is to create yourself a LinkedIn profile. LinkedIn is like a professional Facebook account where you can blog, comment on professional discussions, and build a professional portfolio that aligns with your resume. This needs to be developed over a period of years before graduating from university, so start soon, and continue to work on it during university.

[www.linkedin.com](http://www.linkedin.com)

Top Tips shared by the former head of LinkedIn, Cliff Rosenberg

**PICK A PROFESSIONAL SHOT**

Including a profile picture in your profile is a must. Putting a face to your name makes it 21 times more likely to be viewed, but first impressions last, so make sure your profile picture is professional.

**INCLUDE A SUMMARY**

Clearly outline your professional story; what your aspirations are and what qualifications you have to offer that others do not. This is your opportunity to demonstrate how your unique qualities make you perfect for your dream role. This is your elevator pitch.

**BUZZWORDS ARE BUZZKILL**

Are you motivated, creative, passionate? Great. So is everyone else on LinkedIn. Do yourself a favour — delete every single one of these buzzwords from your profile and replace them with keywords.

**HIGHLIGHT YOUR EXPERIENCE**

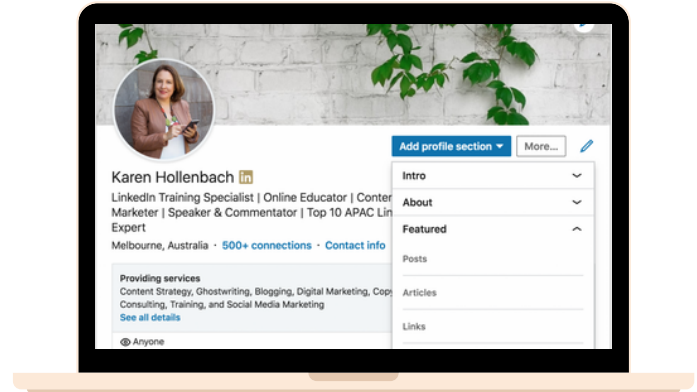
Illustrate your unique professional story and achievements by adding pictures, compelling videos and innovative presentations to your experience section. If you are just graduating, include your school history.

**SHOWCASE YOUR SKILLS**

Maintaining a relevant list of at least five skills on your profile will help others understand your strengths and match you with the right opportunities. Also add other certifications that highlight important skills.

**STAY ACTIVE**

Share content that excites you, such as a gripping video, a well-written news story or a particularly impressive presentation through status updates.



# Quality Indicators for Learning and Teaching (QILT) and ComparED

SEPTEMBER 2022

The Quality Indicators for Learning and Teaching (QILT) website assists students in making informed choices about their higher education options by bringing together survey data from all Australian universities, allowing students to compare student experience and job outcomes. Data is collected from over 400,000 students, graduates, and employers QILT surveys every year. Covering all study levels and both domestic and international students, QILT is regarded as the only comprehensive system of higher education surveys in Australia. All 41 Australian universities and around 90 non-university higher education providers take part in the QILT surveys.

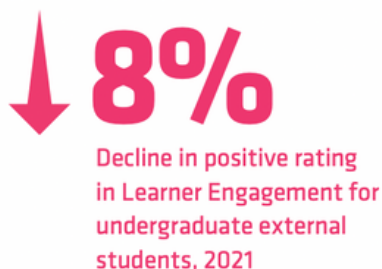
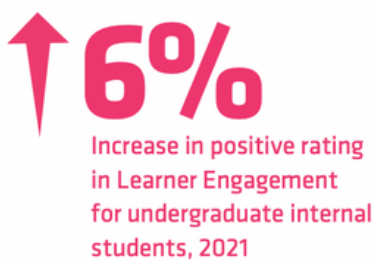
So, students are able to compare the student experience, whether domestic or international, between universities, and also learn more about employment outcomes of the different institutions.

Visit ComparED and explore and compare institutions and study areas based on real life student experiences provided through the QILT surveys.

Sample data from the QILT 2021 Student Experience Survey:



of undergraduate students had considered leaving higher education in 2021, with 50% of those respondents citing health or stress reasons.



# University of Newcastle Snapshot- 2023 Admissions

The University of Newcastle takes applications through the Universities Admissions Centre (UAC) and regardless of your educational background, has an entry pathway for you.

When you apply through UAC, the University of Newcastle will assess your application against all of their admission schemes and offer you a place based on your individual circumstances.

## Quick links

- [100+ degrees to choose from](#)
- [All entry schemes](#)
- [40+ scholarships](#)
- [Support for you](#)
- [View campus locations](#)

## Key dates for 2023 Admission:

Online Open Days	<a href="#">12th -14th Sept</a> <a href="#">Register here</a>
UAC Schools Recommendation Scheme Applications	<a href="#">Apply by 19th Sept</a>
New resident applications	<a href="#">Open 28th Sept</a>
UAC Early Bird Applications	<a href="#">Apply by 30th Sept</a>

## Entry pathways

If you don't think you will meet the requirements for admission there are other options to get in depending on your situation:

- [VET](#)

Have you undertaken a VET course as part of your studies? At the University of Newcastle, you can use a completed Certificate III qualification to gain an equivalent selection rank of 67.

- [OPEN FOUNDATION](#)

Complete this program full-time (in a single semester) or part-time (up to 2 years) to get guaranteed entry to over 40+ degrees or to receive a new University Selection Rank.

- [YAPUG](#)

Do you identify as Aboriginal and/or Torres Strait Islander? Complete this program full-time (in a single year) or part-time (up to 2 years) to gain entry into an undergraduate degree at the University of Newcastle. [See Wollotuka Institute for more information.](#)

If you would like to go uni next year, there will be a place for you at the University of Newcastle. Apply via UAC and they will do the rest.

