09 August 2019

**Re: Whole School One-Day Ski Excursion, Falls Creek**

**REQUIREMENTS LIST**

Dear Parents and Carers

Below is what is required for your child/ren to attend the ski day on Friday 16th August.

**Requirements for the day (there is some ski gear here at school if you would like to borrow, please do not leave until Friday of the ski day to look though.)**

* Please ensure you have snow/waterproof pants and jacket to ski in.
* Tracksuit or leggings to wear under the pants and warm clothing to wear under jacket.
* Clothes that can be layered, ie long sleeve cotton tops are a good idea so if they get warm, easy to take a layer off. Long well fitted socks, not ankle socks and not too thick they will be uncomfortable in the ski boot.
* A change of clothes (including socks and underwear) in case they get wet or for the trip home so they are warm and dry on the bus.
* Googles or sunglasses. Waterproof ski gloves. Put sunscreen on in the morning, we will have the tub to put extra on.

A packed lunch including snacks is required. It is a long day, so please pack extra food for the day, as everyone will need lots of energy for skiing. Please **do not** send any spending money as we are not allowing an opportunity to purchase food, if students are travelling with parents it is appreciated that there will be no food bought for their children as it is unfair to others not with parents. Please pack healthy food as there is a long time sitting on the bus and it is a winding road going up and down the mountain.

Food suggestions, possibly 2 sandwiches, dry biscuits and cheese, popcorn, lots of fruit or raw vegetables such as carrots, capsicum, celery, etc. If you do send some lollies for a treat, please make it things like snakes or jelly beans etc, (No Chocolate or really sweet things that will make students feel unwell on the winding road). Please send water only as other drinks are not allowed on the bus.

Please do not hesitate to contact the school with any further queries about this day. Fingers crossed for great weather and lots of snow!!

Kind Regards

Rick Martin