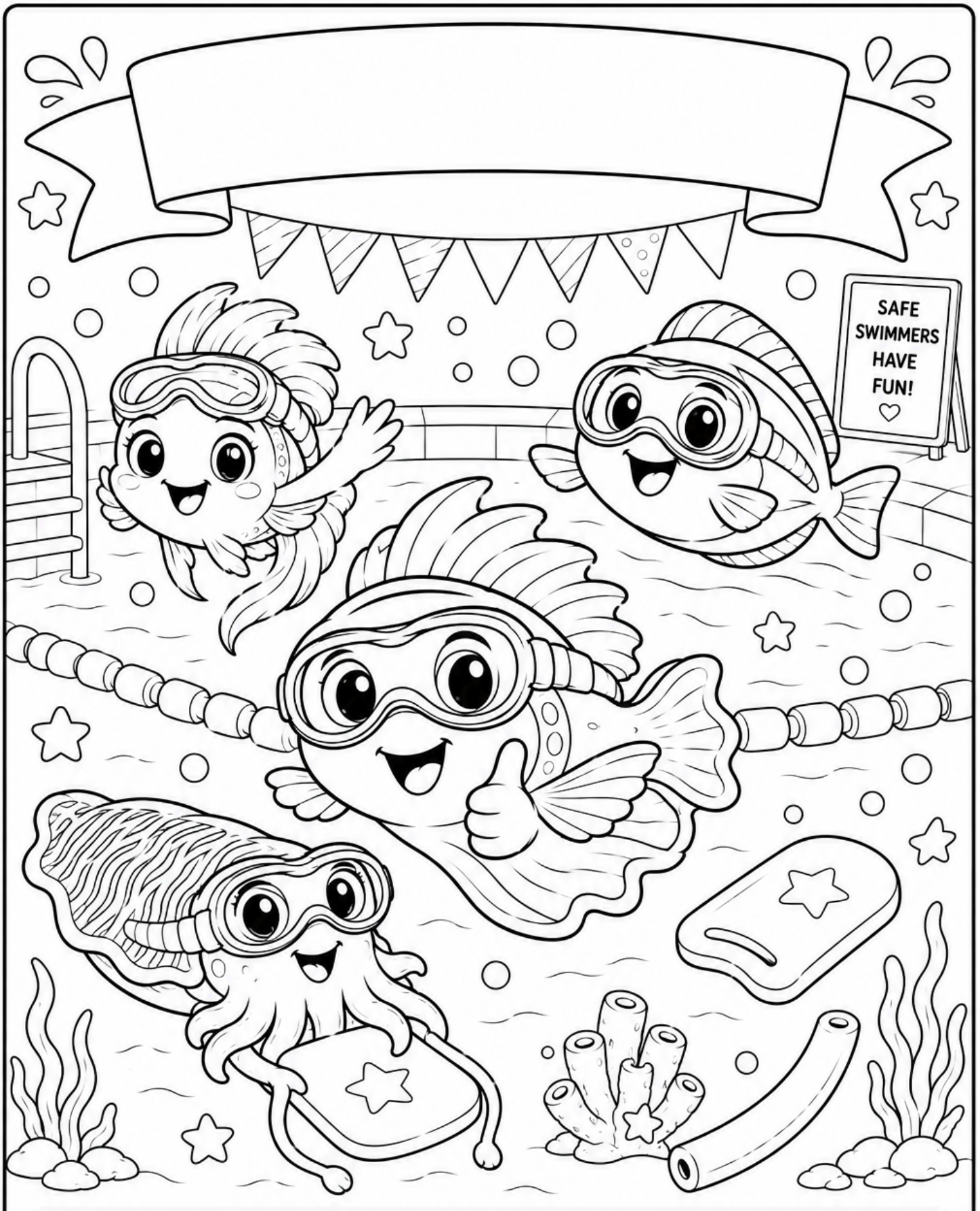


Name : _____

Age : _____

Contact details : _____

MEET OUR PRESCHOOL FRIENDS

Our friendly mascots guide children through every step of their swimming adventure, building confidence and essential water skills.



ARLO
the Angelfish

LEVEL 1

DISCOVERY OF WATER

SKILLS
- Transition from parents
- Listing and control
- Underwater with bubbles

ABOUT THIS LEVEL

This is where the swimming journey begins. Children learn to work independently with their instructor while building water confidence through fun activities including submersion, floating and water familiarisation.



BILLY
the Blue Tang

LEVEL 2

BUILDING CONFIDENCE

SKILLS
- Front glide without aid
- Back float with aid

ABOUT THIS LEVEL

Children begin developing independent floating, body positioning and flutter kick skills while continuing to build water confidence and independence.



CHLOE
the Cuttlefish

LEVEL 3

DEVELOPING NEW SKILLS

SKILLS
- Torpedo glide 5 metres
- Kick on back with aid
- 3 metre freestyle with aid

ABOUT THIS LEVEL

Children begin mastering independent kicking and gliding while developing stronger body control and preparing for independent swimming.



DUKE
the Dragonet

LEVEL 4

CELEBRATING ACHIEVEMENT

SKILLS
- Introduction to freestyle
- Pulled to safety
- Independent body coordination

ABOUT THIS LEVEL

This level introduces early stroke development and independent swimming skills. Children begin coordinating their arms and legs while learning important water safety skills and building the foundations of freestyle and backstroke.

ABOUT THE ALL SAINTS PRESCHOOL SWIMMING PROGRAM

Our Preschool Swimming Program has been carefully designed for children aged 3–5 years, providing a fun, supportive and confidence-building pathway into swimming.

Beginning with introductory skills such as submersion and floating, swimmers progress through four exciting mascot levels before moving into our Learn to Swim Program, where they continue developing independent freestyle, backstroke and lifelong water safety skills.

Classes are capped at just **4** students per class so we can ensure your swimmer has plenty of individual attention, guidance and support to reach their full potential.



READY TO START?

Scan the QR code to:

- Book an assessment
- View available class times
- Enrol online
- Learn more about our swimming program

Small classes. Big confidence. Lifelong skills.

We can't wait to welcome your child to our swim family! ♡