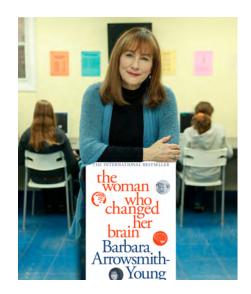


## Oakleigh Grammar School Hosts an Evening with **Barbara Arrowsmith-Young**

## Changing Brains, Exploring a New Reality

Neuroplasticity and Learning



A presentation by:

Barbara Arrowsmith-Young, Founder of the Arrowsmith Program Author of the International Bestseller The Woman Who Changed Her Brain

Barbara Arrowsmith-Young is recognized as a pioneer, as the creator of one of the first applications utilizing the principles of neuroplasticity to overcome learning disabilities.

'Barbara's story...is truly heroic, on par with the achievements of Helen Keller.' Norman Doidge, M.D.

'It will open your mind to new possibilities on how to deal with 'traffic jams' in the brain.' Alvaro

'Arrowsmith-Young explains some of the most complex neurological concepts in a personal and breathtakingly simple way.' Sarah Barmak, Globe

## Why Attend?



Find out about Barbara's journey of discovery, the lines of research she combined and the outcomes achieved over 40 years



Appreciate the range of cognitive 'glitches' leading to learning challenges and begin to see behaviour through a cognitive lens



Learn how learning difficulties do not need to be lifelong



Get insight into the principles of neuroplasticity and the factors leading to brain change



Hear about the latest research into neuroplasticity, learning and Arrowsmith's innovative educational approach



## **Event Details:**

Date: February 19, 2020

Time: 7:00 - 8:30pm

followed by book signing

Location: Oakleigh Grammar Conference Centre 77-81 Willesden Road Oakleigh, Victoria 3166 Australia



Register here for this event