

BreakThrough: Ice education for families aims to provide information and support for concerned families and friends of people who may be using methamphetamine.

It is an evidence-based program that is funded by the Department of Health and Human Services, Victoria.

It was developed by Turning Point, Self Help Addiction Resource Centre (SHARC) and The Bouverie Centre.

More information is available here: <https://www.breakthroughforfamilies.com>



BreakThrough: Ice education for families is a FREE community information that focuses on supporting families or friends concerned about someone who may be using methamphetamine (ice). It covers facts about ice and its effects on the brain and body. It focuses on strategies people can use to discuss drug use with loved ones, improve communication, understand relationship dynamics, develop boundaries, respond to challenging situations and access treatment and support for the whole family.

Glen Park Community Centre are hosting BreakThrough in Bayswater North (over two nights):

- 30 Glen Street, Bayswater North
- Thursday 24th & 31st October, 2019 (over two sessions)
- 6:00pm – 8:00pm

Attendance is FREE but bookings are essential.

To register, click here: <https://www.breakthroughforfamilies.com/attend> or call

Family Drug Helpline on 1300 660 068.

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