

PPCG COURSE & ACTIVITY GUIDE

TERM 2

April 22 - July 4, 2025



ART ATTACK - CREATIVE ART SKILLS

Thursdays, 10am - 12pm OR 1pm - 3pm

> Alma Road Community House, 200 Alma Rd, St Kilda East

Bring out your inner creativity! Create different forms of art by mastering different techniques in painting, mosaic and more. No prior art experience necessary.

DATES May 1 - June 19 (8 weeks)

COST \$40 per term



WILD AT HEART - MUSIC SKILLS

Wednesdays, 11am - 2pm

> Sol Green Community Centre (cnr Montague St and Coventry St), South Melbourne

Develop your musical ability in songwriting, recording and performance as an introduction to the music industry or a pathway to a professional career. Contact Wild at Heart on 0402 812 428 for further details and/or to register.

DATES April 30 - July 2 (10 weeks)

COST some costs apply

→ INTRO TO... LEARNING

FAMILY IN FOCUS

Workshops for Parents and Caregivers

Tuesdays, 1.30pm - 3pm

> Alma Road Community House, 200 Alma Rd, St Kilda East

FREE Develop skills and knowledge to support yours and your children's learning journey. Come and join us for a series of workshops and presentations to brush up on your basic first aid, how to eat well as a family, how to manage sleep and fatigue, and some great money wise tips for your family and more.

DATES May 6 - July 1 (9 weeks)

NEW



INTRO TO DIGITAL DEVICES

Wednesdays, 10am - 12pm

> St Kilda Library Community Room, Carlisle St, St Kilda
OR

Wednesdays, 1pm - 3pm

> Alma Road Community House, 200 Alma Rd, St Kilda East

FREE Learn to use your smartphone, laptop, and/or tablet for everyday on-line needs including: connecting with family and friends, reading the news, listening to music and podcasts, making appointments, shopping, banking and public transport planning.

DATES April 23 - July 2 (11 sessions)



INTRO TO HOSPITALITY SKILLS

NEST/Healthy Cooking on a Budget

Tuesdays, 9.15am - 12pm

> Alma Road Community House, 200 Alma Rd, St Kilda East

FREE Under the expert guidance of the OzHarvest Nutrition, Education & Skills Training (NEST) team, learn about nutrition, how to cook easy and healthy recipes, store food safely, plan meals and reduce waste, and save money on your food budget. Following this program, there will be an opportunity to gain a Certificate in Safe Food Handling.

DATES May 6 - June 17 (7 sessions)



PLANT, HARVEST, EAT

Wednesdays, 9.30am - 12pm

> Alma Road Community House, 200 Alma Rd, St Kilda East

FREE Would you like to grow your own herbs and vegetables? Join us for a hands-on course where you'll learn to grow fresh produce in raised garden beds and pots. Gain practical experience with gardening tools and techniques, and discover how to apply these skills in your own backyard or balcony. This course also introduces pathways to further study in horticulture.

DATES April 30 - July 2 (10 weeks)

NEW

CHATTY CAFE FRIDAYS

Fridays, 10am - 12pm (May 2 - July 18)

> Alma Road Community House, 200 Alma Rd, St Kilda East

FREE Our friendly volunteers will be welcoming people from the neighbourhood and providing information about local services and activities. Come and get to know what's on at your Neighbourhood House.



ARCH NEIGHBOURHOOD CONNECT TALKS

1st Friday of the month, 11am - 12pm

> Alma Road Community House, 200 Alma Rd, St Kilda East

FREE Join us for a series of talks on topics of interest to the local community.

May 2: Age Pension Information presented by Services Australia Centrelink

June 6: Healthy Feet presented by Bolton Clark

July 5: Understanding Aged Care presented by Services Australia Centrelink

TE ARAI COMMUNAL GARDENING GROUP

Sunday, May 18 / Sunday, June 22 / Saturday, July 19

> Te Arai Street, St Kilda East (behind the ARCH neighbourhood house)

If you're interested in gardening in your local community, come join the Te Arai Communal Gardening Group! The group aims to bring community together and beautify the neighbourhood through sustainable garden practices. To find out more information or to register, send us an email: tearaicommunalgardens@gmail.com

WALKING - MELBOURNE & SURROUNDS

Saturdays, 9.15am - 3.30pm (May 24 / June 21 / July 19)

Enjoy nature and connect with other community members on our much loved bushwalks. Enrolments open on the first Wednesday after each walk for the next walk. Walks are easy to moderate grade and participants must be able to walk 5km on a variety of surfaces. Lunch is provided.

COST \$6 per walk .

Available to Port Phillip residents only



PIER FISHING

1st Wednesday of the month, 10.30am - 12pm

> Kerferd Road Pier, Albert Park

What could be better than casting a line and relaxing by the bay with new friends? Whether you're new to fishing or an experienced angler, the wonderful crew at Elwood Anglers Club will make you feel welcome. This is an all-abilities activity. Come alone and enjoy the fun! Equipment and bait is provided.

DATES May 7 / June 4 / July 2

COST FREE

Available to Port Phillip residents only



GYM CLASSES

Tuesdays, 2.30pm - 3.30pm

> St Kilda PCYC (Inkerman Road, St Kilda)

Kickstart your health and well-being AND meet new people along the way. Classes are held in a welcoming and non-judgmental space. Open to residents of all ages and abilities.

START DATE April 29 - July 1 (10 weeks)

COST \$40 per term or \$5 per class if paid weekly)

Available to Port Phillip residents only

Bookings are essential for ALL courses.

Learn Local courses are pre-accredited and aim to provide opportunities for people to participate in learning for a range of purposes including work, education, volunteering and community engagement.

Call us on 9525 8745 for more information and to check your eligibility for a funded place.

COMMUNITY PANTRY

The Street Pantry is a community initiative designed to help address food insecurity. We encourage community members to **'give what you can, take what you need'**.

Please ensure that food or hygiene products are unopened, within date and non-perishable.



ST KILDA CHESS CLUB

Mondays, Tuesdays & Thursdays (during school term)

Enjoy a good game of chess! All ages and levels of experience are welcome.

www.stkildachess.org.au



CO-DEPENDENTS ANONYMOUS

A 12-Step support group for people who struggle with co-dependency.

For more information and meeting lists, please visit www.codependentsanonymous.org.au or email codastkilda@gmail.com



BOOK NOW

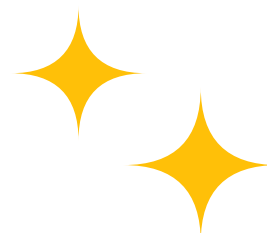
call 9525 8746

email arch@ppcg.org.au

website www.ppcg.org.au

FOR MORE INFO:

www.ppcg.org.au/courses-activities



**BOOK ROOM
HIRE HERE:**



HIRE A SPACE AT ARCH!

200 Alma Road, St Kilda East

We offer two versatile spaces perfect for your next event. Both spaces include access to a shared full-sized kitchen within the internal area.

THE PARK ROOM

A spacious area that opens out to a public children's playground and BBQ area, ideal for your kid's next birthday party or event.

THE GARDEN ROOM

An intimate space suitable for work meetings or appointments. Community groups who operate in the City of Port Phillip can inquire about possible discounted hire rates.