



St Pius X College Canteen Menu



SANDWICHES/ROLLS/WRAPS

White, Wholemeal, Multigrain or Gluten free available

Buttered or plain sandwich	1.00	✓
Buttered or plain roll	1.50	✓

Rolls 50c extra

Cheese	2.00	✓
Cheese & Tomato	3.00	✓
Chicken/Leg Ham/Salmon/Tuna	3.00	✓
Chicken & Salad	3.50	✓
Chicken, Lettuce & Mayonnaise	3.50	✓
Leg Ham & Salad	3.50	✓
Salmon/Tuna Salad	3.50	✓
Salad	3.50	✓
Egg	2.00	✓
Peanut Butter or Vegemite	1.50	✓

EXTRAS:

Lettuce, tomato, cheese	0.50	✓
Egg, Ham, Chicken	0.60	✓
Sweet Chilli Chicken Wrap	4.00	✓

SNACKS

Chocolate Mousse	3.50	✓
Yoghurt	3.00	
Rice Pudding	3.00	
Banana Bread, Lamingtons, Finger Buns	2.50	
Eucalyptus Drops	1.50	
CHIPS:		
Vege Chips	2.00	
Soya Crisps	3.00	
Pretzels/JJ's/Red Rock	1.50	
Grainwaves/Smiths	1.50	
Koala Popcorn	1.50	

SALADS/FRUIT SALADS

Salad Plate	6.00	✓
Salad Plate with meat + 50c for each extra	6.50	✓
Fresh Salad Box + Protein	4.00	✓
Salad	3.00	✓
Fruit Salad Small	2.50	✓
Fruit Salad Large	3.00	✓

HOT FOOD

Cheese & Bacon Roll	3.00	
Sausage Roll	3.00	
Pies - Meat, Potato or Pizza	4.50	
Pasta - Lasagna, Twista Bolognese or Macaroni Cheese	4.50	✓
Fried Rice (<i>Gluten Free</i>)	4.50	✓
Sauce	0.30	

WEEKLY SPECIALS

Monday

Hot Dogs	2.50	
Hamburgers	4.50	

Tuesday

Pasta	4.50	
-------	------	--

Wednesday

Buttered Chicken & Rice	4.50	✓
-------------------------	------	---

Thursday

Pork Ribs and Pizza	4.50	
---------------------	------	--

Friday

Chicken Burgers and Pizza	4.50	
---------------------------	------	--

Everyday

Sushi	3.50	✓
-------	------	---

DRINKS

Plain Milk 300ml	1.50	✓
Plain Milk 600ml	2.00	✓
Oak Milk 300ml	2.50	
Oak Milk 600ml	3.50	
Up & Go 250ml	2.50	
Sparkling Water 500ml	2.00	
SPRING WATER:		✓
600ml	2.00	✓
750ml sport top	2.50	✓
1.5 Litres	3.00	✓
Glee Sparkling Fruit Juice 250ml	2.00	✓
Nippys 100% Juice 350ml	2.50	✓
Ice Creams (various prices)		

Online ordering at flexischools.com.au
Orders to be placed by 9.30am on the day.

GLUTEN FREE AND VEGETARIAN

Meat Pie (GF)	4.50	
Pasta (GF)	4.50	✓
Vegetarian Lasagna (GF, V)	4.50	✓
Mac and Cheese (GF)	4.50	✓
Spinach and Fetta Roll (V)	3.00	
Vegetable Mornay Pie (V)	4.50	
Fried Rice (GF)	4.50	✓
<i>Good food choices shown with a tick ✓</i>		

Eat well. Feel well. Do well.

