

Marist College Ashgrove Athletics Report 5/10/2026

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Sports Photos

Outstanding Performances Ahead of the AIC Championships

Congratulations to all **Marist College Ashgrove athletes** who represented the College with distinction across the weekend. The team produced an impressive series of performances, highlighted by medal-winning efforts, school records, personal bests and a remarkable depth of finalists across multiple disciplines.



Medal Highlights

Dilpreet Sharma (15 Years) was one of the stars of the meet, collecting **silver medals in both the Discus and Hammer Throw**. His outstanding **60.54m Discus throw** established a new **Marist College Ashgrove school record**, a remarkable achievement and one of the performances of the weekend. Dilpreet also followed up with an excellent **51.26m Hammer Throw** to secure another podium finish.

Hayden Lockhart (16 Years) continued his exceptional season by claiming **silver medals in both the 100m and Long Jump**. Hayden sprinted to **10.94 in the 100m final** after qualifying fastest from the heats and then produced an outstanding **6.95m Long Jump**, setting a new **Marist College Ashgrove 16 Years Long Jump school record**.

Darcy Webb (16 Years) delivered a superb championship campaign, winning **Gold in the Pole Vault** with a clearance of **3.76m** and backing it up with **Silver in the Javelin** with a throw of **49.35m**, demonstrating outstanding versatility across two very different events.

Connor Campbell (17 Years) produced a dominant performance in the **400m Hurdles**, taking **Gold** with a strong run of **59.48 seconds** to cap an excellent season.

Hugo Lockhart (13 Years) continued his impressive rise in the field events, clearing **1.60m** to claim **Silver in the High Jump**, a terrific achievement at championship level competition.

Outstanding Finalists

Darcy Frazier (15 Years) showed tremendous courage and determination in the **400m final**, claiming **Bronze** in **52.53 seconds** after progressing confidently through the heats. His willingness to take on the challenge and compete aggressively was a highlight of the weekend.

Ethan Bird (17 Years) produced an excellent middle-distance double, earning **Bronze in the 800m** with a fast **1:57.72** and following that performance with a strong **6th place** finish in the **1500m**.

Ben Flanagan (16 Years) deserves special recognition for a demanding middle-distance double, finishing **4th in the 800m** and **5th in the 1500m**, demonstrating both toughness and consistency against strong competition.

Medallists: At this point it appears all medallists - Hayden Lockhart, Darcy Webb, Dilpreet Sharma, Ethan Bird, Hugo Lockhart, Connor Campbell and Darcy Frazier have automatically qualified for National Junior Championships in April 2027 and most should also have qualified for the National All Schools Titles in Dec 2026 in Perth based on the top 2 being selected with others being chosen as part of a roll down process.

Multi-Event Contributors

Congratulations also to **Nathan Wright** and **Max King**, who competed across multiple events throughout the weekend and consistently scored valuable points for the team.

Nathan Wright (14 Years)

- 13th - 100m
- 5th - Javelin
- 7th - Shot Put
- 7th - Long Jump

Max King (14 Years)

- 6th - 100m Hurdles
- 5th - Long Jump
- 6th - Triple Jump

Their willingness to compete across several disciplines epitomises the team-first spirit that strengthens the Marist athletics program.

Strong Team Depth

The championship results highlighted the tremendous depth developing within the Marist squad. Numerous athletes achieved **Top 8 placings and finals appearances**, including:

- Lachlan Thomas
- Fredrick Little
- Finn Beaver
- William Minahan
- Ronan Sadimenko

- Daniel Sadimenko
- Thomas Shaxson
- Eli Miles
- Hugo Russo

This depth across sprinting, middle-distance, jumps, throws and hurdles places Marist in an excellent position heading into the **AIC Championships next week**.

Thank You

A sincere thank you to the coaches, staff, parents and supporters who assisted throughout the weekend. Special thanks to:

- **Mr Tim Castley**
- **Mr Eric Brown**
- **Mr Thomas Prole**
- **Mr Des Davis**
- **Mr Rob Martin**

Your support, guidance and encouragement play a vital role in helping our athletes perform at their best.

Looking Ahead

With **multiple medal winners, two new school records**, outstanding championship performances and exceptional team depth, Marist College Ashgrove heads into the upcoming **AIC Championships** with confidence and momentum. Congratulations to all athletes on a fantastic weekend of competition and best wishes for the championship ahead. 🐾💙💛🏃🏆