



Asian salad dressing

Difficulty: Easy From the garden: Mint, garlic,

Type: Dressing coriander, Chilli Allergy advice: Fructose Season: Winter

Serves: 32

Equipment

Cooks knives

Garlic crusher

Wire whisk

Cuisine: Chinese

Measuring spoons

Small mixing bowl

Chopping boards and mats

Ingredients

2 cloves garlic, crushed

1-2 cms ginger peeled and grated

3 sprigs fresh coriander, washed and

finely chopped

2 sprigs mint, stems removed and

finely chopped

1 long red chilli, seeds removed and

finely chopped (use gloves)

2 Tbsp. light soy sauce

2 Tbsp. olive oil

2 Tbsp. rice wine vinegar

2 Tbsp. freshly squeezed lemon juice

1 tsp brown sugar

What to do:

- 1. Wash and prepare all of the ingredients as per the instructions in the ingredients list.
- 2. Place the dressing into a small mixing bowl, and use a whisk to mix all of the ingredients together.
- 3. Dress your salad and serve.