



HEAD OF YEAR 10 *Newsletter*

Mikaela McGreevy

Dear Parents and Carers,

Welcome to Term 4!

CONNECT PROGRAM – TERM 4

Thinking Big in Term 4

As Term 4 begins, our Year 10 students are being challenged to *Think Big*—to stretch their imaginations, set ambitious goals, and explore the possibilities that lie beyond the classroom. This term is all about cultivating a mindset of growth and vision. Whether it's through leadership opportunities, creative projects, or future-focused discussions, Year 10s are encouraged to reflect on who they want to become and how they can make a meaningful impact. By fostering curiosity, confidence, and courage, they are taking the first steps toward shaping their own futures.



PROJECT ROCKIT

This week, students are participating in the inspiring Project Rockit – Rewrite presentation, a powerful initiative aimed at challenging bullying, building empathy, and empowering young people to lead change in their communities. Through engaging storytelling, interactive discussions, and real-life scenarios, the session encouraged students to reflect on their values, rethink online and offline behaviours, and take positive action. The presentation sparks meaningful conversations around respect, inclusion, and leadership, leaving students with practical tools to stand up for themselves and others. Project Rockit continues to be a vital platform for youth empowerment, and we're proud to support its mission to create a world where kindness and acceptance thrive.

EXAM BLOCK

As Year 10 students gear up for the Term 4 exam block, we're encouraging them to Think Big - to see exams not just as a test of knowledge, but as an opportunity to build habits that will serve them well into senior years and beyond. Effective preparation is key, and we're supporting students to plan, stay focused, and aim high.



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Helpful strategies to review now include:

- Creating a study schedule that breaks revision into manageable chunks
- Using active recall and practice questions to strengthen memory
- Taking regular breaks to maintain focus and avoid burnout
- Staying organised with notes, summaries, and checklists
- Asking for help when concepts are unclear - collaboration builds confidence!

By combining these strategies with a growth mindset, students are learning that success comes from effort, reflection, and the courage to aim higher than they thought possible.

CAMP/WORK EXPERIENCE

We are off to Emu Gully in Week 2 for our Year 10 Camp from Monday to Thursday. Good luck to all our students completing work experience as well. We look forward to sharing our highlights in our mid-term newsletter.

Emu Gully camp focuses on developing leadership, teamwork and resilience through a series of challenges and engaging activities. This camp provides the opportunity for personal growth, reflection and connection.

PAT CRONIN FOUNDATION – BE WISE

On 16th September, Week 10 Term 3 we welcomed the Pat Cronin Foundation to speak to our cohort regarding *Violence is not OK*.

Violence is not OK is a foundation for building safe, respectful communities—and it's also a call to action. For students, hearing this message consistently helps them recognise harmful behaviours and understand their role in standing up against them. In different environments, this can look different: some students may feel confident speaking out, while others may need support to know how and when to act safely. By reinforcing this message, we're helping students become **upstanders**—people who choose to speak up, support others, and seek help when they witness violence or bullying. It's about building courage, empathy, and responsibility, so that every student knows they can make a difference, even in small ways.

Kind Regards,
Mikaela McGreevy