

# Your Outside School Hours Care

*At every Camp Australia service, we provide an engaging and supportive space for children to play, connect, learn and grow.*



# What is OSHC?

OSHC stands for Outside School Hours Care. An OSHC service provides education and care for primary school-age children (generally aged 5 to 12 years) outside school hours and during school holidays. Depending on your school, it can cover Before School Care, After School Care and Vacation Care.

# Why would OSHC suit your family?

At Camp Australia, our vision is 'To support families in achieving their dreams' and to do that we take a unique approach to OSHC based on over 30 years of experience.



## Tailored programs for all

Our experienced educators involve your child in designing the experience they can expect in our service. From your enrolment guidance of their likes to the games and activities where we observe areas for them to grow; each program has your child at the heart of what we do each day.



## A place for friendships to form

As life moves faster and play dates are harder to arrange, our OSHC service is a great place for your child to meet new friends and bond over shared interests.

We design programs that bring children together so they can connect and grow outside school hours.



## Child Care Subsidy available

Eligible families can reduce the cost of care with a Government subsidy. This amount depends on your family circumstances. For more information simply log into [my.gov.au](http://my.gov.au) and complete your Child Care Subsidy Assessment.



## More time for you

Our service is available to all families no matter the need. We offer peace of mind so you can manage work, health, study or other types of responsibilities stress-free knowing that your child is engaged and happy in their experience with us.



## Our industry leading approach: Your OSHC

Your OSHC service is also an integrated part of your school community. We tailor our program to your school's vision and values and also to your children's interests and needs. Our team of qualified educators works closely with you and your school's teachers to deliver a seamless transition to and from the classroom environment.

Whether your child has social, cultural, language-based, religious or individual needs, we work with the whole community to see how we can best support their unique needs.



# Tailored programs for all: How we do it

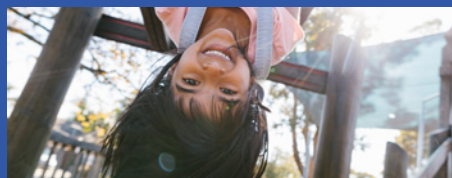
As the most experienced OSHC provider, we have become experts in delivering extra-curricular learning outcomes for children. Enrichment, sport and activities are part of our unique programming approach which is customised for your children.

All experiences are carefully designed to deliver on specific learning outcomes, that align with the My Time, Our Place Framework for School Age Care in Australia. This approach means that programs are tailored to the individual needs and interests of each child who attend. No two days in OSHC are the same.

One day, the children could be creating their own magnifying glass and binoculars as part of a science enquiry, or aligned to National Recycling Week they could be making their own compost bins from recyclable materials, learning all about sustainability and how they can protect the planet.

The next day, children could be cooking dishes from around the world learning about nutrition and culture, or setting up a story group to share interesting things about themselves while gaining insights into their own identity.

To us, OSHC is a deliberate environment to help children grow.





# Meals that nourish

We know good food is a necessity for growing minds and bodies, so our programs always include nourishment.

Our healthy eating philosophy operates at every service, every day. We focus on fresh produce and use at least 75% of the weekly food budget for seasonal fresh fruits and vegetables.

Outside of that your child's needs and interests determine our ingredients, whether they're dietary, cultural or religious needs. We just ask that you let us know when you register.

Our **Before School Care** programs offer a selection of:

- Porridge and muffins (Depending on service facilities)
- Healthy cereal, oats and milk
- Seasonal fresh fruits
- Wholemeal toast with a variety of toppings such as baked beans, spaghetti, honey or vegemite

At **After School Care**, our meal plans change all the time. But to give you a taste:

- Seasonal fruit and vegetable platters (75% of budget)
- Homemade hummus and rice crackers
- Salad sandwiches on wholemeal bread
- Popcorn
- Homemade banana bread

All weekly menus meet the Australian Dietary Guidelines. We've even developed our own cookbook so we can cater for the range



of different cooking facilities available at different services. Our cookbook contains around 80 delicious and easy to prepare savoury, sweet and no-bake recipes from around the world for our staff to deliver a variety of menu where the school facilities allow.



## National Recycling Week Program



### EXPERIENCES

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Planned activity 1</b>	Place different items in the soil to see what breaks down the fastest	The Recycling Games are on! All activities will be made using recycled materials	Make our own compost bins (from recycled materials) to take home	Create our own Eco-Warrior posters and display around the school!	Make our own beeswax wraps for our lunches
<b>Planned activity 2</b>	Write a letter to our favourite brands to ask them to reduce their packaging	Make our own musical instruments from recycled materials	What does our council do for recycling? Make a display of all the things that can go in the recycle bin	Evaluate our craft materials - which items should we change/not order any more?	Draw the lifecycle of a piece of plastic that ends up in the ocean
<b>Planned activity 3</b>	Pull apart the items we've collected over the last few weeks and <ul style="list-style-type: none"> <li>• Record what's inside</li> <li>• See if we can reassemble it</li> <li>• Practice using tools</li> </ul>				Visit from Council E-Waste manager
<b>Yarning Circle</b>	Reduce, Reuse, Recycle, Repurpose - what's the difference?				
<b>Weekly Specials</b>	Back where I'm from: India - what words do they use when talking about recycling?	Music & Movement: Play our recycled instruments	Back where I'm from: China - what words do they use when talking about recycling?	Master Chef - left over day! What can we do with left over food to reduce food waste	Music & Movement Bobs and Stafues
<b>Extension</b>	Lego City challenge: Dinosaurs on display				

### ZONES

<b>Chillout Zone</b> Use the cushions to relax and talk with friends	<b>Mindfulness</b> We've added some new designs to our meditation patterns	<b>Homework Club</b> Grade 4's are practicing spelling this week, we have some dictionaries ready to use	<b>Crafty Collection</b> All recycled materials to get crafting our dioramas on landfill
<b>Games Central</b> Uno Chess Monopoly Scattergories	<b>Nature's Way</b> Tan bark, sand, pebbles, leaves and bark to be added to the dinosaur display	<b>Sports Box</b> Cricket Tennis Junior Playground	<b>Construction City</b> Lego Marble Run Straw Towers

Every OSHC session also offers children the choice between different zones should they not want to participate in the proposed planned experiences: Sports, Construction, Art and Craft, Homework, Mindfulness, Games are some of the options available.

Plus, each term we also have at least one themed and supported week like National Science Week, National Reconciliation Week or National Recycling Week.

And even though there is a theme for that week, our team of educators engage with each child during the planning stage to ensure the program still meets everyone's interests.

◀ Here is an example of what National Recycling Week in OSHC can look like.

While each day is different and offers a varied range of fun and engaging activities, we believe that there are three ingredients for a great program:

1. Creating a welcoming space for the children. We make sure that our OSHC rooms are tidy and organised with an atmosphere that encourages children to learn and have fun.
2. Conducting an engaging program where every child can learn new things and foster new friendships.
3. Having a great team of qualified educators who are part of the school community.

To find out more, speak to the Coordinator at your service who will be happy to take you through the detailed program for the service and answer any questions you may have. You can also visit [www.campastralia.com.au](http://www.campastralia.com.au) and search for your school's service page for more information about the fees and times at your service.



# HOLIDAY CLUB by Camp Australia



For children, the holidays are about fun, adventure and exploration; and that's what they'll get at Holiday Club. All our activities have been carefully designed to leave them feeling energised and stimulated while still providing learning opportunities for them to grow.

Our seasonal holiday program is about children feeling they are not at school. A week at Holiday Club could see your child taking part in dance parties to break down barriers and build their confidence, get creative with cooking activities that they could show you at home, go on a trip to the Zoo or many other excursion venues that we discover for each season. See an example of a day at your program and how we jam in as much activity as we can, so that they go home happy.

One of the benefits of being a Camp Australia customer is that you can access any of our Holiday Club locations Australia-wide.



Your child does not need to attend a particular school to attend any of our Holiday Club sessions. Maybe they have friends going to a different Holiday Club, perhaps they just like the program better, or you could require a service that is closer to your work. Our locations give you the ultimate choice.

*To find out more, speak to your OSHC Coordinator or visit [www.campaustralia.com.au/holidayclubs](http://www.campaustralia.com.au/holidayclubs) and search for your local Holiday Club programs.*



## A day at your Holiday Club

### 6:30am Breakfast

**Flexible Play options:**  
Comic Books • Bead Jewellery

### 8:45am Group Discussion

**Sun Safety & Playing Fair**

### 9:00am Activity

**Create your own game**  
We'll discuss all different sports and then everyone can create their own game.



### 10:15am Morning Tea

### 10:30am Activity

**Group time**  
Set up tents for picnic.  
**Outdoor games**  
Frisbees, Mit & Ball Catch, 44 Homes

### 12:00pm Lunch

**in the picnic tents**



### 12:30pm

Making refreshing lemonade to share

### 1:30pm Flexible Play

Board games • Playground • Art Corner • Dress up Corner

### 3:00pm Group Game

Water-balloon Baseball

### 4:00pm Afternoon Tea

### 4:30pm until close

**Key Activity**  
Mindfulness Meditations & Storytelling.  
**Flexible Play options**  
Group Games • Dance Party • Home Corner • Quiet Corner