

PE Curriculum Overview - Term 2

This Term

Year 3-6's began the term preparing for the House Country on Friday May 2nd, working on their fitness. They worked in small groups with stopwatches choosing their own running intervals to time over varied distances.

We were successful in receiving a Sporting Schools grant which will include a 4 week program (weeks 7-10) conducted by a coach from Netball Victoria.

Students will further develop their skills in AFL, with the Year 5/6 's learning the AFL 9's game format. Students will participate in some soccer drills and mini games.

Prep's - 2's have been developing their skills in AFL, learning through game play and circuit work. Students will participate in a gymnastics unit involving balance, coordination, flexibility, and strength work. The term will conclude with some soccer skill development, involving drills and modified games.

