

## Next Athletics is fun & flexible.

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The Official Junior Program of Athletics Australia for **children aged 3–12 years**, Next Athletics, provides game-based learning in a dynamic group athletics program. It's where children build important athletics and life skills while building even stronger friendships. All play, all action, all great fun. **Find your Next.** 



## Why get involved?

- Local venues including indoor options
- FREE participant T-shirt
- 45-60 minute weekly sessions
  - Build vital skills, including run, jump and throw
  - Action packed games-based activities





nextathletics.com.au