



# Achieving School Success

## FREE INFORMATION SESSION

St Johns Park Public School in partnership with Families Together invites mothers, fathers, carers and grandparents with children up to the age of 6 to this information session presented by

**Petra Will Herat**

Social Psychologist and Parent Educator

Effective communication with your children is a key factor in helping them achieve success at school. This session aims to teach parents practical skills in:

- Communicating with their children
- Strengthening relationships and developing self-esteem
- Encouraging their child's resilience, confidence and promoting a positive attitude
- Reducing their child's stress levels

**Wednesday 13 March 2019**

**9.30am - 11.30am**

**St Johns Park Public School Hall, Sandringham Street, St Johns Park**

Families Together is for mothers, fathers, grandparents and carers living in the Fairfield, Liverpool and the former Bankstown local government areas.

**Please fill in the slip below and return to Vi Nguyen at St Johns Park Public School or alternatively you can call Families Together on 0407 708 626 to book your place or register through [www.fairfieldcity.nsw.gov.au/achievingchoolsuccess](http://www.fairfieldcity.nsw.gov.au/achievingchoolsuccess)**



I will be attending the Achieving School Success information session at St Johns Park Public School on Wednesday 13 March 2019 from 9.30 to 11.30am.

Parent/Caregiver's name: \_\_\_\_\_

Contact number: \_\_\_\_\_



Families Together is a program of Fairfield City Council funded by the NSW Department of Education