

Year 10 Subject Expo



The following tasks will provide information and tools to equip you to make appropriate Course Selections for 2025. All tasks must be completed.

Section 1: Morrisby Reflection	
Section 2: Setting and Reaching My Goals	
Section 3: Understanding My Strengths and Interests	
Section 4: Understanding the Senior School Handbook	
Section 5: Understanding VCE and VCE VM	
Section 6: Choosing the Right English Study	
Section 7: Brainstorming- Choosing My Subjects	

Senior School Course Preparation 2024

Name: _____ Home Group: _____

When I finish school, I want to:

- Start an Apprenticeship or Traineeship Work full time Study a course at University or TAFE
- Travel Other _____

Section 1: Morrisby Reflection

Morrisby Report Review:

In Year 9 you completed a Morrisby Career Profile. Log into and review the results in your Morrisby Profile - <https://www.morrisby.com/>

Write down **5 key points** from your Morrisby Profile which are important as you are about to consider your Subject and Career choices:

1.	
2.	
3.	
4.	
5.	

Section 2- Setting and Reaching My Goals



Use the [VTAC Year 10 Guide](#) to work through the following sections.

YEAR 10 WORKSHEET

SETTING AND REACHING MY GOALS

Goal setting is a way to work out what you want to achieve in the future. Then you can figure out what you need to do to reach each goal.

THINKING ABOUT THE FUTURE




When selecting studies for Year 11 and 12, it's important to think about what you might like to do in the future. Of course, no one expects you to have it all worked out. You will change, and new opportunities will appear. However, if you can set yourself some future goals you can start figuring out how to achieve them.

Types of goals

Goals are things you would like to achieve. They can be long-term goals for well into the future, short-term goals to achieve in the next year or two or mid-term goals in the middle. Often long-term goals have mid-term and short-term goals that lead to them. You can set goals for all kinds of things, including career goals, goals for personal interests, experiences, and the way you want to live your life. Often career and personal goals depend upon each other.

Dahra, Lou and Aki

Dahra, Lou and Aki each have long-term goals that are career related, personal and about how they would like to live. The diagram below shows the medium-term and short-term goals they have set to achieve their long-term goals. Note how their short-term goals are about their senior secondary programs.

	Short-term goals	Medium-term goals	Long-term goals
 Dahra	Complete VCE with maths and science prerequisites Study VCE Literature: books!	» Complete a Bachelor of Engineering. » Get paid engineering internships » Get good uni grades » Keep reading	» Work as an engineer solving problems » Have a stable job » Start a postgraduate degree » Have read 1000 books
 Lou	Complete VCE With VCE VET studies in Business (Cert III)	» Complete a business or game design degree or a double degree in both or a Diploma of Business then a game design degree. » Work out which tertiary study program is right for me » Work part-time and save	» Run my own gaming studio » Own a Harley » Work flexible hours » Move out of home
 Aki	Complete VCAL (Senior) with Community Service and Health industry pathway	» Complete Diploma of Early Childhood Education & Care » Work part-time in after school program » Look into overseas volunteer programs » Start playing gigs with my band	» Work with children » Work overseas » Live sustainably with like-minded people » Have released at least one album

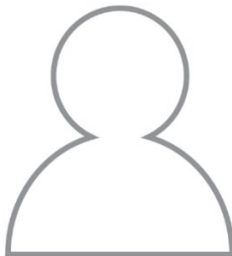
Setting your own goals

Imagine your future

Imagine your life at 26 and think about what kind of life you would like to be living, including where and how you would like to live, the experiences you would like to have and the kind of job you would like. Don't worry if you can't think of a specific career, but if you can describe an area of interest, or a few ideas, that's a good start. The things you were imagining could be your **long-term goals**.

Ask yourself, which ones are realistic? Discuss this question with a classmate or ally.

Plot your journey



me

1. Long-term goals

Pick some personal and career long-term goals and add them here.....

2. Medium-term goals

What are some medium-term goals that could lead to the long-term goals.? Discuss with a classmate or ally and add them here.....

3. Short-term goals

What about the short-term goals you need to achieve before you can obtain your medium-term goals? Discuss and add them here.....

When you've completed your journey diagram above, think about and then discuss the following questions with your classmate and/ or allies.

- Are these goals achievable?
- Are there other short- or medium-term goals you need to set?
- Will you need to prioritise some goals over others?
- Do any of the goals depend upon each other?
- What are some other ways you can reach your goals?

Key points

- Goals are things you want to achieve in the future
- Goals can be short-, medium-, or long-term
- Short-term goals can lead to medium-term goals
- Medium-term goals can lead to long-term goals
- Setting goals can help you work out what to do next

Section 3 - Understanding My Strengths and Interests



Use the [VTAC Year 10 Guide](#) to work through the following sections.

YEAR 10 WORKSHEET

MY STRENGTHS AND INTERESTS

Making decisions about what to study in Year 11 and 12 — and beyond — involves reflecting on what you have already experienced. It also involves considering what you might like to experience in the future. Here are some activities to help you think about your interests and strengths.

WHAT STUDIES HAVE YOU TRIED?

Think about what you are currently studying. Reflect upon what you have found positive and/or negative about each study, things like: you are interested in the topic, enjoyed doing project work, don't like group work, or are really good at something in particular.

Record your thoughts in the table below.

Study	Positives/negatives and why?



This is you! Add your features and complete the sentences

Next, think about other studies you've tried in the past. Now add these to the table. Are there any themes that stand out? How are studies you like similar or different?

Write down the themes that stand out

WHAT WOULD YOU LIKE TO TRY?

By the time you are in Year 10 you will have tried out many study areas, but there could still be others you haven't had the chance to try. Write any of these down and reflect upon why they interest you.

Study	Why does it interest you?

YOUR INTERESTS AND STRENGTHS

How much do you enjoy	Love it	Like it	It's okay	Not really	Hate it
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- Doing things outside
- Helping others
- Working with technology
- Organising things
- Caring for people
- Talking to other people
- Finding out how things work
- Being creative
- Building things
- Working in a team
- Working on your own

Can you think of other activities that you enjoy? Write them down and reflect on how you feel about them

ALLIES

Allies are people who can help you with your course and career exploration and planning. They could be teachers, family, friends, sports coaches, or community leaders. Essentially an ally is someone whose opinion you value, knows you well and who is happy to support you in figuring out and pursuing your course and career goals.

Make a list of your key allies

Interview your allies

Make a list of questions to ask them about:

- their course and career pathways
- your strengths and qualities
- any opportunities they know of or advice they can give you in pursuing your course and career goals

Questions for your allies

REFLECT AND PLAN

Summarise what you have learnt about yourself through the above activities.

What I know about myself

Find opportunities

Look for opportunities to explore your strengths and interests. This could be talking to people, visiting workplaces, volunteering, or formal work experience. List three potential opportunities. For example, 'find work experience in an engineering office, 'talk to Uncle David about what physicists do', 'coach Under 7s soccer to experience working with little kids'.

1	
2	
3	

Key points

You work out your strengths and interests by reflecting on your experiences over time:

- think about the past and new things you might like to experience
- discuss your interests and strengths with your allies
- look for opportunities to explore your strengths and interests

Section 4 - Understanding the Senior School Handbook

What is written in here may be used during Course Counselling.

Use the **DSC Senior School Handbook** to answer the following questions.

The Handbook is located in the Learning Task.

1. What is the attendance requirement in VCE and why do you think this might be the case? (pg. 8)
2. What do you do when you are sick and cannot come to school? (pg. 9)
3. Read pg. 18 and list possible strengths and interests you might have.
4. On pg. 21, when is it appropriate for a student to do Mathematical Methods?
5. According to pg. 23, what does promotion into Year 12 depend on?
6. According to pg. 40 and 42, summarise the requirement in student behaviour to be able to undertake a VET subject or an SBAT (School Based Apprenticeship or Traineeship).

Section 5 - Understanding VCE and VCE VM

Use the information from the Senior School Handbook to work through the following questions.

What are the main differences between VCE and VCE-Vocational Major (VCM-VM)?

VCE	VCE-VM

What are the minimum requirements to achieve VCE / VCE-VM?

VCE	VCE-VM

Do you have an interest in undertaking VCE-VM for your Senior Program?

Yes

No

If yes, what industry area might you choose to pursue? Eg. Hospitality, Carpentry

What roles do VTAC and VCAA have?

VTAC	VCAA

Section 6- Choosing the Right English Study

Use the handout '**Choosing the Right English**' to help you answer the following questions.

1. List a minimum of three things all English Studies require.
2. Out of English, English Language and Literature, which one is most similar to the English Subject you have done from Year 7 – 10?
3. What is the difference in Assessments between the three English Studies?
4. Fill in the following table on the type of student each English may suit:

Type of English:	Type of student it suits:
English	
English Language	
Literature	

5. Which English do you think you'll chose and why?

Section 6 - 3 Year Plan: Choosing My Subjects

My Year 10 Subjects 2024

Semester 1	Discovery						
Semester 2	Discovery						

My Year 11 Subjects 2025

Semester 1 and Semester 2	<i>Your English Study</i>						<i>Only students who completed a VCE Advancement in Y10 will complete 6 subjects.</i>
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My Year 12 Subjects 2026

Semester 1 and Semester 2	<i>Your English Study</i>				
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