

The following is a list of items each child should pack for their upcoming school camp.

Luggage should be limited to one bag equivalent in size to airline 'carry-on' luggage (NO SUITCASES OR HARD-FRAMED BACKPACKS) with a maximum weight of 10kg (If you can't lift it, no one should) and a separate sleeping bag (not tied to bag), plus a small backpack per child. Remember, your child will be required to carry their luggage, so it is essential to ensure it is not too big or heavy.

- **Sleeping bag and pillow (both essential)**
- 1 warm and waterproof coat
- 4 changes of underwear
- 4 pairs of socks
- 2-3 pairs of pants e.g. knee length Shorts, tracksuit or jeans
- Sun safe hat and sunscreen
- **Bathers and beach towel**
- 2-3 jumpers (warm tops)
- 3 long sleeve or short sleeve tops/t-shirts (depending on the weather but at least one of both)
- 1 pair of pyjamas
- Slippers for wearing inside (optional)
- 1 pair of shoes suitable for walking (shoes need to be supportive) and a spare pair in the event of rain
- 1 pair of thongs or crocs for shower (optional)
- Towel, soap, deodorant (roll on, no sprays please), toothbrush and toothpaste, hair brush and/or comb, shower cap (if required) and all other bathroom requirements
- Plastic bags for dirty clothes
- Torch and spare batteries
- Small packet of tissues
- Novel or book
- Note pad and pencil case
- Insect repellent (roll on if possible)

- Camera (optional) – not a camera phone
- Water bottle
- Small day pack for tours (optional)
- **All necessary medication and medical information form** (given to teacher before leaving GNLC)

Note: All students are required to pack a lunch, snack and drink for the first day.

What not to bring:

- Aerosol cans (i.e. spray-on deodorant or insect repellent)
- Mobile phones and other electronic devices
- All Food – Unless pre-approved by the Centre you're attending
- Jewellery
- Anything valuable (The College takes no responsibility for the loss or damage to a student's personal property, including money or other valuable items)