



# PARENTING RESOURCES

This collection of parenting resources has been collated by Northcote High School's Student Services Team.

Other parenting resources can be found on our Wellbeing Resources page found at <https://schoolbox.nhs.vic.edu.au/homepage/5297/>

## 1 PARENTLINE

1300 301 300

Support, counselling and education for parents and carers of children and young people.

## 2 RELATIONSHIPS AUSTRALIA

1300 364 277

Relationship support for individuals, families and communities.

## 3 RAISING CHILDREN - THE AUSTRALIAN PARENTING WEBSITE

<https://raisingchildren.net.au/>

Provides free, reliable, up-to-date and independent information to help your family grow and thrive together.

## 4 REACH OUT – FOR PARENTS

<https://parents.au.reachout.com/>

Reach Out offers different types of support, depending on what you and your teenager need and want.

## 5 UNITING

<https://www.unitingkildonan.org.au/>

Kildonan UnitingCare is a community service organisation within one of Australia's largest welfare networks, UnitingCare Australia – an agency of the Uniting Church.

## 6 PARENT GUIDES

[parentguides.com.au](http://parentguides.com.au)

Parent manuals on various wellbeing topics.

Digital Editions \$2. Print Editions \$25 incl. postage.

## 7 ORANGE DOOR (FORMALLY CHILDFIRST)

**What is The Orange Door?**

The Orange Door is the new access point for women, children and young people who are experiencing family violence or families who need assistance with the care and wellbeing of children to access the services they need to be safe and supported.

**Contact The Orange Door if:**

- you feel like you need extra help parenting children in your care
- you need extra help managing the behaviour of children in your care
- you're worried about children in your care

**For more information, visit:**

<https://orangedoor.vic.gov.au/>

<https://orangedoor.vic.gov.au/caring-for-children>