"I know what I do makes a difference to those I live with and work with. I feel connected, included, valued and most importantly, part of a community."

- Hampton store volunteer

# **Volunteer With Us!**

Our Opportunity Shops are located across the Bayside, Mornington Peninsula and Kingston regions of Melbourne.

These community stores are vibrant and friendly spaces. Not just an Op Shop but a place to connect with others.

Family Life Op Shops raise funds for our programs supporting families, children and young people.

By volunteering, not only will you learn new skills and meet great people, but you will be making a positive difference in our community.

# **Our Community Op Shops:**

#### Black Rock

601 Balcombe Road



### Cheltenham

48 Station Road



#### Elwood

22 Ormond Road

03 9784 0600

# Hampton

484 Hampton St

03 9598 7893

# Highett 12-14 Ra

12-14 Railway Parade



#### Mordialloc

537 Main Street

03 9773 9761

#### Rosebud

1063 Point Nepean Hwy

03 8599 5400

#### Mornington 185 Main St

03 9784 0690

#### **Distribution Centre**

Unit 12/94-104 Keys Rd



# **Family Life Offices:**

- 03 8599 5433
- volunteering@familylife.com.au

# Sandringham

197 Bluff Road

#### Frankston

Level 1, 60-64 Wells Sreet

#### Dandenong

2/75 Robinson Street

# family life.

# Follow us!

- f facebook.com/FamilyLifeOpportunityShops
- instagram.com/FamilyLifeShopAu

# www.familylife.com.au

ABN 37712782209

Family Life, and all the people who make up our organisation, respectfully acknowledge all Aboriginal people and their ancient and ongoing connections to culture and country.

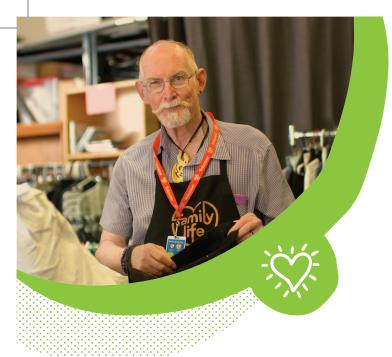
In particular, we wish to acknowledge the Boonwurrung and Woiwurrung-Wurundjeri people of the larger Kulin nation, in whose ancestral lands Family Life provide services to the Melbourne community.



**Community Op Shops** 







# Who We Are

# Every family deserves to live in a safe and supportive community

Everything we do supports this through our family and individual support services, community strengthening programs, a network of Op Shops, a vibrant engaged volunteer community and passionate skilled staff.

We strive to develop innovative solutions to achieve our vision of capable communities, strong families and thriving children.

We are proudly independent and not for profit.

#### **Our Services**

Family Life provides a range of services in our community:

- Counselling (individual, couples and family)
- Separation services (mediation, family law, supervised visits)
- **Community education activities** (community strengthening and leadership programs)
- Family violence support (counselling, Men's Behaviour Change programs, adolescent violence support)
- Outreach family support (in home, in schools, in community settings)
- Services for children and young people
- Mental health services (children, adolescents, individuals from culturally and linguistically diverse backgrounds)
- Parenting support (infant bonding, parenting skills and community connections)
- Volunteering and employment readiness activities
- Social inclusion programs





# **How You Can Help**

Our Community Op Shops provide valuable connections for our community, positive environmental impact through the sale of new and preloved goods, and much needed funds for our community programs supporting local children and families.

With stores in Black Rock, Elwood, Cheltenham, Hampton, Highett, Mordialloc, Mornington and Rosebud and a Distribution Centre in Moorabbin, there are many options for you to support our work.

Just a few hours a week is all it takes to make a difference.

# Join us today!

Contact our friendly volunteering team at:

volunteering@familylife.com.au (03) 8599 5433

www.familylife.com.au/volunteer

Register your Expression of Interest by scanning the code:



