

# AV Flyer

## - August Activities



Find out what's on at AV this month!

### Peer Groups

For Adults, Parents & Carers, Partners, Teens, Women & Non-Binary folk, and Young Adults

### Interest Groups

Members-only groups dedicated to Dungeons & Dragons, Book Club, and Minecraft

### Events

Showcasing guest speakers from within our community to educate, entertain, and inspire

### Employment Support

Programs providing Teen and Young Adult Work Experience opportunities and support to reach employment goals

### Advocacy & Training

Combined voice for Aspergers & advocating for change through government submissions, workplace & school training

### Info / Help Service

Confidential email service providing support, information, and recommendations to members and our community

# Peer Support Groups

## AUGUST

Partners

Thursday 4 August  
In person, Ashwood

Teens

Friday 5 August  
In person, Ashwood

Women & Non-  
Binary Folk

Saturday 6 August  
Online

Adults

Thursday 18 August  
In person, Ashwood

Parents &  
Carers

Thursday 18 August  
Online

Adults

Tuesday 23 August  
Online

Young Adults

Thursday 25 August  
Online

## SEPTEMBER

Partners

Thursday 1 Sept.  
Online

Teens

Friday 2 Sept.  
In person (TBC)

Women & Non-  
Binary Folk

Saturday 3 Sept.  
Online

Adults

Thursday 15 Sept.  
In person, Ashwood

Parents &  
Carers

Thursday 15 Sept.  
Online

Adults

Tuesday 20 Sept.  
Online

Young Adults

Thursday 22 Sept.  
In person, Ashwood

Adults

Thursday 29 Sept.  
In person, TBC

AV peer support groups provide an opportunity for Aspergers autistic individuals and our allies to connect, share stories, learn, and belong to a community of supportive peers who 'just get us'. Join one of our peer group meetings to meet new people, share knowledge, be heard and make friends. First time attendees are welcome to register for free! Contact AV admin for more information.

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[www.aspergersvic.org.au/Groups](http://www.aspergersvic.org.au/Groups)



# Peer Support Groups

## LGBTQIA+ Peer Support Group - Expression of Interest



AV is seeking input from individuals who are peers of both the Aspergers autistic community **and** the LGBTQIA+ community to contribute to the creation of a new peer support group for LGBTQIA+ Aspergers autistic individuals.

### Available roles

- Contribute to the co-design committee (AV members only)
- Volunteer as the Group Leader or Group Assistant
- Receive updates when the group is launched.

**Eligibility criteria** (you must meet **all** criteria to join the co-design committee)

- You are Aspergers autistic or have a similar neurodivergent profile
- You are a member of the LGBTQIA+ community
- You are aged 18 years or older

Expressions of interest close **Monday 15 August.**

Link: <https://aspergersvic.org.au/event-4879143>

For more information:

Email [admin@aspergersvic.org.au](mailto:admin@aspergersvic.org.au)



## BOUNCING BACK:

unlocking  
your  
neuroplasticity

with  
**Danny Blackford,**  
autistic psychologist

Join us @AVonline  
lunchtime event  
Monday 11 August

[Register here](#)



*discover your spectrum of possibilities*

[www.aspergersvic.org.au](http://www.aspergersvic.org.au)



**AV members \$25, non-members \$35**

Can't join at that time? That's ok - the event will be recorded and provided to all registrants via email afterwards.

To register or for more information, visit the AV website:

<https://aspergersvic.org.au/event-4900702>

# AV Mailing List

The AV team are working on several exciting projects:

- LGBTQIA+ peer support group
  - Term 4 and 2023 AspieLand program
  - Term 4 and 2023 D&D program
    - AV Career Network
  - Teens Work KnowHow Program
  - Employment support opportunities
    - Expanded coaching program
- and so much more!

To make sure you get updates about AV groups, programs, events, and opportunities relevant to you and your family,  
**join the AV mailing list today!**

Tip: if you already receive AV emails, you can update your Areas of Interest in your AV profile to reflect your current interests.

If you have questions or need assistance, please email AV admin:  
[admin@aspergersvic.org.au](mailto:admin@aspergersvic.org.au)



**Join the  
AV Mailing list  
to stay informed  
and receive  
updates about  
groups, programs,  
and events  
relevant to you.**



# Employment Support

The Employment Programs Team is passionate about providing support and opportunities for young Aspergers autistic individuals to find meaningful work. We have a range of programs and workshops on offer, including our Teens Work Knowhow Program and our coaching offer, and much more.



## Coaching

Our lived experience coaching team are offering one on one online coaching to young adults (aged over 20) to help you uncover future career options.

Limited places are available

For more information please email [coaching@aspergersvic.org.au](mailto:coaching@aspergersvic.org.au)



## Teens Work KnowHow Program

Our Teens Work KnowHow Program provides supported work experience placements for teens to help them prepare to join the world of work.

Expressions of interest for our 2022 programs are now open via the AV website.

Link: <https://aspergersvic.org.au/event-4603217>



## Young Adults Work Experience Program

Are you a young adult looking for some help to get you ready for work? Do you need some support putting together your CV, preparing for interviews, and getting work ready?

To register your interest in future programs please email [programs@aspergersvic.org.au](mailto:programs@aspergersvic.org.au)

# Info Help Team



Do you need advice  
or information about  
Aspergers or autism?  
Email our  
**Info Help Team!**



Our Info/Help Team provides confidential support and information via email to our members and our community including individuals with Aspergers, autistic individuals, their families and supporters, and the wider community.

The Info Help team are all volunteers with a personal connection to the Aspergers autistic community. As peers, they use their experience, knowledge, and resources to support our community. Our volunteers receive ongoing training, however please be aware that they are not mental health professionals and cannot provide crisis support.

Newly  
diagnosed?

Relationships?

Education  
questions?

Allied health  
options?

Professional  
support  
options?

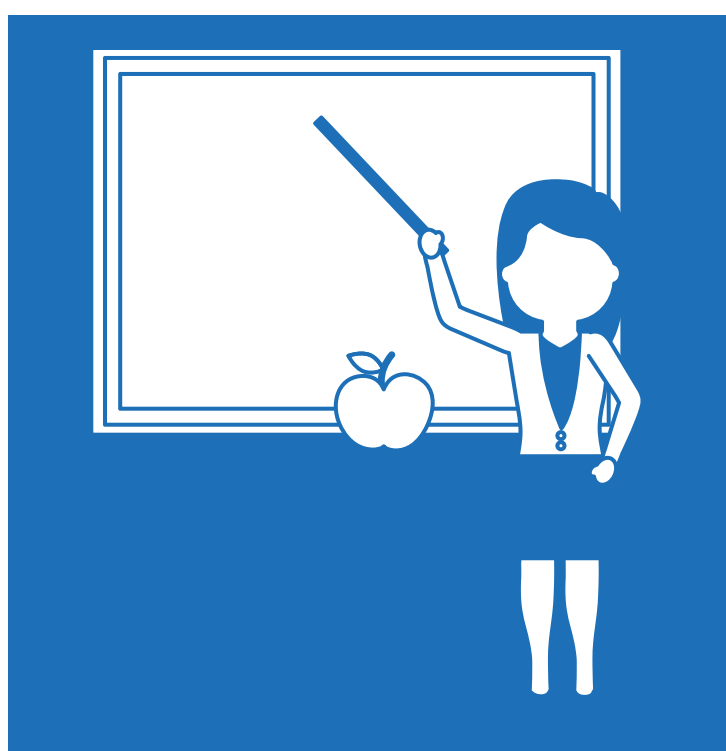


**AV ASPERGERS  
VICTORIA**

Employment  
support?

# Advocacy

At Aspergers Victoria, we speak up when views or systems are not right, and we make sure the voices of all Aspergers autistic individuals are heard as we work towards improving community understanding and inclusion. We've been doing this for more than 30 years and we won't stop trying.



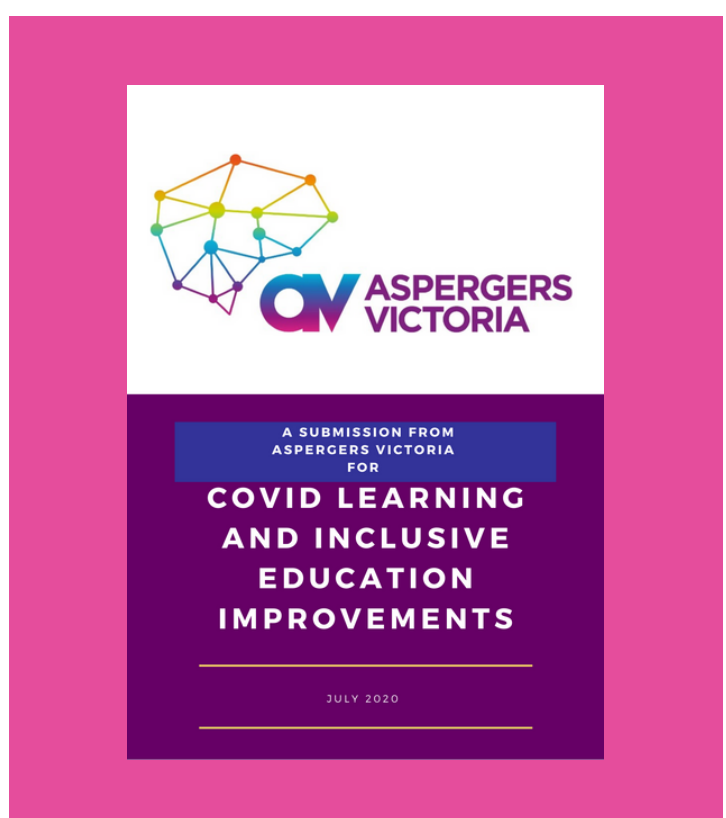
## Schools

We provide workshops and training for schools to provide an understanding of not just Aspergers but typical behavioural patterns of a range of neurodivergent conditions. We suggest practical strategies for schools to nurture and support their students to help them thrive at school and beyond.



## Workplaces

We provide workshops and training for employers to help them understand Aspergers autistic employees, to accept and appreciate the diverse views and skills they can bring to teams, and to recommend options for support to ensure they continue to be included and supported, and that they have access to meaningful work.



## Government submissions and roundtables

We listen to our community. We gather their feedback on issues important to you, and we work with government at all levels to create understanding and positive change for Aspergers autistic individuals, your families and your communities.



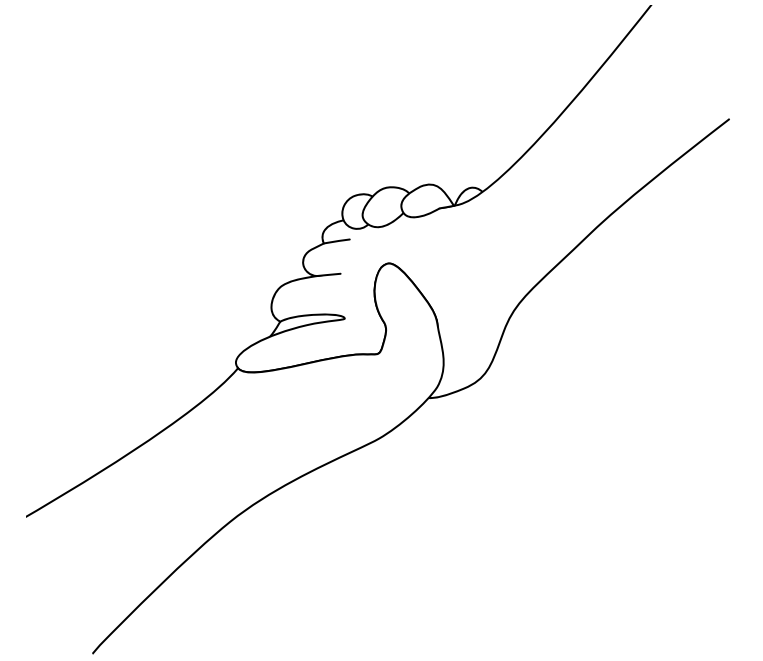
# Help us to support your community!

## Did you know that AV has a Hardship Fund?



Many people in our AV community regularly experience mental health and financial stressors, which for some have been compounded by the upheaval of recent years.

Some of our most vulnerable community members are now facing crises like never before, including significant financial hardship.



Change someone's life today by contributing to the  
**AV Hardship Fund.**

Every donation is tax deductible and helps someone in our community to access the social connection and employment support that AV provides.

\$10 - allows someone to try an AV peer support group

\$25 - provides access to an online AV speaker event

\$50 - gives someone an annual membership

\$60 - provides a job coaching discovery session

\$90 - allows someone to access a year of peer support groups

\$250 - gives a young person invaluable connection and fun with their peers for a whole term in our Dungeons & Dragons program

**Donate today!**

Visit [aspergersvic.org.au/Donate](http://aspergersvic.org.au/Donate)

[www.aspergersvic.org.au/Donate](http://www.aspergersvic.org.au/Donate)

# Membership



**Become an AV member and access a range of member benefits.**

- Discounts for peer support groups and events
- Members-only interest groups and programs
- Employment support and coaching
- Regular newsletters
- Contribute to the future of AV via our members survey and at the AGM

- Get that warm fuzzy feeling knowing that you are helping to keep AV running so we can continue to support and advocate for the Aspergers autistic community well into the future.

Memberships start at **\$50 per year for individuals** or **\$80 per year for families**

- +Groups option: access to register for all peer support groups for free
- Auto-renew option: makes life easier by automating the renewal process

## **Professional Membership**

Are you a business or organisation supporting or working with the Aspergers autistic community?

Ask us about our Professional Membership today!

**Email us: [memberships@aspergersvic.org.au](mailto:memberships@aspergersvic.org.au)**

**[www.aspergersvic.org.au/Become\\_an\\_AV\\_Member](http://www.aspergersvic.org.au/Become_an_AV_Member)**