



PARENTING TODAY- ONLINE GROUP

**Free Weekly program for Mums, Dads, Step-Parents,
Grandparents and Careers.**

Join us **ONLINE** in an interactive program to share experiences, ideas and learn strategies to support your child.

Come along to one or more relaxed sessions to connect with others and share Ideas

Different topics each week:

- Setting boundaries and consequences.
- Communication with kids
- School refusal conversations
- Self-care
- Other interesting topics suggested by you

DATES: Wednesday-26th July-30th August

TIME: 10.00 am- 11.00am

WHERE: Online via ZOOM

BOOKINGS AND ENQUIRIES:

Iris Guasch- Parent Resource Coordinator:

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