



# **Careers Newsletter**

**Disclaimer** – all information is printed in good faith It is the responsibility of the student to confirm all details with the appropriate institution.

To contact Mr Madani please email <u>imadani@stpiusx.nsw.edu.au</u> or call 9414 4388. **JobJump - Parents and students please watch YouTube video and sign up** Sign up to JobJump for information about tertiary study options, ATAR's and apprenticeship and TAFE information. Create a resume, sign up for news alerts. To register go to <u>https://www.jobjump.com.au/</u> Search school – St Pius X Chatswood Register with an email address (use a private address, not spx) Password – pius (lower case) **Parent information:** <u>https://www.youtube.com/watch?v=fZoyckJwvVg&feature=youtu.be</u>

# Geoscience Australia | Online professional learning: Natural hazards

## September 6, 2023

Natural hazards and disasters can have a lasting impact on the Earth and our communities. By examining years of satellite imagery we can observe the extent of hazard impacts on our landscape and infrastructure and plan for future events.

This teacher professional learning session will explore how Earth observation satellites are used to monitor natural hazards. Our education team will walk you through how to access real satellite imagery from the Digital Earth Australia portal and will provide you with some readyto-use classroom activities.

Find out more

# University of Sydney | Chemical Engineering Webinar

# September 6, 2023

Chemical engineers research raw materials and develop equipment and processes to manufacture products more efficiently and sustainably. You could be leading innovation in healthcare, improving energy production, or protecting the environment through pollution control and decontamination projects. Join us for this webinar to explore Chemical Engineering at the University of Sydney and where this diverse and exciting field could take you.

Find out more

# University of Sydney | Day in the Life of a Law Student

## September 6, 2023

What do you actually study in a law degree? What is the study to social life balance whilst undertaking a law degree? Join us to hear from our current students about what a typical day is like in their lives as aspiring lawyers.

Find out more

# UAC Digital | Let's Chat – Applying to the Schools Recommendation Scheme

September 6, 2023 While the ATAR is still the main selection tool used by most universities, there are other ways for





you to show that you're ready to succeed at uni. Many institutions have one or more early offer schemes for Year 12 students. Through these schemes, institutions assess you using criteria other than (or in addition to) your ATAR.

We'll give you an overview of the Schools Recommendation Scheme (SRS) and discuss:

- how to apply
- whether you're guaranteed early entry if you apply
- other universities' direct early entry schemes
- how many early entry schemes you can apply for.

#### Find out more

#### Sydney Design School | Info Session

#### September 7, 2023

Find out everything you need to know about our flexible courses and career support. Our Director, Amanda Grace will introduce you to our unique philosophy, passionate Educators and industry focused approach to learning.

This session will also be streamed live online via Zoom.

Find out more

#### UTS College | Campus Visit

#### September 7, 2023

Welcome to the UTS and UTS College campus, home to more than 45,000 students and award-winning facilities in Sydney's exciting CBD. There's no other university quite like us, so join us for a campus visit to find out why.

Why attend?

- Tour the UTS and UTS College campus and facilities.
- Chat with current students about their experience of studying at UTS College.
- Get one-to-one help with your application or offer, how to apply for FEE-HELP and more.

#### Find out more

## Sydney Conservatorium of Music | Online Information Evening

#### September 7, 2023

Students interested in studying a music degree at the SCM are invited to join us online for a comprehensive information session and to receive course advice from our dedicated music experts. Learn more about the application process, our diverse range of music degrees, student life at the SCM, and the career paths a music degree can lead to in the future. <u>Find out more</u>

#### Sydney Careers & Employment Expo 2023

#### September 8 to September 9, 2023

Sydney's New Careers & Employment Event will open on September 8 & 9, 2023, at the Hordern Pavilion, Moore Park. The Expo will showcase over 100 organisations and employers with career opportunities for all ages. Entry is free.

The event is for school students, parents, teachers, graduates, job seekers, people looking for courses and workers seeking new training options.

Find out more





## YES (Young Entrepreneur Summit) Secondary, Sydney

September 8, 2023

Run by young people, for young people, YES (Young Entrepreneur Summit) is a one-day, interactive summit designed to inspire and empower a generation of brave, creative and entrepreneurial young leaders.

YES is a super high energy, action-packed, one day event that features keynote presentations, panel discussions and interactive group workshops on a whole range of 'adulting skills' such as public speaking, financial literacy, ideation and collaboration + team work.

This event is designed for secondary school students (Grade 7 to 12) and young adults (17 to 21 years).

Find out more

## Create for a Day at SAE

September 9 to September 10, 2023

SAE Institute is opening its doors this September for a one-day program, designed to expand your skills and get you working on inspiring creative projects in the fields of Animation, Audio, Design, Film, Games or Electronic Music Production.

Don't miss out on your chance to experience life as an SAE student and discover what it means to be a creative professional, in state-of-the-art facilities with industry experts by your side.

During the workshop, attendees will learn valuable practical and collaborative skills to build a creative piece of work! They will also receive a certificate of participation to acknowledge the creative project they have undertaken.

Due to the level of workshop content, this event is open to school students aged 15 years and above (Year 10 and over).

Dates:

- Saturday, 9 September, 2023 | 10:00am 4:00pm | Brisbane, Byron Bay, Melbourne, Perth, Sydney
- Sunday, 10 September, 2023 | 10:00am 4:00pm | Adelaide

Find out more

## endota Wellness College | Open Day

September 9, 2023

Discover our nationally recognised courses and how we train our students to become jobready and qualified in as little as 12 months! Take a tour of our spa-like campus, learn about student life on campus, enjoy a facials masterclass and receive a free goodie bag. What's happening:

- Hear from our CEO, Helen Robb-Lacey, as she shares her passion for wellness and the incredible potential of our courses.
- Learn about career pathways and opportunities within Australia's largest spa network your ticket to a successful and rewarding career.
- Meet our team of expert trainers and immerse yourself in an interactive masterclass.

• Enjoy nourishing nibbles and refreshments, plus goodie bags for all attendees! Find out more

# Macquarie | [EX]plore Science Extension Conference

September 11, 2023





Year 12 Science Extension students, Year 10 and 11 Students and teachers, join us to celebrate the research of Year 12 students undertaking HSC Science Extension in a research conference setting. Meet like-minded school students, undergraduates and PhD researchers to share your passion for science.

The full-day conference will include talks and posters presented by Year 12 Science Extension students, opportunities to network and meet undergraduate and PhD researchers, and lab tours throughout the Faculty of Science to get a taste for how your research journey can continue at university.

Find out more

## AIE | Information Evening

## September 11, 2023

Discover the courses designed to get you started in game development, film, 3D animation and visual effects at the AIE Information Evening. The evening will include presentations on different areas of industry to get into as well as information about AIE full-time and part-time courses and entry requirements. We will be showing off AIE student work and our staff and teachers will be available to chat with you about our courses and how AIE can get you into a creative career.

Find out more

## University of Newcastle | Ma & Morley Application Help Workshop

September 12 to September 14, 2023

Join the Ma & Morley team for our Application Help Workshops, where you'll have an opportunity to ask your burning questions and the team can guide you through the application process. There will be one face-to-face workshop and one via Zoom. Face-to-face:

- When: Tuesday 12 September, 4:30pm-5:30pm
- Where: University of Newcastle, Callaghan Campus, Lambert Room (US321), Shortland Building

Online

• When: Thursday 14 September, 4:30pm-5:30pm

Find out more

## University of Sydney | MySydney Entry and Scholarship Scheme Webinar

#### September 12, 2023

Find out how you can enter your dream degree with the MySydney Entry and Scholarship Scheme for students residing in low socio-economic areas. Hear about the great benefits offered, including entry on a reduced ATAR, a \$8,500 per annum scholarship and a range of ongoing support throughout your studies. Find out what you need to know about eligibility criteria, how to apply, frequently asked questions and more! <u>Find out more</u>

ACU | Talk with Occupational Therapists, Speech Pathologists and Physiotherapists

# September 12, 2023

Join us online to hear from ACU alumni about their experiences improving people's quality of life. Take part in a Q&A session with our graduates and learn about the rewarding and challenging careers of physiotherapists, occupational therapists and speech pathologists. <u>Find out more</u>





## University of Sydney | Nutrition and Dietetics at Sydney

September 13, 2023

Join us to learn more about the Bachelor of Science/Master of Nutrition and Dietetics degree. Learn about the program, work placements and what a typical student day looks like. This session is delivered by current students studying this fascinating discipline. <u>Find out more</u>

## **RBA Economic Update Webinar for High School Students**

#### September 13, 2023

Aimed at students in Years 11-12, this webinar will feature an RBA economist sharing insights on monetary policy and current economic conditions. It's a great opportunity for students to get the latest information about what's happening in the Australian economy and pose questions to an RBA economist. Students and educators should register directly to attend this online event. <u>Find out more</u>

## University of Sydney | Architecture and the Built Environment

#### September 13, 2023

Are you interested in becoming an architect or working within the built environment sector? Come along to this webinar to learn about the degree pathways that you can explore and the careers that you can pursue from undertaking one of our degrees in architecture and the built environment. There's so much more to this industry than just designing buildings. <u>Find out more</u>

## AIM | How To Nail Your Next Audition Webinar

## September 13, 2023

Get expert tips on how to succeed in an audition, making the most of your talents to give your best performance. Discover tried and tested techniques to manage your nerves and make your musical talent shine.

In this webinar, we'll be exploring...

- How to select pieces to suit your musical talent and style
- How to confidently approach your next audition or performance exam
- Tips on what audition and exam panels are looking for, and how to showcase your abilities

Plus, you will get an understanding of the AIM audition process so you be ready for a successful audition. Auditions are a requirement for all applicants interested in studying a performance-based degree at AIM.

This session is designed for future students, parents, teachers and anyone else seeking tips on showcasing their musical talent.

## Find out more

## endota Wellness College | Open Evening

## September 13, 2023

Discover our nationally recognised courses and how we train our students to become jobready and qualified in as little as 12 months! Take a tour of our spa-like campus, learn about student life on campus, enjoy a facials masterclass and receive a free goodie bag. What's happening:

• Hear from our CEO, Helen Robb-Lacey, as she shares her passion for wellness and the incredible potential of our courses.





- Learn about career pathways and opportunities within Australia's largest spa network your ticket to a successful and rewarding career.
- Meet our team of expert trainers and immerse yourself in an interactive masterclass.

• Enjoy nourishing nibbles and refreshments, plus goodie bags for all attendees!

Find out more

## NIE | Pathways into Medicine and Dentistry Live Webinar

#### September 13, 2023

This forum is an excellent opportunity for teachers, students and their parents to find out about the UCAT, pathways into medicine, and have all questions answered by an expert teacher who has been working in the field since 1999.

This is not a sales, advertising, or promotional seminar. The session is packed with invaluable information during which we will be covering the following topics, and more:

- What is UCAT? UCAT scores? UCAT Sub-tests?
- Year 10, 11 and 12 things to consider now.
- The Undergraduate Selection Criteria
- Application process into universities for medicine and dentistry
- When and who can sit the UCAT
- UCAT vs UMAT How is UCAT different and why was UMAT replaced?
- GAMSAT
- Can you prepare for the UCAT?
- Undergraduate interview process
- Gap Year
- Alternative degrees and career choices
- Q&A

## Find out more

## Coping with emotional challenges in career development – R U OK? Day 2023

## September 14, 2023

Young people face uncertain employment pathways in their futures, and often feel enormous pressure to make the "right" career decisions to ensure success. Many typical career development tasks and situations can trigger or worsen stress and mental ill-health. In this webinar, the teams from the Student Wellbeing Hub and the myfuture career information service will join in a discussion about how career development influences, and is influenced by, wellbeing and emotional resilience. Coinciding with R U OK? Day 2023, they will share practical tips and resources for educators and parents to help young people cope with the emotional challenges that are so central to career development learning. <u>Find out more</u>

# UTS | Sport Tours

## September 14, 2023

Interested in exploring what UTS sport has to offer? Join us on the following dates to get an exclusive tour of our sport facilities and have your sporting questions answered. <u>Find out more</u>





#### September 14, 2023

Domestic students living in regional or interstate areas are invited to our online Open Night. Find out about our new Regional and Remote Entry Scheme, our new central scholarship application process as well as other University of Sydney highlights.

You'll then have the chance to chat with staff from our faculties, admissions, scholarships, and accommodation, and have all your questions answered about life in Sydney. Find out more

## Macquarie | Arts After Dark: AI needs intelligent humans...or does it?

#### September 14, 2023

Macquarie University's Faculty of Arts is hosting Arts After Dark: AI needs intelligent humans...or does it? on Thursday 14 September.

Prepare to be propelled into the fascinating world of AI and how humans can avoid its pitfalls whilst also leveraging its benefits. Join award-winning foreign correspondent Peter Greste and leading experts in film, culture and education from 5:45pm as they lead us through a fascinating debate which will affect all of us.

Future students, parents, teachers and the local community are encouraged to attend. Find out more

## Sydney Actors School and Sydney Film School | Open Day 2023

## September 16, 2023

Come along from 10am-3pm for an action-packed day, and really get a feel for what we're about here at Sydney Actors School and Sydney Film School.

We'll be running masterclasses in our classrooms, and all are invited to attend! Want to learn how to set up a good quality self tape quickly and easily? Maybe you'd like to get some screenwriting tips. Or even participate in an Impro workshop! The masterclasses will cover all of these things, and more! You'll definitely get a taste of daily life at SAS and SFS. Our current students will be around the building, and participating too, and will only be too happy to chat to you about their experiences. The classes will also be run by our world-class tutors. Our students' work will also be playing in our Screening Room, so you can see for yourself the wonderful talent we have coming through the schools. In the Soundstage we will also have a film shoot set up – maybe you can go and slate a shot! Or press record on the camera! <u>Find out more</u>

## AIE | Industry Experience Days

#### September 20 to October 4, 2023

AlE's Industry Experience Day is a great opportunity for students in Years 10, 11 and 12 to learn about the local and international game development, 3D animation and visual effects industries. Students will get the opportunity to learn about the different pathways to get into the industry, what should be in a portfolio and will be able to get creative in practical workshops using industry-standard 3D animation and game development tools. The sessions are run by industry professionals who have worked on some blockbuster games and films. Everything is provided for you to participate in the hands-on workshops and you will be using the same software that is used in the industry. Event dates:

- Melbourne: September 20th
- Sydney, Canberra and Adelaide: October 4th





# WSU | Free HSC Study Sessions

September 25 to September 29, 2023

From 25-29 September 2023, Western Sydney University will be offering a range of online study sessions to assist Year 12 students in their preparations for the HSC.

Delivered by highly qualified senior teachers with 25 free sessions across 16 key HSC subject areas, the sessions will include content analysis, tips and strategies, and a detailed exploration of key syllabus and curriculum areas.

Students will also have the opportunity to sit a practice exam and deconstruction, with feedback and advice from experts.

The HSC Study Sessions are offered in partnership with leading education services provider InspirationED, with their team of highly qualified HSC teachers and experienced markers to deliver the sessions.

Find out more

## University of Sydney | Project Management Spring Camp

September 28, 2023

This face to face in-person program offers an excellent opportunity for high school students to learn about project management and where this dynamic field can take them.

Students develop awareness of project management as a discipline, career pathways, our Bachelor of Project Management degree, and hear from our students and alumni about their experience at the University of Sydney.

They also participate in interactive workshops with our academics and experience a master class.

The program includes talks from industry professionals and in the past has included site tours to Google and Australia's leading technology company, Atlassian, to learn more about projects in action.

Expressions of interest are now open for high school students **until 1 September 2023**. <u>Find out more</u>

## Campion College | Overnight Immersion

## October 6 to October 7, 2023

Have you ever wondered what it's like to pursue higher education in an environment that values intellectual curiosity, critical thinking and vibrant discussions? Join us for an immersive experience that goes beyond the ordinary campus visit.

During this exclusive overnight event, you'll have the chance to fully immerse yourself in the life of a Campion College student. Our schedule includes time for sample lectures, thought-provoking discussions, socialising with our current students and fostering connections with fellow attendees. You'll also have the opportunity to bond over shared meals, reside in one of our residential halls and gain firsthand insight into the unique academic and social aspects that set Campion College apart.

We have a very limited number of spots available for this event, ensuring the Campion College Overnight Immersion remains an intimate and focused experience. <u>Find out more</u>

## Debunking common scholarship myths

Scholarships are great opportunities that can help ease the financial burden of your





academic journey. However, there are some misconceptions that might be holding you back from making the most of these opportunities. Let's debunk these common scholarship myths so you can go into the application process feeling confident.

#### Scholarships are only for straight-A students

While strong academics are impressive, scholarships aren't solely based on your grades. Many scholarships consider various factors like leadership, community involvement, passions, and unique talents. So don't let the myth of being a top student discourage you.

## I'm not from an underprivileged background, so I won't qualify

Scholarships come in all shapes and sizes. Some are need-based, but many are merit-based or focus on specific interests, skills, or goals. It's not just about financial need; it's about showcasing your potential and drive.

#### Applying for scholarships is too time-consuming

Yes, scholarship applications take time, but investing in your future is worth it. Organise your efforts, set aside dedicated time, and break the process into manageable steps. The hours you spend could lead to thousands of dollars in support.

#### I can only apply for scholarships during my senior year

Start early! Some scholarships are open to students as early as the start of high school. By beginning your search early, you give yourself more time to explore options, prepare strong applications, and potentially secure more funding.

## I'll never win, so why bother?

It's natural to feel uncertain, but you won't know unless you try. Every application you submit is a step closer to potentially receiving financial aid. Even if you don't win the first time, the experience of applying can help you improve for future opportunities.

## One application fits all scholarships

Each scholarship has its own requirements and criteria. Tailor your application to fit each specific scholarship, emphasising the qualities and experiences that align with what the scholarship committee is looking for.

Remember, scholarships are a way to invest in yourself and your future. Keep an open mind, believe in your potential, and put in the effort to present the best version of yourself on those applications.

You can find out more and search for scholarships on our database here.

## **Outward Bound Outdoor Education Traineeships**

Have you ever considered a career in outdoor education?

We're looking for legends who are ready to take on their Certificate III or IV in Outdoor Leadership.

- Do you love the outdoors, have a sense of adventure and want to help people achieve their best?
- Do you want to develop your leadership and technical skills in hiking, paddling and roping activities?
- Are you over 18 and eligible to work in Australia?

If you answered yes to those questions, then an Outward Bound traineeship might be for you!





We have one intake per year and are always happy to talk to you about starting with us in the future.

You'll get hands-on experience in all aspects of outdoor education and leadership. Find out more <u>here</u>.

#### 5 STEM careers for people who love the outdoors

Think being a scientist means you're stuck behind a desk all day? Think again. There are heaps of STEM careers out there for people who love the outdoors. Take a look and see if there are any that might interest you.

#### **Environmental Scientist**

If you have a passion for nature and want to make a positive impact on the environment, becoming an environmental scientist could be a great fit. You'll get to conduct field studies, collect samples from rivers, forests, and other natural habitats, and analyse data to understand the health of ecosystems. Whether it's monitoring wildlife populations or studying the effects of pollution, this career offers plenty of outdoor adventures.

#### Geologist

For those who are fascinated by Earth's history and its geological wonders, a career as a geologist might be ideal. Geologists study rocks, minerals, and the Earth's structure, often spending time in the field to examine rock formations, landscapes, and even volcanoes. Whether you're surveying landscapes or exploring remote areas for mineral resources, this career offers both scientific discovery and outdoor exploration.

#### Wildlife Biologist

If you're an animal lover and have a strong interest in biology, becoming a wildlife biologist could be a dream job. Wildlife biologists study animal behaviour, population dynamics, and habitats. You might find yourself tracking animals in their natural habitats, observing their behaviour, and helping to conserve and protect endangered species.

#### Archaeologist

If history and uncovering ancient mysteries intrigue you, a career as an archaeologist might be your calling. Archaeologists explore outdoor sites to uncover artefacts and remains from past civilizations. Whether you're excavating ancient ruins or participating in archaeological digs, this career offers a unique blend of hands-on work and historical exploration.

#### **Field Ecologist**

Field ecologists study ecosystems and their interactions, often conducting research in various outdoor environments. From forests and wetlands to deserts and oceans, field ecologists gather data to understand how organisms interact with their surroundings. This role involves observing plant and animal behaviour, conducting surveys, and contributing to our understanding of the natural world.

You can learn more about careers on our website <u>here</u>.

#### 5 work experience ideas for students who love social media

Work experience can be an incredible opportunity to explore your interests and gain





valuable skills. If you love social media and are looking for a way to incorporate it into your career, here are five work experience ideas just for you.

#### Social media coordinator at a local business

Consider reaching out to local businesses that align with your interests. Many businesses, from cafes to boutiques, are looking for help with their social media presence. As a social media coordinator, you could create content, schedule posts, and engage with their online community. This hands-on experience will give you insight into marketing strategies and customer engagement.

#### Non-profit social media coordinator

If you're passionate about making a positive impact, explore work experience opportunities with non-profit organisations. They often rely on social media to raise awareness, gather support, and connect with their audience. You could assist in crafting compelling posts, managing campaigns, and tracking engagement metrics.

#### **Content creator**

If you enjoy writing or creating videos, consider becoming a blogger or vlogger about a topic that interests you. You could brainstorm ideas, create content, and even learn about basic video editing or blog optimisation. This experience will teach you how to captivate an audience and refine your creative skills.

#### Social media assistant at an event or conference

Events and conferences often require a strong social media presence to promote their activities and engage attendees. Look for opportunities to join the social media team for a local event or conference. You'll get to experience the fast-paced world of live updates, real-time engagement, and capturing the essence of the event through your posts.

#### Digital marketing agency intern

For a more comprehensive experience, consider interning at a digital marketing agency. Agencies handle social media for multiple clients across various industries. This role would expose you to a range of strategies, platforms, and tools used to manage social media accounts effectively. You'll learn about content planning, scheduling, analytics, and more. Remember, the goal of work experience is to learn, grow, and discover your strengths. By immersing yourself in the world of social media, you'll gain practical skills and insights that could shape your future career path. Each opportunity you explore will add to your knowledge and help you build a solid foundation for your journey in the digital realm. Find out more about work experience and search for opportunities <u>here</u>.

## **Diversity and Inclusion Youth Design Challenge**

Diversity is one of Australia's greatest strengths. By embracing diversity and ensuring inclusivity, Australia can improve community engagement and belonging as well as increase innovation and creativity.

That's why between July to November 2023, we will be challenging young people aged 10-21 across Australia to ideate solutions to:

"How might we reimagine a more diverse, inclusive and accessible world for young people?" As part of this challenge, we're asking young people to focus on one of five key themes:





- 1. Cultural Diversity: How might we encourage the practice of understanding and celebrating people from different social and ethnic backgrounds including First Nations people?
- 2. Accessibility: How might we help create safe, accessible and inclusive practices and spaces for people with seen and/or unseen disabilities?
- 3. Identity: How might we help create safe, accessible and inclusive practices and spaces for everyone?
- 4. Regional and Rural Development: How might we build diversity, inclusion and accessibility in regional and rural Australia to support local communities?
- 5. Technology: How might we utilise technology to encourage and enable accessible and/or inclusive practices?

# Entries are open now and close 29 November.

Find out more and enter <u>here</u>.

# Harvard Crimson Global Case Competition 2023

Step into the shoes of a CEO or consultant and help a top global business tackle its challenges.

Each team has a set amount of time to develop a strategy to address the key issues and present it to a team of judges who will then determine the winner.

- Each team must have 2-4 students, but we highly recommend at least 3!
- All participants must be aged 13-18 and currently enrolled high school, OR have already graduated but not yet started university.
- No prior business or economics experience necessary! Join us no matter your experience. We have the tools to help you succeed.

HCC is 100% virtual, easy to join and accessible for all skill levels. Workshops for participants are available from top industry executives.

A total of \$4000 USD and \$18,000 USD in education consulting prizes is available to win! Earn impactful internships and mentorships with industry leaders.

Registrations close 31 October.

Find out more and enter <u>here</u>.

# Mastering effective reading habits for better learning

Reading is a fundamental skill that plays a crucial role in your academic journey and beyond. Whether it's textbooks, research papers, or other materials, reading efficiently can significantly enhance your understanding and retention of information. In this blog, you'll learn how to master some effective reading habits to help you read textbooks and other materials effectively, including skimming, scanning, and extracting key information.

# Skimming

Skimming is like taking a quick glance at the surface of a text to get a sense of its main ideas, structure, and overall content. It's particularly useful when you're trying to determine if a text is relevant to your study or research. Here's how to skim effectively:

- Start by reading the title, headings, and subheadings to grasp the main themes.
- Pay attention to the introductory and concluding paragraphs for an overview.
- Glance at any bolded or italicised text, bullet points, and diagrams to spot key concepts.





## Scanning

Scanning involves looking for specific pieces of information within a text. This technique is handy when you're searching for particular details, quotes, or facts. Follow these steps to scan effectively:

- Have a clear idea of what you're looking for before you begin scanning.
- Use keywords related to the information you're seeking.
- Quickly move your eyes across the page, focusing on the keywords or phrases.
- Ignore irrelevant information and only stop when you find what you need.

## Extracting key information

Extracting key information involves going deeper into the text to understand and retain the most important points. This technique helps you grasp the material's core concepts and details. Here's how to extract key information:

- Read the text carefully and underline or highlight crucial points, terms, and definitions.
- Take notes in the margins or on a separate sheet of paper to summarise key ideas.
- Paraphrase complex sentences or sections to ensure you understand them fully.
- Connect new information with what you already know to enhance comprehension.

## Tips for success

- **Practice regularly**: Just like any skill, reading efficiently requires practice. Start with shorter texts and gradually move on to longer ones.
- **Stay organised**: Keep track of your reading materials and notes to avoid confusion and make reviewing easier.
- Set goals: Break down your reading tasks into manageable chunks and set goals for each session.
- **Eliminate distractions**: Find a quiet and comfortable place to read, minimising distractions for better focus.
- **Use technology**: Utilise digital tools like e-readers or note-taking apps to highlight, annotate, and organise your readings.

Developing effective reading habits is a valuable skill that can significantly impact your learning journey. Skimming, scanning, and extracting key information are techniques that empower you to engage with complex materials more efficiently. Remember, it's not about reading quickly, but about reading smartly. With consistent practice and dedication, you'll enhance your comprehension, retention, and overall success in your studies and beyond. Find more study techniques and tips on our website <u>here</u>.

## Worried about your child's engagement at school?

As parents and carers, it's impossible not to worry about our young people. During their high school years one of your biggest concerns might be how well they're doing or how hard they're trying at school.

## Where to find help

The first, most obvious step if you are worried about your child's progress is to speak with the teachers or Careers Advisor at their school. They want your child to succeed, so will let you know if there are any areas of concern and be able to suggest ways to help.

## What you can do

Most teens are beginning to assert their independence and advice from parents or carers





can sometimes have the opposite effect of what we'd like to achieve. So what can you do?

- Let them know that you're there to support them whatever they decide
- Ask regularly about their hopes and aspirations
- Try to avoid arguing about school issues and keep your choice of words around school positive
- Encourage them to take responsibility for their own schoolwork, results, and attendance

## How you can show support

Find small ways to remind your teens that you're there if they need you. Your support could look like:

- Regular micro conversations about what they're doing at school and what they're enjoying or struggling with (that means accepting the one-word answers you might get)
- Asking about the extra-curricular activities or hobbies they're enjoying
- Chatting about what their peers are involved with
- Asking how you can help when they're struggling
- Giving them some space if they need it

## Suggest ways you could help

At some point you might realise that your help is needed rather than just your unspoken support, or you may be directly asked for help, then it's your time to shine. You could:

- Check if they would like you to speak to their teacher or school with them
- Ask if they would like some tutoring
- See if their study space is working for them and if not help them to find a fix (whether it's setting something up in their room or helping them get to the local library)
- Offer to get them a calendar or help them find an app to keep track of their schedule and deadlines, or offer to be the one who checks in and helps them stay on track
- Ask if they would like some help managing their extra-curricular time too. From helping them to find a job, suggesting activities, or just exploring transport options together which help them become more independent
- Encourage them to think about their work-life balance and how to change or improve it. It's an important skill and essential for mental wellbeing

## Things to remember

Family support is priceless and could help your young people to have the confidence to try new things and tell you what they really want to do.

Doing well at school is great but isn't the only way to be successful, so be prepared to listen to other ideas and help your young person research the best option for them.

These days there are *lots* of pathways other that could enable your child to reach their career goals.

It's OK if they're not sure what they want to do after high school or if they haven't figured out a career to aspire to yet. People change jobs and career paths all the time now and are successful and happy. Keeping an open mind, looking for opportunities, and gaining skills is





probably more important.

#### Need more help?

Have a look at the <u>Parent Website</u> or <u>Reach Out</u> for more tips and resources. You can also head to our <u>website</u> for information about pathways, vocational qualifications, career inspiration, and even wellbeing resources.

#### What makes you happy?

A big part of our lives is the things that make us happy. If we didn't have things we enjoy, life would be pretty boring, right?

So it makes sense that we want our future goals and career to align in some way with the things that make us happy. Thinking about the things that make us happy is an exercise in gratitude – we should be thankful for the good things in our life. If you don't think about the things that make you happy, you might be taking them for granted.

Taking some time to reflect on the things that make us happy can be a really helpful thing to do (as well as just being a nice thing to do).

#### Taking some time to reflect

Think about the last few weeks. What has made you happy over that time? It could be an activity you did, a person you spent time with, a place you visited – whatever it was, if it made you happy, write it down.

Here are some examples to get you thinking:

- Pets and animals
- Friends
- Family
- Sport
- Music
- Sleep
- Video games
- Being outdoors
- Money or work
- Cooking
- Community/culture
- Reading
- Technology
- The list is nearly endless!

#### Prioritising your happiness

Now that you've thought about the things that make you happy, start thinking about your future. How might you be able to incorporate these things into your future career or life? For example, if music is something that makes you really happy, you might want a career that incorporates music somehow. Maybe you could be a music teacher, a record producer, a singer, or create music for video games.

Also think of ways you can combine multiple interests at once. See the example above about creating music for video games? That's just one way you could combine multiple interests.

#### Enjoy!

It's not just about the future – having activities and things in your life *right now* that are fun and fulfilling are so important.





Having a good balance between doing the things you love and the things you need to do is key. It's important to remember that the things we like make up a part of who we are! It's also important to remember that an activity doesn't need to be making you money for it to be worth doing. You might like to learn an instrument or teach yourself to code just for fun, even if you never want a career in music or IT – as long as you enjoy it, it was worthwhile. You can find more wellbeing resources on our website <u>here</u>.

#### What is it like to work in a pharmacy?

A pharmacy serves as a place where people can get prescription medications, over-thecounter drugs, and even health-related advice. Its main purpose is to help people manage their health by providing the right medications prescribed by doctors or healthcare professionals.

Pharmacies also offer valuable information about how to take medications properly, potential side effects, and how different medications interact with each other. While every pharmacy is different, they do have some things in common:

- 1. Patient focus is key the wellbeing of customers and patients is the most important part of pharmacies.
- 2. Lots of collaboration you'll be working with lots of other healthcare professionals to provide holistic care.
- 3. Community engagement pharmacies serve as community hubs, where patients can seek advice, attend health events, and receive personalised care.

#### Provide essential medications and advice

Pharmacies play a crucial role by providing essential medications and health products, helping people manage their health conditions, and offering expert advice on medications and wellness.

#### Key tasks

- Dispense prescribed medications accurately
- Offer guidance on proper medication use
- Manage inventory of medications and supplies
- Assist customers with health-related inquiries
- Collaborate with healthcare professionals for patient care
- Ensure patient privacy and confidentiality
- Provide vaccinations and immunisations
- Organise and maintain records

#### You can find pharmacies in the retail trade and healthcare industries

Pharmacies are usually found in the retail trade and healthcare industries. Different types of pharmacies can include community drugstores, hospital pharmacies, and even online pharmacies.

#### You can expect regular hours and on-site work

Regular hours | Work on-site | Jobs in rural and metro areas | Strong job growth Pharmacies are usually open from 9 to 5. Some may be open after hours for emergencies. On-site work is more common in pharmacies, where workers need to interact directly with





patients and medications. But some administration and marketing tasks may be done remotely.

Pharmacies are needed everywhere due to the essential services they provide, so you can find them from big cities to rural towns.

## The Career Clusters you'll find in a pharmacy

People from all Clusters are needed for a pharmacy to run successfully, but Linkers are typically the most common Cluster. In many roles, you might find yourself performing tasks across multiple Clusters.

## What do Makers do in a pharmacy?

Makers are responsible for building and maintaining the physical infrastructure of a pharmacy, as well as ensuring any technology is working smoothly. They also help with delivering and unpacking goods that are delivered to the pharmacy.

- Shopfitters
- Delivery Drivers
- <u>Maintenance Technicians</u>
- <u>Cleaners</u>

## The role of a Linker in a pharmacy

Linkers are there to help customers in a pharmacy find what they need and answer any questions or queries they might have. They facilitate communication between pharmacists and patients, providing clear explanations about medications, dosages, and potential side effects. Other Linkers help sell new medications and medical products to pharmacies, and some might help promote the pharmacy to the public.

- Pharmaceutical Assistants
- Patient Liaisons
- Medical Salespeople
- Marketing Managers

## Where you'll find Coordinators in a pharmacy

Coordinators oversee schedules, manage resources, and streamline workflows to optimise efficiency and accuracy in pharmacies. They may coordinate with healthcare professionals, manage inventory, and implement protocols to comply with regulations.

- Store Managers
- Accounts Administrators
- Compliance Managers

## What do Informers do in a pharmacy?

Informers take on the role of educators and guides, providing patients with accurate and comprehensive information about medications, health conditions, and wellness strategies. They may also provide guidance on lifestyle modifications, dietary considerations, and preventive measures to promote overall health.

- <u>Pharmacists</u>
- <u>Nutritionists</u>
- Wellness Advisors

## The role of Innovators in a pharmacy

Innovators in pharmacies explore new ways to enhance the pharmacy experience and





advance patient care. They might introduce automated systems for prescription filling, design mobile apps for medication reminders, or implement telehealth services to provide remote consultations.

- <u>Application Developers</u>
- UX Designers
- Digital Health Strategists

#### How do Guardians work in a pharmacy?

Guardians are responsible for overseeing medication management processes, ensuring accurate dispensing, and verifying that prescriptions align with medical guidelines. They might also stay updated on regulatory changes and best practices to maintain compliance and advocate for patient safety.

- <u>Pharmacists</u>
- Quality Control Inspectors
- Compliance Officers

#### How do we expect working in a pharmacy to change in the future?

Working in a pharmacy is expected to undergo significant changes in the future due to advancements in technology, shifts in healthcare delivery models, and evolving patient needs.

Pharmacy operations will become more digitally integrated. This includes the use of electronic health records (EHRs), e-prescribing, and telepharmacy services. Pharmacists might spend more time providing remote consultations, monitoring patients' medication adherence through digital platforms, and leveraging data analytics for personalised patient care.

Routine tasks like medication dispensing and inventory management are likely to be automated with the use of robotics. This will free up pharmacists' time for more patientfocused tasks, such as medication counselling and managing complex medication regimens. Given the rapid evolution of healthcare and pharmaceuticals, pharmacists will need to engage in continuous learning to stay updated on new medications, treatments, regulations, and technologies.

But through all these changes, patient-centred care will remain a central focus, with pharmacists spending more time building relationships with patients, understanding their needs, and tailoring interventions accordingly.

#### How to become a Climate Scientist

Climate scientists play a crucial role in understanding and addressing the changes happening in the environment. They study various aspects of the Earth's climate system, including temperature patterns, atmospheric conditions, ocean currents, and more. By collecting and analysing data from all over the world, they try to understand the causes and effects of climate change.

If you're a great problem solver who wants to help make the world a better place for future generations, becoming a Climate Scientist could be perfect for you.

#### If you have these skills, you could make a great Climate Scientist

• Fantastic problem solver





- Adaptable and resilient
- Great attention to detail
- Good teamworker
- Committed to lifelong learning
- Analytical and data-driven
- Great communicator
- Passionate about the environment

#### What's involved in the job?

- Gathering data from a wide range of sources
- Analysing climate data and identifying trends, patterns, and anomalies
- Developing computer models that simulate climate processes
- Conducting in-depth research on specific aspects of the climate system
- Undertaking field studies, which may involve collecting data directly from the environment
- Compiling findings into reports and scientific papers
- Presenting research at conferences, seminars, and workshops
- Providing advice and insights to governments and businesses

#### Where do Climate Scientists work?

As a Climate Scientist, you will be working in a variety of environments, from offices and laboratories to out in the field.

#### What kind of lifestyle can I expect?

Most Climate Scientists work full-time, and part-time and casual roles aren't very common. They often work for universities and research institutions, government, and private organisations.

Many Climate Scientists earn an above average salary throughout their career. Climate Scientists can work in both metro and rural areas, and may travel to conduct field research. However, larger cities often provide better access to resources, funding, and collaboration opportunities.

#### How to become a Climate Scientist

To become a Climate Scientist you will need to complete a relevant university degree.

Step 1 – Complete high school with a strong focus on English and Maths. Sciences could also be beneficial.

Step 2 – Find work experience with STEM or environment-related organisations or businesses.

Step 3 – Complete a relevant undergraduate degree, such as in data science, climate science, or environmental science.

Step 4 – Consider postgraduate studies, particularly research opportunities.

Step 5 – Commit to lifelong learning and stay updated with the latest research and policy developments.





Find out more here:

- The ARC Centre of Excellence for Climate Extremes
- <u>National Careers Service (UK)</u>
- <u>EnvironmentalScience.org</u>

## Similar Careers to Climate Scientist

- Data Scientist
- Conservationist
- Geologist
- Marine Biologist
- Park Ranger
- Computational Biologist
- Surveyor

Find out more about alternative <u>careers</u>.