



Dear Friends and Family,

Type 1 Diabetes (T1D) is an autoimmune disease that destroys the body's ability to process sugar by attacking the beta cells in the pancreas that produce the hormone insulin. Insulin helps convert sugar into the fuel that bodies need to function. Without insulin, sugar builds up in the bloodstream in life-threatening amounts. People living with T1D need to administer insulin via multiple daily injections or an insulin pump. They need to measure their food intake and regularly check their blood sugar levels via finger prick and blood test.

Approximately 140,000 Australians live with Type 1 Diabetes. There is no known cause and no cure. T1D is one of the most common chronic childhood conditions.

Did you know that thirst is one of the most common symptoms of undiagnosed Type 1 Diabetes? Undiagnosed T1D can lead to Diabetic Ketoacidosis (DKA) is a serious medical emergency and can be life threatening if not treated properly.

In the lead up to world diabetes day this Sunday 14th November I/we are selling drink bottles to help raise awareness of one of the key symptoms of T1D: THIRST. We would love your help!

Here are the steps to get on board:

1. Send me an email letting me know how many drink bottles you would like to purchase. Please include your child's name and Year level class: meagmarshall@gmail.com
2. I will then send you bank account details to pay for your bottles and have them delivered to school or you can pick up at my house in Croydon North.

Thank you in advance for your support! Together we can help to make a difference.

Meagan Marshall & Ethan Marshall JKB x



DON'T IGNORE THE 4-T1F DRINK BOTTLE

19.99 - DON'T TYPE1 DRINK BOTTLE- NOW IN STOCK AND VERY POPULAR!

T1F Drink Bottle is so much more than the ultimate funky accessory this summer! With EVERY single drink bottle sold will go towards helping us raise awareness around misdiagnosis of Type1 Diabetes.

Help us raise awareness of thirst at diagnosis with your very own funky T1F Drink Bottle! With 100% PROCEEDS going towards a Nation-wide awareness campaign. DON'T IGNORE 4. Cheers! And thank you for helping us create change..

They are perfect for keeping your drinks cool on hot summer days. This is truly a premium product.

- 500ml Capacity
- Hydro-Soul drink bottles are made of double walled stainless steel and are vacuum insulated for maximum temperature control. These drink bottles are able to hold ice for up to 24 hours.
- All drink bottles fit in standard car cup holder
- All bottles are crafted from food grade stainless steel and are BPA free.
- Hand wash only. Do not freeze or microwave. Engraves show a stunning mirror finish.

**WORLD DIABETES DAY
SUNDAY 14TH NOVEMBER**

DONTIGNORETHE4



T I R E D



T H I R S T Y



**W E I G H T
L O S S**



**I N C R E A S E D
U R I N A T I O N**

www.type1foundation.com.au



This **WORLD DIABETES DAY** please share our message
Don't ignore the 4 main symptoms of Type 1 Diabetes
Tired, Thirsty, Weight loss & Increased urination

Big thirst? Think first!

Did you know that thirst is one of the most common symptoms of undiagnosed Type 1 Diabetes?



This **WORLD DIABETES DAY SUNDAY 14TH NOVEMBER** help the Type 1 Foundation to create awareness around the 4 symptoms of undiagnosed T1D:

**THIRST, WEIGHT LOSS, TIRED
& INCREASED URINATION**

Jump on board and purchase a Type 1 Foundation water bottle. A portion of this years funds will go towards 'Type 1 Screen' who help to identify people at risk of developing Type 1 Diabetes in their lifetime.