

**Essendon Aquatic National Prep Meet - 8/02/2026****Session Report**

Session: 1 AM Session

Day of Meet: 1 Starts at 08:15 AM Heat Interval: 25 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Men 8 & Over 200 IM	20	2	08:15 AM	_____
Finals	2 Women 8 & Over 200 IM	26	3	08:24 AM	_____
Finals	3 Men 8-12 100 Backstroke	45	5	08:35 AM	_____
Finals	4 Women 8-12 100 Backstroke	60	6	08:48 AM	_____
Finals	5 Men 8-12 50 Butterfly	50	5	09:04 AM	_____
Finals	6 Women 8-12 50 Butterfly	65	7	09:10 AM	_____
Finals	7 Mixed 11 & Over 200 Freestyle	29	3	09:19 AM	_____
Finals	8 Men 8-12 100 Breaststroke	45	5	09:29 AM	_____
Finals	9 Women 8-12 100 Breaststroke	69	7	09:40 AM	_____
Finals	10 Men 8-12 50 Backstroke	58	6	09:57 AM	_____
Finals	11 Women 8-12 50 Backstroke	87	9	10:07 AM	_____
Finals	12 Mixed 11 & Over 200 Butterfly	9	1	10:22 AM	_____
Finals	13 Men 8-12 100 Freestyle	58	6	10:26 AM	_____
Finals	14 Women 8-12 100 Freestyle	89	9	10:37 AM	_____
Finals	15 Men 8-12 50 Breaststroke	52	6	10:54 AM	_____
Finals	16 Women 8-12 50 Breaststroke	81	9	11:02 AM	_____
Finals	17 Mixed 11 & Over 200 Backstroke	16	2	11:14 AM	_____
	Break: 1 Minutes: 400 FREE CHECK IN				
Finals	18 Men 8-12 100 Butterfly	20	2	11:24 AM	_____
Finals	19 Women 8-12 100 Butterfly	24	3	11:28 AM	_____
Finals	20 Men 8-12 50 Freestyle	84	9	11:34 AM	_____
Finals	21 Women 8-12 50 Freestyle	103	11	11:44 AM	_____
Finals	22 Mixed 11 & Over 200 Breaststroke	34	4	11:57 AM	_____
Finals	23 Mixed 11 & Over 400 Freestyle	61	7	12:12 PM	_____
	Swimmers Counts for Warm-ups: 416	=====	=====		
	Entry / Heat Totals:	1,185	127		
	Finish Time			12:57 PM	_____

**Essendon Aquatic National Prep Meet - 8/02/2026****Session Report**

Session: 2 PM Session

Day of Meet: 1 Starts at 01:45 PM Heat Interval: 25 Seconds / Back +30 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	24 Men 11 & Over 200 IM	21	3	01:45 PM	_____
Finals	25 Women 11 & Over 200 IM	23	3	01:56 PM	_____
Finals	26 Men 13 & Over 100 Backstroke	38	4	02:08 PM	_____
Finals	27 Women 13 & Over 100 Backstroke	31	4	02:17 PM	_____
Finals	28 Men 13 & Over 50 Butterfly	62	7	02:27 PM	_____
Finals	29 Women 13 & Over 50 Butterfly	68	7	02:34 PM	_____
Finals	30 Mixed 11 & Over 200 Freestyle	55	6	02:41 PM	_____
Finals	31 Men 13 & Over 100 Breaststroke	42	5	02:59 PM	_____
Finals	32 Women 13 & Over 100 Breaststroke	40	4	03:10 PM	_____
Finals	33 Men 13 & Over 50 Backstroke	48	5	03:19 PM	_____
Finals	34 Women 13 & Over 50 Backstroke	46	5	03:26 PM	_____
Finals	35 Mixed 11 & Over 200 Butterfly	8	1	03:34 PM	_____
Finals	36 Men 13 & Over 100 Freestyle	59	6	03:37 PM	_____
Finals	37 Women 13 & Over 100 Freestyle	62	7	03:46 PM	_____
	Break: 1 Minutes: 400 IM CHECK IN				
Finals	38 Men 13 & Over 50 Breaststroke	45	5	03:59 PM	_____
Finals	39 Women 13 & Over 50 Breaststroke	43	5	04:05 PM	_____
Finals	40 Mixed 11 & Over 200 Backstroke	28	3	04:11 PM	_____
Finals	41 Men 13 & Over 100 Butterfly	36	4	04:23 PM	_____
Finals	42 Women 13 & Over 100 Butterfly	26	3	04:30 PM	_____
Finals	43 Men 13 & Over 50 Freestyle	86	9	04:35 PM	_____
Finals	44 Women 13 & Over 50 Freestyle	89	9	04:44 PM	_____
Finals	45 Mixed 11 & Over 200 Breaststroke	24	3	04:53 PM	_____
Finals	46 Mixed 11 & Over 400 IM	9	1	05:04 PM	_____
	Swimmers Counts for Warm-ups: 376	=====	=====		
	Entry / Heat Totals:	989	109		
	Finish Time			05:11 PM	_____