



Dear Fathers of Years 8 to 11 boys,

I would like to invite you and your son(s) to attend the Growing Good Men weekend at **Lake Keepit Sport and Recreation Centre on April 1<sup>st</sup> - 3<sup>rd</sup>**. We will begin at 6:30pm on Friday and finish at 2.00pm on Sunday.

The relationship between a father and his children is one of the most significant relationships that a man will ever have. The impact that our fathers have on us and we as fathers have on our sons lasts a life time. Fatherhood really matters!

Every young man needs to hear and believe that he is good enough in his father's eyes. Every boy wants his father to give him a sense of male acceptance, affirmation and affection. For a boy to become a man and to gain an understanding of masculinity he needs the guidance of good men and none more so than his father.

We all want to have a rich and rewarding relationship with our sons, and like any relationship it takes commitment, time, and effort. We all want to give our sons guidance, wisdom and love. Fathers are instrumental in giving their sons the gift of manhood. The **Growing Good Men** weekend offers fathers and their sons the time and opportunity to discuss these issues and make plans for the way ahead. The weekend is a wonderful time to reaffirm the importance of this core relationship. Plus it is a time to relax and have fun together with other fathers and sons.

**Details of the weekend:**

**Date:** 6:30 pm **Friday 1<sup>st</sup> April** – 2:00 pm **Sunday 3<sup>rd</sup> April**  
**Venue:** Lake Keepit Sport and Recreation Centre, Fitness Camp Road, Gunnedah NSW 2380 (1hr 50 minutes from Armidale).  
**What to bring:** Sleeping bag (or similar), sheets, pillow and toiletries;  
Casual sun-safe clothing; sports clothing and sports shoes;  
Sun cream and insect repellent; camera  
Go to <https://sportandrecreation.nsw.gov.au/facilities/schools/parent> for a checklist.

Congratulations on taking the steps to register for the Growing Good Men weekend. I look forward to hearing from you soon.

Yours Sincerely,

*Damian Roff*  
Religious Education Coordinator  
**O'Connor Catholic College**  
Ph: 6772-1666  
[droff@oconnor.nsw.edu.au](mailto:droff@oconnor.nsw.edu.au)

**The journey to manhood should not be taken alone!**



**Growing  
Good Men**  
*Sons of the Father*  
*a weekend for dads & their teenage sons*

...get  
reconnected!

**REGISTRATION FORM**

Please complete and return  
the attached registration form  
**as soon as possible** to secure  
your place.

Son's first name: \_\_\_\_\_ Son's surname: \_\_\_\_\_

Father's first name: \_\_\_\_\_ Father's surname: \_\_\_\_\_

Address: \_\_\_\_\_

Father's Phone: (H) \_\_\_\_\_ (M) \_\_\_\_\_

Father's email: \_\_\_\_\_

Please note any physical disabilities, dietary restrictions or other matters to consider:

\_\_\_\_\_

**Payment: \$320 total per father and son** (includes accommodation, meals and course materials).

Please forward to Mr Damian Roff ([droff@oconnor.nsw.edu.au](mailto:droff@oconnor.nsw.edu.au)) ph: 6772-1666. Further information  
also available from menAlive Armidale on 0447-172-010.

- ☐ I will electronically transfer the money to OCC's account (**BSB: 082-105 Account number: 001001036**). Please note **GGM and your surname** in the reference area.
- ☐ I have attached a cheque for \$ \_\_\_\_\_
- ☐ Please debit my credit card for \$ \_\_\_\_\_

Card Type: \_\_\_\_\_

Name on Card: \_\_\_\_\_

Card number: \_\_\_\_\_ Expiry: \_\_\_\_\_

Return this form with payment to:

**GROWING GOOD MEN c/- Damian Roff**

O'Connor Catholic College

35 Kirkwood Street

ARMIDALE, NSW 2350