

Smokey marinated feta salad





Ingredients	Equipment
Feta marinade	
4 cloves of garlic, still in their peel	Frying pan
Peel from $\frac{1}{2}$ a lemon (just the yellow	Chopping board
part, not white pith	Knives
2 bay leaves	Jar/ container to marinate feta
1 pinch Chili flakes	
75 ml olive oil	Mixing bowl
1/4 teaspoon Smoked paprika	Salad spinner
1/4 teaspoon Salt	Tongs
1 200g block Greek feta, diced	Sieve
<u>Salad</u>	
1 baby cos lettuce, washed and torn	Jar to make dressing
into bite size pieces	Measuring cups and spoons
1 cucumber, diced	
1 tomato, diced	
1 tin chickpeas, drained & rinsed	
¹ / ₂ cup pitted olives, sliced	
¹ / ₂ red onion, finely sliced	
Dressing	
3 tablespoons olive oil	
2 tablespoons lemon juice	
1/2 teaspoon Dijon mustard	
Salt and pepper to taste	

What to do:

- Make the marinade first
- Heat a frying pan over a medium high heat
- Add the unpeeled garlic and cook for 4 minutes on each side until charred, add the lemon and bay leaves and allow to char for 90 seconds
- Place the charred garlic, bay and lemon in a container with the oil, salt, chili and paprika. Add the cubed feta and swirl the container until the oil has coated the feta. Refrigerate several hours before use.
- Prepare the salad by tossing together the washed lettuce, diced cucumber, diced tomato, sliced onion, chickpeas and olives
- Make the dressing by combining all ingredients in a jar with a tightfitting lid, shake well
- Pour the dressing over the salad, toss to combine
- Divide into serving bowls, top with drained feta cubes and serve