

KINFOLK

student cafes

WINTER MENU

term 3, 2017

Breaks

- + Fresh Fruit Salad \$3.0*
- + Roasted granola with vanilla bean yoghurt + berries \$4.0*
- + Taco cup - House guacamole, salsa, sour cream, and cheese with tortilla dippers \$3.5
- + French onion dip with veggie sticks \$3.5
- + House Made Pies \$5.0
- + Travellers Beef Pie \$4.0
- + Sausage Roll \$4.0
- + House baked muffins + slices from \$2.0
- + Seasonal Fruit*
- + Assorted Chip + Popcorn Packets from \$1.5

Lunch

SALAD SHAKERS

- + **Greek Salad \$4.5 (Add shredded roast chicken \$5.5).**
Mixed leaves, cucumber, tomato, red capsicum, red onion, feta, olives with oil and vinegar dressing.
- + **Roast Sweet Potato + Chickpea Salad \$5.0**
Baby spinach, roasted sweet potatoes, chickpeas + feta with a grainy mustard dressing.
- + **Chicken Caesar \$6.0**
Grilled chicken breast, baby spinach, crispy bacon, parmesan, red onion, croutons over cos lettuce with caesar dressing.
- + **Roast Vege and Brown Rice Grazing Tub \$5.0**
Roast capsicum, carrots, broccoli, red cabbage + sugar snap peas w/ Baby brown and soy +ginger dressing.

SUBS

- + **Roast chicken salad** w/ house herb mayo on Turkish sub \$5.5
- + **Leg ham salad** w/ house herb mayo on Turkish sub \$5.5
- + **Vegetarian** w/ house mayo on Turkish sub \$5.5

SANDWICHES

- + Roast chicken salad w/ house herb mayo on smooth wholemeal \$5.5
 - + Leg ham salad w/ house herb mayo on smooth wholemeal \$5.5
 - + Ham, tomato + cheese on smooth wholemeal \$3.5
 - + Ham + cheese on smooth wholemeal \$3.0
 - + Chicken + cheese + avocado on smooth wholemeal \$4.0
- # GF options available at no extra cost.

TURKISH TOASTIES

- + Ham, tomato + cheese on Turkish Bread \$4.5
- + Ham + cheese on Turkish Bread \$4.0
- + Chicken + cheese + avocado on Turkish Bread \$5.0
- + Chicken + baby spinach + red onion + cheese on Turkish Bread \$4.0

EVERYDAY HOT OPTIONS

- + **Chicken Burger \$6.0**
Grilled chicken breast + lettuce w/ herb mayo.
- + **Honey Soy Chicken Kebabs \$5.0**
Served w/ fried rice.
- + **Quiche of the Day \$5.0**
Served w/ side salad.
- + **Sweet Chili Chicken Wrap \$4.5**
Grilled chicken breast, lettuce + cheese w/ sweet chili sauce.
- + **House Made Pies \$5.0**
Assorted pie fillings available each day.
- + **Travellers Beef Pie \$4.0**
- + **Sausage Roll \$4.0**