

2 Set a Timer



If your child is able to read **independently**, make it a goal to read for 20 minutes every day. Daily independent reading will help your child build fluency and practice skills that are taught during the school year.

Reading for just 20 minutes a day may not seem like a lot, but the cumulative effect cannot be overstated. By reading aloud for just 20 minutes a day over a five-year period, your child will have the advantage of 600 hours of reading. But if your child skips reading over the summer, she's missing out on 150 hours of huge gains in vocabulary, comprehension, and background information during that same 5-year period!

$$\begin{array}{c} 20 \\ \text{Minutes} \end{array} \times \begin{array}{c} 5 \\ \text{Years} \end{array} = \begin{array}{c} 600 \\ \text{Hours} \end{array}$$

Don't forget to be a good example! Show your child that you also read. Motivation to read is most effectively developed when it is modeled. Let your child see that reading is important, whether it's reading a book for pleasure, reading to learn, or reading a recipe to make dinner!

Free Download

Looking for some ideas to help with summer reading? We've got you covered! Explore some engaging chapter books by following the link below.

<http://bit.ly/Chapter-Book-List>

3 Cook Together



By cooking together, you are **helping your child develop a life skill**. Learning family recipes and cooking alongside your child is something he will cherish for life. Cooking can also be a learning experience in reading, math, and even science!

Practice reading by asking your child to read the recipe aloud. Let your child read the ingredients and recipe aloud as you work together to create a dish. Your child will have to practice reading comprehension as well to follow the instructions.

Brush up on math skills by adding measurements. Have your child add up the number of cups needed of a certain ingredient. It's also a good chance to discuss and visualize fractions.

ABC Snacks Cookbook

Have you seen our ABC Snacks Cookbook? This free download includes over 50 easy snack recipes that you can create with your child! Grab it by following the link below.

<http://bit.ly/ABC-Cookbook>



Did you know that science is taking place when you bake? A cookie would have a hard time turning into the soft, fluffy treat we know and love without baking powder or baking soda. What a perfect opportunity to discover the science behind baking or cooking!