

Miss Niamh Maher
Cooper Street
Preston
VICTORIA 3072

Friday, August 13th, 2021

Mr. Damian Howard
St. Raphael's Primary School
Cooper Street
Preston
VICTORIA 3072

Dear Mr. Howard,

I am writing to you to persuade you to allow us to have a three day long weekend. If I have to be honest there are many reasons why a three day weekend would benefit students and these are my reasons - connecting and socialising, rest and fitting in more time with family.

Without a doubt, we all know that some students with a three day weekend would be connecting and socialising with friends. If a child were not to socialise with friends, they would find it hard to be put in a group situation. As well as teamwork, socialising also helps in mental health.

I must say that rest is very important, it fills you with energy for the day ahead and if we students had another day to rest, it would be good for our mental health. As well as being good for mental health, rest is also extremely good for building a healthier immune system, reduces stress and helps get a very much improved mood.

It is vitally important that children spend time with family and or family members to build strong relationships and quality time with family and close friends. If children were not able to spend quality time with family it could lead to a weak family bond.

In conclusion, hopefully you now can consider a three day weekend for us students, thank you!

Yours Faithfully, Niamh Maher