Kitchen Garden at Collingwood College -Term 4-

Name of Recipe: Pumpkin Gnocchi with Garden herb & lemon puree Volunteer Notes: We will be putting the potatoes and pumpkin on 10 minutes before the students start to give them enough time.

REMEMBER you have to Mouli and add the flour while the potato mix is HOT.

Please ensure you have peeled pumpkin & potato for next class

What to collect	What to do
Scales	Peel the pumpkin and weigh to 500 gm, cut
Pot	into same sized chunks and steam until almost
Colander	tender.
steamer	Peel the potatoes, and steam until tender.
Tongs	Rice the potatoes & Mouli the pumpkin on top.
500 gm peeled Pumpkin (dry	Sieve the flour and salt.
flesh, such as butternut or	
Kent), cut into even pieces	WORK together quickly while the vegetables
500 gm potato peeled	are HOT.
(Desiree, Nicola) Mouli & Potato Ricer	The dough should some tegether, do not
320 gm plain flour/sieved	The dough should come together, do not overwork. Divide the dough into 4 pieces, or 1
Salt/ white pepper	for each student.
	With a small amount of flour, cut a piece of
	dough & roll small sausage lengths. Cut
	evenly. Lay on a tray floured ready to cook.
Large pot with simmering	Divide the group up now.
water-salted	1-2 to cook the gnocchi and transfer it to a
Slotted spoon/spider	Colander over a bowl
Colander over a bowl	
	Have the salted water on a gentle simmer, add
	the gnocchi. Once they have come to the
	surface- 2 minutes, take out with a slotted
	spoon and transfer to the colander to drain.
	Drizzle a bit of XVOO over them.
	Propare the sauce:
	Prepare the sauce:
	See recipe