

Commuter Cycling

Come learn tips on safe cycling just in time for Ride2Work Day

This session is aimed at assisting commuter cyclists to be safer, more comfortable and more efficient. Whether you're new or experienced, this session is a must for people interested in commuter cycling.

Topics include bike selection and set up, effective cycling, maintenance, traffic techniques, clothing and hazard recognition.

BYO bike and helmet.

This program is being held as part of Melton City Council's Lifelong Learning Festival.

DETAILS:

WHEN:

Saturday 6 October 2018

TIME:

10.00am – 2.00pm

WHERE:

Stevenson House

10 Stevenson Crescent

Caroline Springs

COST:

Free

RSVP:

Mia Lobé

Email: mial@melton.vic.gov.au

Phone: 9747 7200

For more information, like us on Facebook:

[facebook.com/healthymelton](https://www.facebook.com/healthymelton)

BOOK EARLY! Don't miss out!

