

Hummus

Equipment needed	Ingredients
<ul style="list-style-type: none">● Small Food processor● Spatula● Collander● Measuring spoons● Measuring cups● Garlic crusher● Can Opener● 4 small serving bowls● 4 teaspoons to serve	<ul style="list-style-type: none">● 400g tin chic peas● 3 tbsp lemon juice● ¼ cup water● ½ tsp cumin● 1 clove garlic● Pinch of salt● Freshly ground black pepper● 2 tbsp olive oil

Notes:

- Work as a group today.

What to do

1. Place colander in sink.
2. Open tin of chic peas pour into colander. Allow to drain.
3. Place chic peas into food processor.
4. Add tahini paste to food processor
5. Add lemon juice to food processor.
6. Add water to food processor.
7. Peel and crush garlic, add to food processor.
8. Add cumin to food processor.
9. Add salt to food processor.
10. Add pepper to food processor.
11. Run food processor until combined.
12. Stop food processor, scrape down sides using spatula.
13. Add olive oil to the food processor. Mix well.
14. Place into four small serving bowls.
15. Add teaspoon to each bowl and place on table.
16. Clean up.