

## Hello!

Welcome to Para Vista PS Community Hub. We are here to work with you on projects, skill building and connecting with our community.

We value and encourage you to share any thoughts and ideas you have on developing our supportive and vibrant community.

Warm Regards Soneya Tonima Community Hub Leader

## ALL ACTIVITIES & WORKSHOPS ARE FREE Presently we offer the following activities:

- Playgroup (o-5 Years)
- English lessons for adults
- Yoga for adults
- Sewing Session
- Coffee & Chat mornings
- Financial Counselling
- Cultural Celebrations



WHAT IS A COMMUNITY HUB?

We offer a warm and inviting environment where people from many cultures join together to connect, share and grow enabling us to strengthen our friendships and community bond.

## The Community Hub focuses on:

- English Language
- Early Years Development
- Informal Skill Training
- Family Support
- Health & Wellbeing
- Volunteer Engagement



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PH: 82649588

## **Community Hub Opening Hours**

Tuesday & Wednesday: 9.00am-3.00pm Thursday & Friday: 9.00 am—2.30 pm

Contact: SONEYA PH: 82649588

EMAIL:

Soneya.tonima316@schools.sa.edu.au



# Para Vista Primary School Community Hub Program Term 2 2021



### **Tuesday**

#### Coffee & Chat

Time: 9.00 am-9.30 am
Located in V8
We are keen to get to know you.
Come and join a chat with us.

## **English Lessons**

Time: 12.30 pm - 2.30 pm Located in V8

English Lessons based on conversational English is delivered to improve English language skills.



Beginner, Intermediate and Advanced level of participants are welcome to join.

Crèche Available.

## **Financial Counsellor at Hub**

Information, advice and advocacy will be provided for financial support

Date: **28**<sup>th</sup> **May 2021** and **18**<sup>th</sup> **June 2021**.

**Contact** Soneya to book a confidential one-one session

## Wednesday

## Yoga Lessons

Time: 11.20 am-12.20 pm Located in Hall/ OSHC

You are welcome to learn Yoga from a professional trainer. Bring your Children to enjoy the session together.



\*Bring your own Yoga Mat please.

Child Minding available

## **Wellbeing Counsellor at Hub**

Your wellbeing is important to us

Our **Professional Counsellor Michele McCrea** is available to offer confidential one-one sessions

**Contact** Soneya to book a session \*Funded by the State Government of South Australia

## **Thursday**

## Playgroup (0-5 Year)

Time: 9.00 am-10.30 am Located in Pre School

Parent and children can enjoy different indoor/outdoor activities & nature play in this session.



## **Sewing session**

Time: 1.00 pm - 2.30 pm Located in V8



We provide informal training regarding Sewing through this sesson. Sewing machines and materials will be provided.

Child Minding available

## **Friday**

#### Coffee & Chat

Time: 9.00 am-9.30 am

We are keen to get to know you. Come and join a chat with us.

### **Cultural Celebrations**

Community Hub celebrates festivals from different cultures. We are enthusiastic to know about your culture. Join us for the CELEBRATION.

## Community Hub Opening Hours

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