

Healthy Hearts, Healthy Homes

Families in Focus

A workshop which focuses on practical ways to improve relationships.

Topics covered include communication, conflict resolution, relationship repair and emotional safety. Suitable for individuals and couples. Run by Family Relationships Counsellors from AnglicareSA.

WHEN

Monday 18th September 6.30 to 9 pm

WHERE

Anglicare SA
Outer Southern Hub
111 Beach Road
Christies Beach 5165

- Supper provided however babysitting not provided
- Cost – Gold coin donation
- **ENQUIRIES and REGISTRATIONS** please contact Joy or Helen on 8186 8900

