



## **Parent's Building Solutions - Arabic Taster**

Are you tired of yelling? Do you want to better understand why kids behave the way they do? Do you want to help your children develop their emotional intelligence?

This single session will explore managing our own feelings, and understanding and responding to our children's feelings.

Open to Arabic speaking parents/carers of children of any age.

**DATE:** Wednesday 10th August

**TIME**: 10.00am - 12.00pm

WHERE: Broadmeadows Women's

**Community House** 

COST: This session is free of charge but registration is essential

For bookings and enquiries contact: Roba Elkadi on 03 9301 5273 or 0419 126 732. Or email: Roba.Elkadi@anglicarevic.org.au.







PARENTZONE

TOMORROWS