

LEARNING @ HOME TIPS

REMOTE LEARNING EACH DAY: CHECK EMAILS

HomeRoom:

Weekly year level Mass is available on the usual morning from 8:10am, and recorded for access all day long.

Go to your homeroom class page EVERY morning at 8:40.

Morning prayer, check newsfeed and email, connect with homeroom teacher.

Lessons:



Instructions for your lesson are on your class page.



Check for forum posts, videos or google meet communication with your teacher.



Submit attendance for each lesson.

YOUR DAY LOOKS LIKE THIS

Timetable

HomeRoom: 8:40 - 8:50
 Period 1: 8:50 - 9:40
 Period 2: 9:40 - 10:30
 Recess Break
 Period 3: 10:55 - 11:45
 Period 4: 11:45 - 12:35
 Lunch Break
 Period 5: 1:30 - 2:20
 Period 6: 2:20 - 3:10

Each Lesson

Access your online class and communicate with your teacher and fellow students. Complete activities, check progress, ask questions, seek feedback and stay engaged.

Check regularly for google meet or forum messages, video messages, newsfeed, email etc

Other Times

Check regularly for newsfeed or email messages from subject teachers or the College.

Complete homework and assignments.

Do some exercise - PE dept will give you ideas.

Keep Your Routine & Wellbeing



Teachers will expect you to be online during your normal timetabled lessons.

Communicate regularly with your teachers. Share what you are doing with your parents and family.

Try to keep to your regular home schedule including normal sleep.

Be mindful of your mental health. Take time for exercise, walks, relaxation, eat healthily, hydrate and stay in touch.



Set up Your Space



Laptop charged and connected. Comfortable chair, laptop screen raised to eye height at times if possible. Everything you need nearby.

Keep workspace separate from play space if possible. Workspace should be outside your bedroom if possible.