



World Environment Day - During June each year we have a new opportunity to learn about the environment and how we can contribute to a sustainable future for our planet.

The 3 R's - Reduce, Reuse, Recycle is a great way to learn and start a sustainable lifestyle with our children. There are great programs now for recycling soft plastics; Redcycle.net.au simplifies what can and can't be recycled. City of Onkaparinga

website has a comprehensive guide on what and where you can recycle your used goods. As for Reuse, there's the Waste Nott recycling store (currently closed but great to know for when it reopens), plus in SA you can recycle your used bottles and receive a refund - SA, leading the way!

For some fun tips and ideas to introduce young children to the joys of outdoor play and sustainable, green living, check out Australia's own dirtgirlworld on ABC Kids. A great program and online space that celebrates nature and empowers young children to do little things that make a big difference.



Recycled paper flower seed bombs - This is such a fun thing to do



all year round, depending on the seeds you use. (Check this guide from theseedcollection for the best seeds to sow in each season.)

For this activity, little hands can tear up pages of paper (not glossy/magazine), then add to a

bowl and top with warm water so the paper is all covered. Leave for 15 minutes and then place the paper in a blender, adding water to allow it to blitz until it becomes a pulp like consistency. Squeeze excess water from handfuls of pulp and add to a shaped silicone mould. Add a sprinkling of seeds and press into the pulp so the seeds are covered. Leave to dry for 24 hours. De-mould and have fun adding garden to beds or pots—you can even gift some to family or friends. A lovely hand made gift of nature. Head to HGTV to see more.



Q. What kind of tree fits in your hand?
A. A palm tree!



Source: Todd Parr