

*Would you like to:*

Have a  
really great  
relationship  
with your  
kids?

Understand  
why we do  
what we do as  
parents?

Understand  
what makes  
your kids tick?

*Then come and join us at the:*

## **'Bringing up Great Kids' Parenting Program**

- A 6 session program for parents/carers of children aged 2-11 years aimed to help you overcome some of the obstacles that can get in the way of being the parent you would like to be.
- Assists you to understand how parents and children communicate and ways that help build healthy and loving family relationships.
- Explores ways to take care of yourself and gain support when needed so that you can handle the challenge of parenting

**Starting:**

**26<sup>th</sup> October 2016 for 6 Wednesday evenings.**

**Time:**

**6.00pm to 8.00pm**

**At:**

**Nathalia Primary School Library  
5 Bromley St, Nathalia.**

**This is a free program.**

**Program is open to all members of the public**

**Bookings are essential as places are limited**

**To register or for further information contact Joanne at Primary Care Connect**

**Tel: 5823 3200**

*Brought to you by Hume Region Parent Education Service*