

# Careers Newsletter

## What is a Health Promotion Practitioner?



### What is a Health Promotion Practitioner?

Health promotion practitioners plan projects to improve the health of individuals and the community by providing teaching people to make informed health decisions; advocating for environmental changes to support health, and helping to develop policies that build healthier communities, workplaces and environments.

### What skills and strengths are needed?

- Good oral and written communication skills
- Good negotiation skills
- Able to relate to people from varied backgrounds
- Able to work independently or as part of a team

### What are the pathways?

You usually have to study health promotion or public health at university. Prerequisite subjects, or assumed knowledge may include English, mathematics, biology, chemistry and/or physics.

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***"The more that you read, the more things you will know. The more that you learn, the more places you'll go."***

— Dr. Seuss , Author & Cartoonist

# Harness Your Human Skills

***Your Human Skills are your secret to success because they help you adapt, seize opportunities, and stand out - making you flexible and future-proof!***

**What are Human Skills?** Whether you're navigating a group project at school or planning your weekend with friends, you're already using your Human Skills! They're the abilities that help you to connect with others, make decisions, overcome challenges, and adapt to new situations. Human Skills include:

- Communication and Collaboration
- Analytical and Critical Thinking
- Problem-solving
- Digital Literacy
- Adaptability and Resilience
- Customer Obsession

**Why are Human Skills Important?**

Not only do these skills help you navigate everyday life, employers are actively looking for them!

***Human Skills give you the versatility to excel in different roles and industries, no matter where life takes you.***

**Human Skills are special because they:**

- Are used in all jobs and can transfer between roles and workplaces.
- Differ from technical skills and personal qualities.
- Can't be replaced by technology, and will only become more important as technology evolves.
- Can be learned, developed, and improved.

**How?** The good news is you already have these skills – you just need to unlock their full potential and the **Career Tools Guide to Human Skills** helps show you how. Download your copy now.



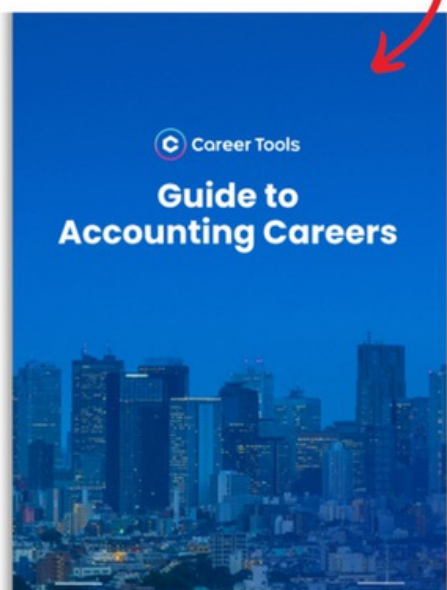
***Looking for a different way into your dream industry? Accounting opens the doors to following your passions.***

If you're passionate, interested in coming up with big-picture solutions and want to make a difference to people's lives, then pursuing a **career in accounting** could be exactly what you're looking for.

Accountants are responsible for helping people, organisations and businesses achieve their goals by analysing their performance and strategising a way forward.

If becoming a business and strategic expert sounds interesting to you, **Chartered Accountants ANZ** has put together a guide to help you plot your journey.

***Download your copy of our new guide to kickstart your career!***



**In this guide, you'll discover:**

- How your unique strengths and skills could make you a perfect fit for accounting.
- How accounting is super in-demand, with plenty of career opportunities for the future.
- The different types of accountants and how they bring different skills, interests and passions to the table.
- How accountants are using cutting-edge technology like automation and AI to streamline routine tasks and deliver better outcomes for everyone.
- What life is like as an accountant, including work-life balance, average income, transferable skills and exciting opportunities
- How accountants look beyond the dollars and cents to improve areas such as sustainability and social impacts.
- Some study areas and subjects you could take on to help start your journey towards becoming an accountant.





Australian  
National  
University

**TUCKWELL**  
Scholarship Program

*The most transformational undergraduate scholarship program in Australia ~ Scholars are selected on the basis of intellect, character, leadership and their commitment to Australia.*

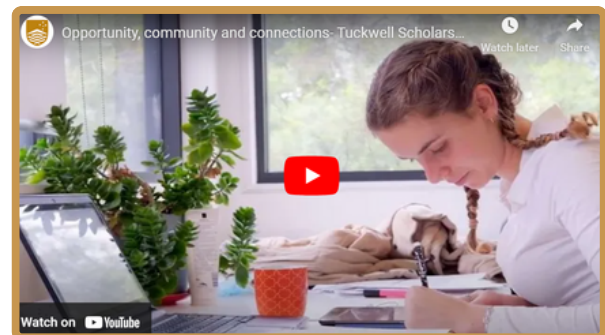
Every year, ANU offers 25 talented school-leavers the opportunity to fulfil their potential by actively participating in the very best that ANU has to offer.

ANU offers talented and motivated students the opportunity to realise their potential by providing financial support, personal enrichment and development opportunities. Most importantly, Scholars can connect with and learn from one another within a home on campus, Scholars House.

### **What's included?**

The scholarship is awarded for three to five years of undergraduate study at ANU, and is valued between \$76,000 - \$136,000 including:

- Financial support
- Leadership development & enrichment
- Mentoring & support
- Health & wellbeing
- Scholars House accommodation



### **Who can apply?**

ANU is looking for people who have done the best with what was available to them and have a clear sense of what their future should look like.

All eligible applicants are considered against four criteria:

1. Academic potential and achievements;
2. Other significant achievements of any type;
3. Demonstration of the Tuckwell Attributes; and
4. Connection and commitment to Australia.

### **Apply in 2025 to commence in 2026**

**Stage 1 - opens early March 2025 and**

**closes on 14 April 2025:** Provide your personal details and information on your academic and extra-curricular activities.



*If you're in Year 12 and want to apply to the the courses at the universities on this list, you must sit the UCAT this year.*

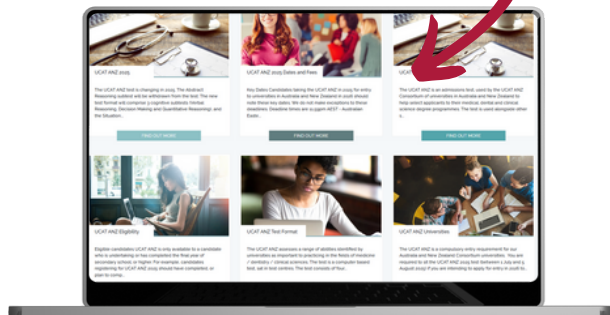
## What is the UCAT?

The University Clinical Aptitude Test (UCAT ANZ) is a computer-based test used by the UCAT ANZ some Australian and NZ universities for admission into their medical, dental and clinical science degree programmes. IT is used in alongside other admissions processes such as interviews and academic qualifications.

The test helps universities to select applicants with the most appropriate abilities and professional behaviours required for new doctors and dentists to be successful. It is

It is also an opportunity to stand out from other applicants and demonstrate your aptitude for a demanding programme of study.

Visit the website to learn more:



## Key dates

- BOOKING OPENS: 4 March 2025
- BOOKINGS CLOSE: 16 May 2025
- Testing begins: 1 July 2025
- Last testing date: 5 August 2025

See a [complete list of dates](#) for more.

## 2025 Changes

The UCAT ANZ test is changing in 2025. The Abstract Reasoning subtest will be withdrawn from the test. The new test format will comprise 3 cognitive subtests (Verbal Reasoning, Decision Making and Quantitative Reasoning), and the Situational Judgement Test.

## How should I prepare?

- Preparation materials for will be available in early March 2025.
- The Preparation Plan will be available in early March to create a personalised study plan.
- Familiarise yourself with test functionality by looking at the [Tour Tutorial](#).
- The [Question Tutorials](#) are really useful before you move onto the [Question Banks](#), and finally progress to the timed [Practice Tests](#) (available in March).
- Practise using the [onscreen calculator](#) and get used to the [timings of each section](#).
- Find out how [UCAT ANZ is scored](#).



BiG Day In events are for you if you're in Year 9-12. They give you the opportunity to explore careers in technology and gain insight into 'university life' so you can make better informed decisions about your future.

***Learn about courses, degrees, work experience, internships, apprenticeships and engage with hands-on demonstrations of awesome technology!***

You'll attend sessions covering career paths, career opportunities, the latest developments, and the future of technology. In the breaks, you'll visit exhibitor stands to speak with company and university representatives.

See highlights from previous years' events:



## 2025 Dates

### New South Wales

- University of Technology Sydney, Day1 18 March and Day 2 19 March
- University of Newcastle, 7 May
- Western Sydney University Paramatta, 28 May

### Northern Territory

- Hilton Darwin, 15 May

### Queensland

- Sunshine Coast, 5 March
- Brisbane, 3 June
- Gold Coast, 14 August

### South Australia

- University of Adelaide, 19 June

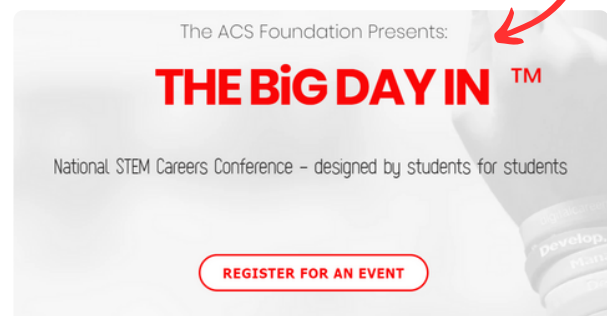
### Victoria

- RMIT Melbourne, 22 May

### Western Australia

- Edith Cowan University, 10 June

Click below to buy tickets (\$5-10)





***Express your creativity and solve real-world problems using technology!  
Registrations for 2025 are now open.***

### **What is it?**

The Young ICT Explorers (YICTE) non-profit competition encouraging you to use your imagination and explore how technology can address challenges and improve lives.

From developing better recycling solutions to supporting people with disabilities, creating virtual reality worlds, or designing advanced robots and operating systems, your project will be judged on four criteria:

- Creativity and Innovation
- Project Difficulty
- Quality and Completeness
- Presentation and Documentation

### **How do I register?**

Ask a teacher or parent to submit an Expression of Interest and create User Account on your behalf.

Your project must include a report outlining

- what was created,
- why it was created, and
- the technologies used.

### **Important dates**

The deadline for all project submissions is 31 July 2025.

[Visit the website](#) for more details, including how the competition works and to download the information pack.



## 2025 Sleek Geeks School Science Eureka Prize

Entries are open now! There is a prize pool of \$10,000, so aim high and dive deep to find a topic that speaks to you.

[Learn more and enter](#)

***The 2025 competition is now open!  
It's time for students with a knack  
for communicating, and budding  
filmmakers with an interest in  
science, to pull out their cameras.***

### **Sleek Geeks Science Eureka Prize**

Sponsored by the University of Sydney, the Sleek Geeks Science Eureka Prize encourages you to communicate a scientific concept in a way that is accessible and entertaining to the public while painlessly increasing their science knowledge or, as prize patrons Dr Karl and Adam Spencer like to say, "Learn something without even noticing".

It is intended to support budding young scientists across the nation, who will be our future leaders in research, discovery and communication.

### **The 2025 theme is 'above and below'**

This year's theme has been selected for its wide scope of interpretation. There are no right or wrong answers when it comes to selecting a topic, so get creative!

### **Prizes on offer**

- Primary school \$1,000 - \$2,000
- Secondary School \$1,500 - \$3,000

Prize money is divided equally between the winning student/s and their school.

Representatives from the finalist teams win a trip to Sydney for the Australian Museum Eureka Prizes Award Ceremony. Each finalist will also be awarded a share in vouchers from Abbey's Bookshop.

**Entries close 7pm AEST Monday 14 April 2025.**







*“For the children of Australia... the answer is to involve the creative energies of our children and our youth in a creative, concerned community.”*  
 — Gough Whitlam, 1972.

## About the What Matters? Writing Competition

Inspired by Gough Whitlam's commitment to involving young people in shaping Australia's future, the What Matters? writing competition is open to school students in years 5 to 12 from Australia. Responding to the simple question 'what matters?', entrants are free to express their views on any matter they care about.

Part writing exercise, part civics and citizenship activity, What Matters? is the perfect opportunity to raise your voice on issues that are important to you and know that your perspective is valuable, no matter your age, background or viewpoint.

Entries can be fiction, non-fiction, poetry or prose of up to 600 words, and submitted online.



## Prizes

You could win some amazing prizes for yourself and your schools by entering the Whitlam Institute's What Matters? Writing Competition. This includes virtual author visits, writing workshops, the opportunity to shadow political speechwriters and journalists, books and opportunities for your school, and of course, the major cash prize of \$1500.

