HEALTHY FRIENDSHIPS

LOOK LIKE...



Spending Time With Those Who Make You Feel Good



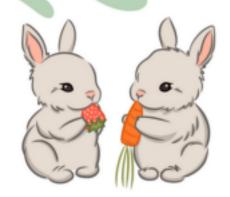
Saying "No Thank You" When It's Not Right For You Going Against The Group To Do What's Best For You



Taking Time For Yourself



Speaking Up When You Feel Uncomfortable



Liking Different Things Than Your Friends Do

