



Maximise your child's potential by equipping them with **problem solving & communication skills**

Empower them these holidays with skills for life!

HOLIDAY WORKSHOPS

Problem Solving & Communication

Grades 4 - 10



Small Classes & Specialist Skill Development

Individual Feedback & Support

Award-Winning Program led by a Uni Lecturer

2026 WINNER

Youth Education Initiative of the Year

Structured Problem Solving



Foundation Workshop: Students learn a structured, logical approach to defining problems, setting goals, uncovering root causes, and developing practical solutions.

Follow-On Workshop: Students strengthen their critical thinking and apply their skills to tackle meaningful, practical problems of their choice, both individually and in teams.

Participants Grades 4 - 6
Years 7 - 10

Dates July Holidays:
30/06 - 10/07
(timetable online)

Structured Communication



Foundation Workshop: Students learn to articulate key messages, structure their ideas, story-tell, and present in a concise, engaging, logical & compelling way.

Follow-On Workshops: Students can extend these skills in:
• **Conversing & Speaking Up**, and/or
• **Leading & Influencing**

Timing 10am - 3:30pm
(Book 1 or More Days)

Location Templestowe College

Our expert-led workshops blend explicit teaching with engaging, fun activities - supporting kids & teens to build a strategic **MINDset**, learn practical **FRAMEworks**, and **GROW confidence** and **essential skills** to navigate and thrive in school, extracurricular, social and everyday situations



"Amazing to see how much more confident & open my daughter has become"

"He said it was a real eye-opener to start thinking more critically about how to communicate."

"She's not as upset when things are not working out. instead she is ready to try again another way"

LIMITED SPOTS - Visit or contact us to learn more and book

www.mindframegrow.com/youth

0431 314 836

info@mindframegrow.com

