



# Navigating Puberty for Parents & Caregivers

Bendigo Community Health Services invites parents and caregivers to a puberty education evening to talk about:

- LGBTIQ+ information
- Changes in puberty (physical, emotional, social)
- Conception & pregnancy
- Consent
- Online safety & pornography

**Wednesday  
May 13**

 **7pm**

 **Online**

For more information or to register your attendance,  
scan the QR code.



[bchs.com.au](http://bchs.com.au)

