communities for children onkaparinga



Autumn Newsletter 2021

In this Edition

- CfC in the Community
- Children's Art Exhibition
- Upcoming School Holiday
 Activities
- Child Friendly Business Awards
- Update of CfC Activity kids & dads*
- Activity & Recipe
- March to May Activities Calendar







Autumn Newsletter 2021



Inside this Issue

- 2. CfC Message
- 3. CfC in the Community
- 4. CfC Community Partner Activities
- 5. CfC Community Partner Activities
- 6. CfC Community Partner School Activities
- 7. CfC Program Update: kids & dads*
- Children's Voices "Important to Me" Art
- 9. HIPPY Onkaparinga Children's Art Exhibition
- 10. Upcoming School Holiday Activities Child Friendly Business Awards
- 11. Recipe: Fruit Kebabs Activity: Join the Dots
- 12. National Families Week School Sports Vouchers
- 13. Helpful Apps or Websites for Families
- 14. What's On Central Onkaparinga
- 15. What's On Central Onkaparinga
- 16. What's On Southern Onkaparinga
- 17. March Calendar of Events
- 18. April Calendar of Events
- 19. May Calendar of Events
- 20. CfC Team Contact Details

Welcome to the Communities for Children Onkaparinga Autumn Newsletter.

It has been a busy start to the year and planning continues in regards to school holiday activities and events. We would love to hear suggestions from children and young people on what they would like to do during their breaks from school and routines this year. Email us or put them up on our facebook page.

Some of you will know that the CfC team were fortunate to have Kristen

work with us throughout 2020, you may have seen her out and about at some of our community events. Kristen amongst other things has coordinated our online activities throughout 2020 and we look forward to enjoying a Slime, Sherbet and Bubbles online activity during April school holidays.



Kristen has won another position within AnglicareSA after completing her traineeship, we wish her all the very best now and in the future.

We hope you enjoy reading this newsletter, it is loaded with information about upcoming activities and events both during the term and those currently being planned for the April School Holidays.

The Children's Voices Art is currently being collected within the community in readiness for the Art Exhibition in May. (details page 9)

Cast your vote now for the Child Friendly Business Awards, these businesses have been nominated by the community during 2020. We are seeking your votes for those nominated businesses who have created a space that is welcoming and supportive of children and families. (see page 10)



Keep an eye out for further information and nomination forms for the 2021 Children's Week Awards. National Children's Week will be held from 23 October to 31 October.

We look forward to seeing you all when we are out and about in the community, come and say "Hi" to us.

Are you connected.....

Communities for Children has a database specifically for community members to receive flyers and information for family fun days, children's activities and local events directly to your email. We will not pass on your details and you will not be sent spam or junk mail.

To register your interest, please send us an email at : cfc@anglicaresa.com.au

cfc in the community

cfc christmas Sewing Workshop - Virtual

Kids of all ages enjoyed creating their very own Christmas stocking and decoration at this fun and easy virtual activity we ran in December.

Family Event at Aldinga Beach Children's Centre

It was a pleasure to create nature crowns with the children and families at this event. The nature smells and feels were as delightful as the creations made!

cfc slime, sherbet & Bubbles - Virtual

We ran this popular activity in the January school holidays and had a blast. Who doesn't enjoy making and playing with slime, sherbet and bubbles in the comfort of your own home!

Pop up Playgroups

Local families enjoyed pop up playgroups in Morphett Vale & Reynella during the January holidays, as the CfC & HIPPY team joined with local agencies and children's centres. We brought along our giant games and provided some sparkly glitter art fun for both kids and adults alike!

Nature Play SA/HIPPY Day

A perfect day in nature. CfC joined with the HIPPY team and families for nature fun at Kuitpo Forest. With tepee making, nature masks & potions and a range of other nature related activities there was plenty of fun had by all.

Play Streets, Hackham west

Families in Vintners Walk enjoyed the opportunity to play and socialise in the street at this January street party organised by the locals of Hackham West as part of the City of Onkaparinga 'Play Streets' initiative.

Our Big Backyard (OBBY) at the Beach



A cloudy but wind free visit to the beach at Christies, was enjoyed by the families who participated in exploring all the treasures left behind by the latest high tide!



cfc Onkaparinga - community Partner Activities

Communities for Children (CfC) Onkaparinga fund many agencies to provide programs for children 0-12 and their families. We call these agencies our 'Community Partners' and these activities are free for children to attend.

Mobile Family Connections Centacare

Playgroup for children 0 - 5 offering play opportunities and ideas, family support, information about services and free events within your local community.

Join MFC on Facebook:

Mobile Family Connections playgroup - Onkaparinga

Sellicks Beach

Wednesdays, 10 to 11.30am Sellicks Community Hall, William Eatts Reserve, Riviera Rd

Seaford Meadows

Thursdays, 10 to 11.30am Nautical Circuit Reserve, Seaford Rd

<u>Noarlunga</u>

Thursdays, 1 to 2.30pm Ramsay Place, Colonnades

<u>Aldinga</u>

Fridays, 10 to 11.30am Symonds Reserve, Stewart Ave

*Playgroups are at alternative locations in inclement weather

For more information call Centacare on 8215 6310

Lego Design Group South Asperlutely Autsome

Lego Design sessions for children with Autism Spectrum Disorder (ASD) and their siblings.

Come along and show your creativity and meet others who enjoy Lego building.

Aldinga Beach

Saturdays fortnightly (odd weeks of term) 10.30am to 12pm

Register by calling Meg on 0422 407 855

The MIX

Asperlutely Autsome

Participants will share their areas of interest, take on the new and explore the old.

Encouraging kids aged 10 - 14 to share what matters to them and why; with their peers, parents and ASD specific mentors.

Wardli Youth Centre

Thursdays fortnightly (even weeks of term) 5 to 6.30pm

Register by calling Meg on 0422 407 855

Siblings in Focus Junction Australia

After school social group for 5 - 12 year old siblings of children with special needs, disabilities and / or chronic illness.

<u>Aldinga</u>

Wednesdays - fortnightly (odd weeks of term) 3.30 to 5pm Aldinga Community Centre

Seaford

Thursdays, 3.30 to 5pm Seaford Community Centre

<u>Hackham</u>

Fridays, 3.30 to 5pm Hackham Community Centre

School Holiday Programs

Aldinga, Hackham & Seaford Dates and time to be confirmed

For more information contact Tanya on 8392 3085 or 0439 800 785





cfc Onkaparinga - community Partner Activities

kids & dads* Uniting Communities

A group for children of all abilities and cultures aged 0 - 12 and their fathers / father-figures to engage in fun social activities supporting positive parenting and family relationships.

Aldinga Beach

Aldinga Beach Children's Centre Sundays - fortnightly 9.30 to 12pm

<u>Hackham</u>

Hackham Community Centre Wednesdays - weekly 3.30 to 5pm (school term)

<u>O'Sullivan Beach</u>

O'Sullivan Beach Children's Centre Tuesdays - weekly 9.30 to 11am (school term)

For more information contact Malcolm on 0437 232 124

kids & dads*

Circle of Security Program Uniting Communities

8 week parenting program for male caregivers.

Term 2 Hackham Community Centre Dates TBC

For more information contact Malcolm on 0437 232 124

KidStuff for Young Parents Metropolitan Youth Health

A program for young pregnant or parenting people under 25 years.

Gain information on health and wellbeing, have fun and learn while discovering creative ways to care for your child and yourself, plus lots of other cool stuff!

> 6 Week Program MYH, Christies Beach Free lunch provided!

<u>Term 1</u> Thursdays, 4 Feb to 11 March 10 to 12.30pm

<u>Term 2</u> Thursdays, May to June 10 to 12.30pm

For information or to book call Anna on 8326 6053

Stage Sparks Carclew

Free performance workshops in theatre, dance, singing or circus suitable for curious beginners and aspiring artists.8 week program in Term 2.

Please check <u>www.carclew.com.au/Program/</u> <u>stage-sparks</u> for workshop information and to join the mailing list.

> Contact Tess Syme tsyme@carclew.org.au

The Garden Program Relationships Australia SA

An infant/toddler group for children 0 - 4 years and their parent/s.

An opportunity to share positive experiences and sensory exploration activities through play, music and movement to support the relationship between you and your child.

Term 2, 2021

Hackham West Children's Centre Dad focused program 8 weekly sessions, dates and time to be advised

For more information and to book, contact Kerryn Roberts on 8245 8100

Keep an eye out for school holiday activities sent through the database and CfC Facebook group!



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cfc - community Partner School Activities

These Communities for Children (CfC) Community Partner Activities are delivered in local schools. If you would like to see these programs delivered in your school, please contact the numbers listed below.



YWCA Australia

Every Girl provides girls with the opportunity to develop their own leadership identity to achieve societal transformation in a way that is relevant to their lives.

> For more information contact Lisa on 8203 9400



Respect, Communicate, Choose YWCA Australia

Respect, Communicate, Choose is designed to support children to develop safe and respectful relationships.

For more information contact Lisa on 8203 9400



Malpa

Young Doctors is a health leadership program, which trains Aboriginal and non-Aboriginal children to be health ambassadors in their communities.

For more information contact Deborah on 0414 329 015



The Still Minds Program Healing Psychology

The Still Minds program increases resilience and emotional empowerment of children who participate in it.

Increases the students abilities to relax, make friends, meditate, manage their feelings, think positively, be happier and be more grateful.

> For more information contact Allie on 0402 158 108



Boyz Biz The Smith Family

Boyz Biz is an after school mentor support program providing opportunities for boys aged 8 - 12 to participate in a range of recreation and leisure experiences in a supportive environment.

For more information contact The Smith Family on 0466 947 113





Community Partner Update

kids & dads*

Free activity for children age 0-12 and the significant man in their life, to enjoy fun activities together, learn new skills and build relationships.

Now in its fourth year, kids&dads* recently asked its participants what they valued most about coming along. Sure they enjoyed the free activities, felt supported by the facilitators, and loved the generous host venues and their resources, but valued most was the opportunity to spend time with their children, followed closely by getting to know other male caregivers.

Activity groups operate in O'Sullivan Beach, Hackham and Aldinga Beach. Whenever possible we love to spend time outdoors. And while we often have projects on the go and age appropriate activities to try out, we love to see children develop and explore their own ideas and have their male caregivers follow their lead.

From 2020, we launched the new "kids&dads* in kindy" program. This is an opportunity for children to show off their kindy/childcare to the significant males in their lives. Our first event was a great night of fun seeing the men entering into the world of their child, create a hand print memento together, meet informally with some of the staff and enjoy dinner; some pop tops and an iced coffee or two (for the adults!). A couple of weeks prior, our facilitators supported the children to send home a simple, personalised invitation. We are looking for a few more sites to connect with in 2021 – interested kindy directors please get in quick!

Every term kids&dads* also delivers the 8 week "Circle of Security Parenting Program" exclusively to male caregivers. Places are limited, bookings are essential.

To enquire further about either the new "kids&dads* in kindy" sessions, "Circle of Security Parenting for Male Caregivers" or the kids&dads* activity sessions, please call Malcolm on 0437 232 124 or email malcolmd@unitingcommunities.org

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or children







children's Voices - "Important to Me" Art

U.N Convention on the Rights of the Child - Article 13 in child friendly language

You have the right to find out things and share what you think with others, by talking, drawing, writing or in any other way unless it harms or offends other people.



HIPPY Onkaparinga

Do you have a child turning 4 in 2021?

The Home Interaction Program for Parents and Youngsters (HIPPY) is a free,

two-year, home-based early learning and parenting program for families with young children starting Kindergarten.

HIPPY engages you and your child in fun, play-based. 'everywhere learning' activities that support a successful transition to school.

'Everywhere learning' brings learning to everyday routines giving opportunity for children to develop skills in different contexts. Counting and number recognition can be done while getting ready for dinner as easily as at the supermarket, folding washing or looking at road signs.

With HIPPY learning is happening all the time.







Onkaparinga

For more information please contact 8186 8942 or 0429 219 206 Steph Ashby, HIPPY Onkaparinga

 The Home Interaction Program for Parents and Youngsters is funded by the Australian Government through the Department of Social Services. The Brotherhood of St Laurence holds the licence to operate HIPPY in Australia.



children's Art Exhibition

Fun Activities	You are invited to the Communities for Children Onkaparinga
ander steendere der sie oorgenende	
Face Painting	Important to me
	Children's Art Exhibition
Glitter Tattoos	Join us for a fun family friendly event to view the children's artwork and learn about what is important to them.
and the state of the second	Where: Woodcroft Library
Giant Games	When: Sunday 16 th May 2021, 1:00 to 4:00pm
	Vote for your favourite piece of art for their chance to feature in the state-wide "Creative Kids 2022 Family Calendar".
Badge Making	Note: you will be notified prior to printing if your child's picture is selected to be published in the calendar.
And more	communities for children onkaparinga ANGLICARESA
a second second second	Communities for Children is funded by the Australian Government Department of Social Services

Upcoming CFC School Holiday Activities

Making and Decorating Cupcakes

Join us to learn how to make, bake and decorate cupcakes these April School Holidays. More information to come. Bookings Essential.

Slime, Sherbet & Bubbles

Online, Thursday 15 April Join us to create gigantic bubbles, make tasty sherbet, and make some gross slime! Bookings Essential.

Nature & Art at the park

Wednesday 21st April Join us to explore a fun nature space and create art for the 2021 CfC "What's Important to Me?" children's art exhibition.



Facebook page with more information. Bookings are essential and

children must be accompanied by an adult for all activities.

child Friendly Business Awards

CFC Child Friendly Business Awards 2021 - Something a bit different...

Last year, you, our wonderful local families nominated businesses for the CfC 2020 Child Friendly Business Awards, but with circumstances as they were last year, these businesses never had their moment in the spotlight.

Community Vote!

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for children

This year we have decided to do our Child Friendly Business Awards a bit differently. We are asking families to vote for your favourite Child Friendly business from those businesses that were nominated last year.

You can vote for more than one business. Click on the link or scan the QR code to vote. Voting closes Sun 11 April.

https://www.surveylegend.com/s/324k









Fruit Kebabs with Yoghurt

Recipe and images adapted and taken from: <u>https://www.kidspot.com.au/kitchen/recipes/fruit-kebabs-yoghurt-dip</u>. Safety first: Please supervise children with skewers.

Ingredients:

- 1 cup diced pineapple
- 1/2 cup blueberries
- 1 punnet strawberries
- 2 peeled and diced oranges
- 120g yoghurt of your choice



what to do:

- Using the bamboo skewers, thread the pieces of fruit on in your preferred order.
- Put yoghurt into a dipping dish.
- Enjoy!

Pro-tip:

• You can try adding all kinds of different fruits. Get creative and try watermelon, apple, rockmelon or even banana!



Join the Dots

Resource from: <u>https://www.freepik.com</u>

Join the dots activities are a great way to teach basic maths skills such as counting and putting numbers into order.

They are also a great way to improve fine motor skills and strengthening hand-eye coordination.

Once you have finished joining the dots, why not decorate by colouring in, using glitter, gluing coloured paper or tin foil, the possibilities are end less.

We would love to see your creations posted on our Facebook page 'Communities for Children Onkaparinga'.



National Families Week

National Families Week this year is between 15 and 21 May. The theme is "Stronger Families - Stronger Communities".

The aim of National Families Week is to celebrate the vital role that families play in Australian society.

National Families Week is a time to celebrate with your family, make contact with your extended family and friends, and share in the enjoyment of family activities within the wider community. It is a time to celebrate the meaning of family and to make the most of family life.

Let's take the time to reflect on the critical role that families play in teaching, supporting and nurturing children especially as they grow.

For more information about National Families Week and how you can get involved, visit the website at :<u>https://nfw.org.au</u>

STRONGER FAMILIES STRONGER COMMUNITIES

National Families Week 15 - 21 May

School Sports Voucher

The sports voucher program is a Government of South Australia initiative administered by the Office for Recreation, Sport and Racing.

The program provides an opportunity for primary school aged children from Reception to Year 7 to receive up to a \$100 discount on sports or dance membership / registration fees and learn to swim programs.

For more information including which sporting clubs are eligible and to download a 2021 Sports Voucher, head to the website:

		100 VOUCHER NE VOUCHER FOR EVERY IMARY SCHOOL AGED CHILD R CALENDAR YEAR	••• Game On Green hard A search a been
	My child is att	tending or is eligible to attend primary	school (Years R-7) in 2021: Y N
Child first name:		Family name:	
Child date of birth:	,	Gender: M F	
Medicare number:		Ref. no. OR Australian visa r	number:
Suburb:	Postcode:	Member of a sport/dance	e group prior to using voucher:
Parent/Guardian first name:		Family name:	
Contact number:		I confirm my child has not already claim	med a voucher in 2021:
Parent/Guardian Email:	may be cent to the above ema	ail address (assuming it is correct) advising the au	therisation of the wourber used for your child
Government of Sou Office for Recreation, Sp	th Australia ort and Racing Redemption	an address (assuming is is cuffield, moving one or inted at an approved Sports Voucher provider. To find (portrouchers a goviau). Not redeemable for cash, i value not to exceed \$100.00. In presenting this yout formation with the Office for Reversion, Sport and Rac	your nearest provider or for more information please only a reduction to membership/registration fees her I give permission to the Sports Voucher provider to

www.sportsvoucher.sa.gov.au

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Helpful Apps or websites for Families



iBobbly

A Social and Emotional Wellbeing app for Aboriginal and Torres Strait Islander Australians aged 15 years and over.

iBobby is completely private and confidential and it's free. It helps by showing you ways to manage your thoughts and feelings, set goals and focus on what is important in your life.



Child360

The Child360 app has been designed as a tool for parents to reflect on how they are going in supporting their children's social and emotional wellbeing and identify areas where action can be taken to strengthen resilience.



Triple Zero Kids Challenge

Kids will learn about how to deal confidently with and get help in an emergency, by playing games and solving problems. They'll learn about safety messages and hear what happens when you call Triple Zero (000). Along the way they will meet the "Zeros" as they are guided step by step through the game.



Ask Izzy

Ask Izzy is a website that connects people in need with housing, a meal, money help, family violence support, counselling and much more. https://askizzy.org.au/

Disability Support guide

Disability Support Guide

Information and support for people living with disability in Australia. An information resource empowering people with a disability and their families to make informed support decisions. https://www.disabilitysupportguide.com.au/



what's On... Central Onkaparinga

O'Sullivan Beach Children's Centre

Tel: 8382 2850 Tuesdays

kids & dads*

9.30 to 11am Ages 0 - 5 and the significant man in their life (See pg.5) Call Malcolm 0437 232 124

MyTime 12.15 to 2.15pm Crèche provided Call Sally Louise 0466 488 308

Wednesdays

Learning Together Playgroup 9.30 to 11am, Ages 0-4 Call Elise 0423 024 089

> **CaFHS Clinic** 9am to 12pm Call 1300 733 606

Fridays monthly

Australian Breast-feeding Support Group Call Michelle 0403 451 259

Wardli Youth Centre Christie Downs Tel: 8186 5133

Tuesdays The Arvo Club 3.30 to 5pm, Ages 8 - 14yrs

Wednesdays Boys Zone

4 to 5.30pm, Ages 10 - 16yrs

Fridays monthly

Girl Squad 6 to 8pm, Ages 8 - 14yrs



Taikurrendi Children and Family Centre Tel: 8186 1102

Mondays

Play and Move Playgroup with Speech Pathologist 9.30 to 11am

<u>Tuesdays</u>

CaFHS Clinic, Appointments Only 9 to 12pm Call 1300 733 606

<u>Wednesdays</u>

Baby Playgroup with Occupational Therapist 1 to 2pm

Occupational Therapist appointments with Bec To book, Call 8186 1102

Thursdays

Speech Pathologist appointments with Tara To book, Call 8186 1102

Grandparents Village (monthly) 10 to 12pm 18th Mar, 20th May

Fridays

Tauondi Aboriginal College -Career Development and Mentoring with Kath Bullock 12 to 4pm Call 0423 918 092

AnglicareSA Tel: 8186 8900 Wednesday 24 March

Be Kind and Unwind AnglicareSA Outer Southern Hub 111 Beach Road, Christies Beach 9.30 to 2.30pm Gold coin donation, lunch provided, Bookings Essential

Woodcroft Library Tel: 3834 0050

Bookings Essential via Eventbrite

<u>Tuesdays</u>

Toddlertime 10 to 11am, Ages 18mo - 3yrs

<u>Wednesdays</u>

Babytime 2 to 3pm, Ages 0 - 18mo

<u>Thursdays</u>

Storytime 10 to 11am, Ages 3 - 5yrs

Kindness Project

Using art, we will explore what kindness means to you and look at ways to build our kindness capacity. These sessions are designed for upper primary aged children and their caregiver to work together.

> Bookings Essential Wednesday 24th March Sunday 28th March Tuesday 13th March

Noarlunga Library Tel: 8384 0655

Tuesdays Noarlunga MakerLab: Code and Create

for kids who love coding, robots, gadgets and games. 4pm to 5pm, Ages 8+ Bookings Essential

Learning Together Christie Downs Tel: 8382 5950 Fridays

Learning Together Playgroup

9.30 to 11am



what's On... Central Onkaparinga

Hackham Community Centre (Junction Aust)

Tel: 8392 3080 Mondays

Japanese Playgroup 9.30 to 11.30am

> Playgroup Plus 12.30 to 2.30pm

<u>Tuesdays</u>

Playgroup 9.30 to 11am

Free Crèche 12 to 2pm

Oz Harvest Free Groceries Tuesday after 2pm

<u>Wednesdays</u>

Free Crèche 9.30 to 2.30pm

Mental Health Support Group (Neami) 12.30pm to 2.30pm

> kids & dads* (See pg.5) 3.30 to 5pm

<u>Thursdays</u>

Supported Playgroup 9.30 to 11am

> Free Crèche 12 to 2pm

<u>Fridays</u>

Supported Playgroup (young parents 15 - 25yrs) 10 to 11am, Ages 0 - 5

Sing & Group (young parents 15 - 25yrs) 11am to 12pm, Ages 0 - 5

Siblings in Focus 3.30 to 5pm, (See pg.4)

Hackham West Community Centre Tel: 8384 1065

Mondays Move 'n' Play Monday 9.45 to 11.15am Fruit is available to take home Gold coin donations (If possible)

Families Together after school program for Aboriginal & Torres Strait Islander families 3.30 to 5.30pm (fortnightly) Call Ross

<u>Tuesdays</u>

Tots Tuesday (Baby Playgroup) 10 to 11.15am

<u>Thursdays</u>

Multi-cultural Playgroup 9.30 to 11.15am All Welcome Fruit is available to take home in the Heart's Crèche Space

Woodcroft Morphett Vale Neighbourhood Centre

Tel: 8384 0070

<u>Mondays</u>

Community Playgroup 10 to 11am or 12.30 to 2.30pm \$3 per child

Wednesdays

Community Playgroup 10 to 11am or 12.30 to 2.30pm \$3 per child

> PALS Kids Club 3.30 to 5.30pm Gold coin donation

Saturdays fortnightly

Dungeons, Dragons and Dice 1 to 6pm, \$5 all welcome

Hackham West Children's Centre Tel: 8382 6161

Bookings Essential for all programs

<u>Mondays</u>

Learning Together Sing & Move 10 to 10.45am

Tuesdays

MyTime 10.15 to 12pm Free crèche, bookings required

Wednesdays

Womens Networking

9.30 to 11.30am Free crèche, bookings required

<u>Fridays</u>

Building Coping Skills Date and Time TBC Free crèche, bookings required

Saturdays

Saturday Family Playgroup 10 to 11.30am

Expression of Interest

Please call to register your interest for the following programs The Garden Coffee and Chat playgroup Lullaby Project Walking on Eggshells





what's On... Southern Onkaparinga

Aldinga Community Centre Tel: 8556 5940 Mondays

Playgroup in the Garden 10.30 to 11.30am

Thursdays

PALS (Participate & Learn Skills) 3.30 to 5pm Bookings Essential

Aldinga Library Tel: 8384 0022

Bookings Essential via Eventbrite

<u>Mondays</u>

Sensory-Friendly Storytime 10 to 11am

Wednesdays Storytime 10 to 10.45am, Ages 3 - 5yrs

Fridays Babytime 10 to 10.45am, Ages 0 - 18mo

Seaford Meadows Junction Australia Tel: 8392 3080

Bookings Essential via email: <u>charvey@junctionaustralia.org.au</u>

Mondays

Nature Playgroup 9.30 to 11am Seaford Meadows Scout Hall

Tuesdays

Toddler Yoga 10 to 10.30am, Ages 2 - 5 Seaford House Green Leaves Child Care

Kids Yoga 4 to 4.30pm, Ages 5 - 10 Seaford House Green Leaves Child Care

Seaford Community Centre

Tel: 8386 3319 Bookings Essential for all programs

Mondays PALS

(Participate & Learn Skills) 3.15 to 4.45pm

Wednesdays

Playgroup 9.30 to 11.30am or 12 to 2pm \$4 per family during school term

Fridays

Playgroup 9.30 to 11.30am \$4 per family during school term

Seaford Library Tel: 8384 0044

Bookings Essential via Eventbrite

Mondays Toddlertime 10.30 to 11am, Ages 18mo - 3yrs

Tuesdays Babytime 10.30 to 11am, Ages 0 - 18mo

Chess and Checkers Club 3.30 to 4.45pm, Ages 8+yrs

Wednesdays Storytime 10 to 11am, Ages 3 - 5yrs

Children's Book Groups

Story Squad Ages 9 - 12yrs Book Munchers Ages 5 - 8yrs

<u>April Holidays</u>

We will be hosting a range of activities over the holidays with the Theme "Medieval Madness" Details and booking information can be found on the Onkaparinga Libraries website.

Studio 20 Aldinga Shopping Centre

Tel: 8557 7555

<u>Tuesdays</u>

Boyz Space 4.30 to 6pm, Ages 10 - 16yrs

Thursdays

Girls Hangout 4.30 to 6pm, Ages 10 - 16yrs

Aldinga Beach Children's Centre Tel: 8557 6208

<u>Mondays</u>

Tea and Tinkering 9.15 to 11am

CaFHS Clinic (by apt. only) Call 1300 733 606

MyTime 12.30 to 2.30pm Free crèche. Bookings required

Tuesdays Playgroup 9.30 to 11am. Bookings required

Traini. Bookinge rot

Wednesdays Learning Together at Home Playgroup 9.15 to 11am

Thursdays

CaFHS Clinic (by apt. only) 9.30 to 11.30am Call 1300 733 606

> Immunisation Clinic 9.30 to 11.30am

Saturdays (fortnightly)

Asperlutely Autsome Lego Club 10.30 to 12pm (See pg.4)

Sundays (fortnightly) kids & dads*

9.30 to 12pm (See pg.5)





March 2021

MON	TUE	WED	THU	FRI	SAT	SUN
1 Zero Discrimination Day CaFHS Clinic pg16 Move 'n' Play pg15 Nature Playgroup pg16 PALS pg16 Playgroups pg15,16 Play 'n' Move pg14 Sing & Move pg14 Sing & Move pg15 Storytime pg16 Tea & Tinkering pg16 Toddlertime pg16	2 kids & dads* pg5 Babytime pg16 Boyz Space pg16 CaFHS Clinic pg14 Chess & Checkers p16 MakerLab pg14 MyTime pg14, 15 Playgroups pg15,16 The Arvo Club pg14 Toddlertime pg14 Yoga pg16	3 MFC Playgroup pg4 kids & dads* pg5 Babytime pg14 Boys Zone pg14 CaFHS Clinic pg14 PALS pg15 Playgroups pg14, 15, 16 Storytime pg16	4 MFC Playgroup pg4 The Mix pg4 Kidstuff pg5 Siblings in Focus pg4 The Mix pg5 CaFHS & Immunisation Clinic pg16 Girls Hangout pg16 PALS pg16 Playgroups pg15 Storytime pg14	5 MFC Playgroup pg4 Siblings in Focus pg4 Babytime pg16 Playgroups pg14,15,16 Sing & Group pg15 CfC Movie Niight	6 Dungeons, Dragons & Dice pg11 Saturday Family Playgroup pg15	7
8 Adelaide Cup Public Holiday International Women's Day	9 kids & dads* pg5 Babytime pg16 Boyz Space pg16 CaFHS Clinic pg14 Chess & Checkers p16 MakerLab pg14 MyTime pg14,15 The Arvo Club pg14 Toddlertime pg14 Playgroups pg15,16 Yoga pg16	10 MFC Playgroup pg4 Siblings in Focus pg4 kids & dads* pg5 Babytime pg14 Boys Zone pg14 CaFHS Clinic pg14 PALS pg15 Playgroups pg14,15,16 Storytime pg16	11 MFC Playgroup pg4 Kidstuff pg5 Siblings in Focus pg4 CaFHS & Immunisation Clinic pg16 Girls Hangout pg16 PALS pg16 Playgroups pg15 Storytime pg14	12 MFC Playgroup pg4 Siblings in Focus pg4 Babytime pg16 Playgroups p14,15,16 Sing & Group pg15	13 Lego Design pg4 Saturday Family Playgroup pg11	14 kids & dads* pg5
15 CaFHS Clinic pg16 MyTime pg16 Move 'n' Play pg15 Nature Playgroup pg16 PALS pg16 Playgroups pg15,16 Play 'n' Move pg14 Sing & Move pg15 Storytime pg16 Tea & Tinkering pg16 Toddlertime pg16	16 kids & dads* pg5 Babytime pg16 Boyz Space pg16 CaFHS Clinic pg14 Chess & Checkers p16 MakerLab pg14 MyTime pg14, 15 Playgroups pg15,16 The Arvo Club pg14 Toddlertime pg14 Yoga pg16	17 MFC Playgroup pg4 kids & dads* pg5 Babytime pg14 Boys Zone pg14 CaFHS Clinic pg14 PALS pg15 Playgroups pg14,15,16 Storytime pg16	18 National Close the Gap MFC Playgroup pg4 The Mix pg4 Siblings in Focus pg4 The Mix pg5 CaFHS & Immunisation Clinic pg16 Girls Hangout pg16 PALS pg16 Playgroups pg15 Storytime pg14 G'Parent Village pg14	19 National Day of Action Against Bullying & Violence MFC Playgroup pg4 Siblings in Focus pg4 Babytime pg16 Playgroups pg14,15,16 Sing & Group pg15	20 Harmony Day Dungeons, Dragons & Dice pg11 Saturday Family Playgroup pg15 HARMONY DAY	21 World Down Syndrome Day
22 CaFHS Clinic pg16 MyTime pg16 Move 'n' Play pg15 Nature Playgroup pg16 PALS pg16 Playgroups pg15,16 Play 'n' Move pg14 Sing & Move pg15 Storytime pg16 Tea & Tinkering pg16 Toddlertime pg16	23 kids & dads* pg5 Babytime pg16 Boyz Space pg16 CaFHS Clinic pg14 Chess & Checkers p16 MakerLab pg14 MyTime pg14,15 The Arvo Club pg14 Toddlertime pg14 Playgroups pg15,16 Yoga pg16	24 MFC Playgroup pg4 Siblings in Focus pg4 kids & dads* pg5 Babytime pg14 Boys Zone pg14 CaFHS Clinic pg14 PALS pg15 Playgroups pg14,15,16 Storytime pg16 Be Kind & Unwind pg14	25 MFC Playgroup pg4 Siblings in Focus pg4 CaFHS & Immunisation Clinic pg16 Girls Hangout pg16 PALS pg16 Playgroups pg15 Storytime pg14	26 MFC Playgroup pg4 Siblings in Focus pg4 Babytime pg16 Playgroups p14,15,16 Sing & Group pg15	27 Lego Design pg4 Saturday Family Playgroup pg11	28 Neighbour Day kids & dads* pg5
29 CaFHS Clinic pg16 MyTime pg16 Move 'n' Play pg15 Nature Playgroup pg16 PALS pg16 Playgroups pg15,16 Play 'n' Move pg14 Sing & Move pg15 Storytime pg16 Tea & Tinkering pg16 Toddlertime pg16	30 kids & dads* pg5 Babytime pg16 Boyz Space pg16 CaFHS Clinic pg14 Chess & Checkers p16 MakerLab pg14 MyTime pg14, 15 Playgroups pg15,16 The Arvo Club pg14 Toddlertime pg14 Yoga pg16	31 MFC Playgroup pg4 kids & dads* pg5 Babytime pg14 Boys Zone pg14 CaFHS Clinic pg14 PALS pg15 Playgroups pg14,15,16 Storytime pg16		for child onkapa	ren	a contraction of the second se

April 2021

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	for chil onkap	dren aringa	1 MFC Playgroup pg4 The Mix pg4 Siblings in Focus pg4 The Mix pg5 CaFHS & Immunisation Clinic pg16 Girls Hangout pg16 PALS pg16 Playgroups pg15 Storytime pg14	2 Good Friday World Autism Awareness Day	3 Easter Saturday	4 Caster Sunday
5 ∉aster Monday	6 kids & dads* pg5 Babytime pg16 Boyz Space pg16 CaFHS Clinic pg14 Chess & Checkers p16 MakerLab pg14 MyTime pg14,15 The Arvo Club pg14 Toddlertime pg14 Playgroups pg15,16 Yoga pg16	7 world Health Day MFC Playgroup pg4 Siblings in Focus pg4 kids & dads* pg5 Babytime pg14 Boys Zone pg14 CaFHS Clinic pg14 PALS pg15 Playgroups pg14,15,16 Storytime pg16	8 MFC Playgroup pg4 Siblings in Focus pg4 CaFHS & Immunisation Clinic pg16 Girls Hangout pg16 PALS pg16 Playgroups pg15 Storytime pg14	9 Term 1 Ends MFC Playgroup pg4 Siblings in Focus pg4 Babytime pg16 Playgroups p14,15,16 Sing & Group pg15	10 Siblings Day Lego Design pg4 Saturday Family Playgroup pg11	11 kids & dads* pg5
12	holiday ac hit your i	14 for the school tivity flyers to nbox with more prmation.	15 CFC School Holiday Activity Slime Sherbet Bubbles See page 10	16 Nature Play Week 14 - 25 April	17 Dungeons, Dragons & Dice pg11	18
		School	Holidays 10 - 2			
19	20	21 CFC School Holiday Activity Art in the park See page 10	22	23	24	25 Anzac Day
			Youth Week 17—26 April			
	1	l	Nature Play week 14 - 25 April	1 A myth	1	
			Holidays 10 - 20			
26 Anzac Day Observation	27 Term 2 starts kids & dads* pg5 Babytime pg16 Boyz Space pg16 CaFHS Clinic pg14 Chess & Checkers p16 MakerLab pg14 MyTime pg14, 15 Playgroups pg15,16 The Arvo Club pg14 Toddlertime pg14 Yoga pg16	28 MFC Playgroup pg4 kids & dads* pg5 Babytime pg14 Boys Zone pg14 CaFHS Clinic pg14 PALS pg15 Playgroups pg14,15,16 Storytime pg16	29 Kidstuff pg5 MFC Playgroup pg4 Siblings in Focus pg4 The Mix pg5 CaFHS & Immunisation Clinic pg16 Girls Hangout pg16 PALS pg16 Playgroups pg15 Storytime pg14	30 MFC Playgroup pg4 Siblings in Focus pg4 Babytime pg16 Playgroups pg14,15,16 Sing & Group pg15		

May 2021

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CaFHS Clinic pg16 MvFC Playgroup pg4 MyTime pg16 Nature Playgroup pg15 Playgroups pg15,16 Playgroups pg15,16 Playgroups pg16 Storytime pg16 Tea & Tinkering pg16 Tea & Tinkering pg16 Toddletime pg14 Palls pg16 Ta & Tinkering pg16 Toddletime pg14 Palls pg16 Tea & Tinkering pg16 Toddletime pg14 Palls pg16 Playgroups pg15,16 Tea & Tinkering pg16 Toddletime pg14 Palls pg16 Palls pg16 Palls pg16 Toddletime pg14 Palls pg16 Palls pg16 Toddletime pg14 Palls pg16 Palls pg16 Palls pg16 Toddletime pg14 Palls pg16 Palls pg16 Palls pg16 Toddletime pg14 Toddletime pg14 Toddletime pg14 Palls pg16 Palls p	MyTime pg16 Move 'n' Play pg15 Nature Playgroup pg16 PLAS pg16 Playgroups pg15,16 Play 'n' Move pg14 Sing & Move pg15 Storytime pg16 Tea & Tinkering pg16	Babytime pg16 Boyz Space pg16 CaFHS Clinic pg14 Chess & Checkers p16 MakerLab pg14 MyTime pg14,15 The Arvo Club pg14 Toddlertime pg14 Playgroups pg15,16	MFC Playgroup pg4 Siblings in Focus pg4 kids & dads* pg5 Babytime pg14 Boys Zone pg14 CaFHS Clinic pg14 PALS pg15 Playgroups pg14,15,16	MFC Playgroup pg4 Kidstuff pg5 The Mix pg4 Siblings in Focus pg4 CaFHS & Immunisation Clinic pg16 Girls Hangout pg16 PALS pg16 Playgroups pg15	Siblings in Focus pg4 Babytime pg16 Playgroups p14, 15, 16	Saturday Family	
CaFHS Clinic pg16 MyTime pg16 Now 'n' Play pg15 Toddlertime pg16 Playroups pg15,16 Toddlertime pg16kids & dads* pg5 Babytime pg16 CaFHS Clinic pg14 Chess & Checkers pf16 Diagroups pg15,16 Yoga pg16MFC Playgroup pg4 Siblings in Focus pg4 Distrigg in Focus pg4 Babytime pg16 Distrigg in Focus pg4 CaFHS Clinic pg14 Playroups pg15,16 Yoga pg16MFC Playgroup pg4 Siblings in Focus pg4 CaFHS Clinic pg14 Playroups pg15,16 Playroups pg15,16 Yoga pg16MFC Playgroup pg4 Siblings in Focus pg4 CaFHS Clinic pg14 Playroups pg15,16 Yoga pg16MFC Playgroup pg4 Siblings in Focus pg4 CaFHS Clinic pg14 Playroups pg15,16 Playroups pg15,16 Yoga pg16MFC Playgroup pg4 Siblings in Focus pg4 CaFHS Clinic pg14 Playroups pg15,16 Playroups pg15,16 Playroups pg15,16 Yoga pg16MFC Playgroup pg4 Siblings in Focus pg4 CaFHS Clinic pg14 Playroups pg15,16 Playroups pg15,16 Playroups pg15,16 Yoga pg16MFC Playgroup pg4 Storytime pg16 Playroups pg15,16 Playroups pg14,15,16 Playroups pg14,15,16 Playroups pg14,15,16 Playroups pg14,15,16 Playroups pg14,15,16 Playroups pg14,15,16 Playroups pg14,15,	CaFHS Clinic pg16 MyTime pg16 Move 'n' Play pg15 Nature Playgroup pg16 PALS pg16 Playgroups pg15,16 Play 'n' Move pg14 Sing & Move pg15 Storytime pg16 Tea & Tinkering pg16	kids & dads* pg5 Babytime pg16 Boyz Space pg16 CaFHS Clinic pg14 Chess & Checkers p16 MakerLab pg14 MyTime pg14, 15 Playgroups pg15,16 The Arvo Club pg14 Toddlertime pg14	MFC Playgroup pg4 kids & dads* pg5 Babytime pg14 Boys Zone pg14 CaFHS Clinic pg14 PALS pg15 Playgroups pg14,15,16	MFC Playgroup pg4 Kidstuff pg5 Siblings in Focus pg4 CaFHS & Immunisation Clinic pg16 The Mix pg5 Girls Hangout pg16 PALS pg16 Playgroups pg15	MFC Playgroup pg4 Siblings in Focus pg4 Babytime pg16 Playgroups pg14,15,16	of Families Dungeons, Dragons & Dice pg11 Saturday Family Playgroup pg15	Important to Me children's Art Exhibition See page 9
242526 National Sorry27282930CaFHS Clinic pg16kids & dads* pg5Babytime pg16Boyz Space pg16DayMFC Playgroup pg4Siblings in Focus pg4Siblings in Focus pg4DayDayeDayeSiblings in Focus pg4Siblings in Focu	CaFHS Clinic pg16 MyTime pg16 Move 'n' Play pg15 Nature Playgroup pg16 PALS pg16 Playgroups pg15,16 Play 'n' Move pg14 Sing & Move pg15 Storytime pg16 Tea & Tinkering pg16	kids & dads* pg5 Babytime pg16 Boyz Space pg16 CaFHS Clinic pg14 Chess & Checkers p16 MakerLab pg14 MyTime pg14,15 The Arvo Club pg14 Toddlertime pg14 Playgroups pg15,16 Yoga pg16	MFC Playgroup pg4 Siblings in Focus pg4 kids & dads* pg5 Babytime pg14 Boys Zone pg14 CaFHS Clinic pg14 PALS pg15 Playgroups pg14,15,16 Storytime pg16	MFC Playgroup pg4 Kidstuff pg5 The Mix pg4 Siblings in Focus pg4 CaFHS & Immunisation Clinic pg16 Girls Hangout pg16 PALS pg16 Playgroups pg15 Storytime pg14 G'Parent Village pg14	MFC Playgroup pg4 Siblings in Focus pg4 Babytime pg16 Playgroups p14,15,16	Lego Design pg4 Saturday Family	
CaFHS Clinic pg16 MyTime pg16kids & dads* pg5 Babytime pg16DayKidstuff pg5 MFC Playgroup pg4 Siblings in Focus pg4 Siblings in Focus pg4MFC Playgroup pg4 Siblings in Focus pg4 Babytime pg16Dungeons, Dragons & Dice pg11 Saturday FamilyNature Playgroup pg16Boyz Space pg16 CaFHS Clinic pg14MFC Playgroup pg4 kids & dads* pg5 Babytime pg14Kidstuff pg5 Siblings in Focus pg4 CaFHS & Inmunisation Clinic pg16MFC Playgroup pg4 Siblings in Focus pg4 CaFHS & Immunisation Clinic pg16Dungeons, Dragons & Dice pg11 Saturday FamilyPlaygroups pg15,16 Playgroups pg14, 15MakerLab pg14 CaFHS Clinic pg14CaFHS & Immunisation CaFHS & Immunisation Clinic pg16CaFHS & Immunisation The Mix pg5Sing & Group pg15Sing & Move pg15 Storytime pg16Playgroups pg14, 15.6 Playgroups pg14FALS pg15 Playgroups pg14, 15.6 Playgroups pg14, 15.6 Playgroups pg14, 15.6Girls Hangout pg16 Playgroups pg15FALS pg16 Playgroups pg15FALS pg16 Playgroups pg15Tea & Tinkering pg16Toddlertime pg14Storytime pg16 Playgroups pg16Flaygroups pg15Flaygroups pg15							
	CaFHS Clinic pg16 MyTime pg16 Move 'n' Play pg15 Nature Playgroup pg16 PALS pg16 Playgroups pg15,16 Play 'n' Move pg14 Sing & Move pg15 Storytime pg16 Tea & Tinkering pg16	kids & dads* pg5 Babytime pg16 Boyz Space pg16 CaFHS Clinic pg14 Chess & Checkers p16 MakerLab pg14 MyTime pg14, 15 Playgroups pg15,16 The Arvo Club pg14 Toddlertime pg14	Day MFC Playgroup pg4 kids & dads* pg5 Babytime pg14 Boys Zone pg14 CaFHS Clinic pg14 PALS pg15 Playgroups pg14,15,16	Kidstuff pg5 MFC Playgroup pg4 Kidstuff pg5 Siblings in Focus pg4 CaFHS & Immunisation Clinic pg16 The Mix pg5 Girls Hangout pg16 PALS pg16 Playgroups pg15	MFC Playgroup pg4 Siblings in Focus pg4 Babytime pg16 Playgroups pg14,15,16	Dungeons, Dragons & Dice pg11 Saturday Family	30



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