

NAIDOC Week 2023 celebration – social story

Written for Carlton North Primary School families

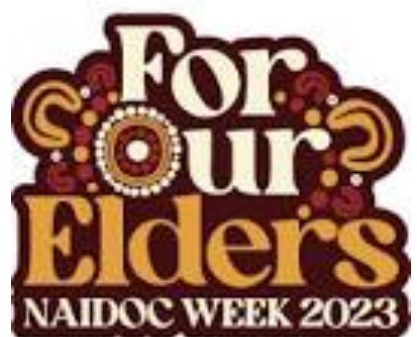
On Friday 14th July, my school will celebrate NAIDOC week.

This will be the first Friday back after the school holidays.

July 2023						
Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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SCHOOL HOLIDAYS						
3	4	5	6	7	8	9
SCHOOL HOLIDAYS						
10 Term 3 Starts	11	12	13	14 	15	16

NAIDOC week celebrates the history, culture and achievements of Aboriginal and Torres Strait Islander peoples.

This year's theme is "For our Elders".



We will have a whole-day NAIDOC celebration.

We will experience and learn about Aboriginal and Torres Strait Islander culture.

There will be 4 activities.

1. Art



2. Wayapa



3. Traditional games



4. Cooking



This is the timetable for how the day will run:

T I M E T A B L E				
TIMES	GROUP 1 WARING	GROUP 2 POORNEET	GROUP 3 GUNYANG	GROUP 4 IUK
9:15 - 10:00	ART	TRADITIONAL GAMES	COOKING	WAYAPA
10:15 - 11:00	WAYAPA	COOKING	ART	TRADITIONAL GAMES
RECESS				
11:45 - 12:30	TRADITIONAL GAMES	ART	WAYAPA	COOKING
12:45 - 1:30	COOKING	WAYAPA	TRADITIONAL GAMES	ART
LUNCH				
2:30 - 3:30	RETURN TO CLASS: REFLECTION/FINALE FRIDAY/ASSEMBLY			

I will need to bring my brain food in a separate container today
(labelled with my name and class).

How the day will run...

Before I come to school, I will need to get dressed in comfortable warm clothes.



I will need to remember to bring from home a medium-sized metal or plastic bowl (labelled with my name and class) and a carry bag.



The bag will need to be big enough to hold my dirty bowl at the end of the cooking activity.

I will come to school like normal. My teacher will mark the roll and explain what will happen during the day.

I will get my brain food container, then all students will be put into 4 big groups.

1. Waring (Wombat)



2. Gunyang (Kangaroo-apple)



3. Poorneet (Tadpole)



4. luk ['ee-yook'] (Eel)



Each group will have a mix of students from all year levels
(Foundation through to Year 6).

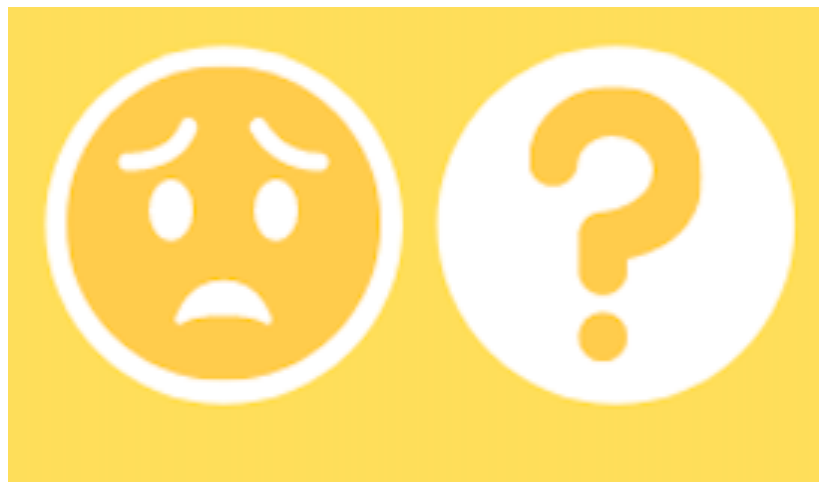


I will be with some children I know and children I don't know.

My teacher will tell me what group I am in before the day.

I will have the chance to get to know some new children.

It is okay if I feel nervous about this.



This is a new experience for everyone!

These are the four activities we will do...

1. Art

I will help to make an artwork based on the 7 Wurundjeri seasons.



I will also get to make a yarning stick.



I need to bring a small stick to make a yarning stick (around 20cm long and up to 1cm thick).

The art activity will be held in some 1/2 classrooms
(Billy's, Jesse's and Emily's).



For the art activity we will be put into 3 smaller groups.



Art 1
Billy's room



Art 2
Jesse's room



Art 3
Emily's room

My teacher will tell me which group I am in.

2. Wayapa

Wayapa is a bit like yoga.

I will get to learn new ways to help me feel calm and be in touch with the earth.

Some adults from “Wayapa Wuurrk” will run this activity with some of our teachers.



If I have questions, I can ask my teacher or the Wayapa teacher.



For the Wayapa activity, we will be put into 2 smaller groups.

My teacher will tell me which group I am in.



Wayapa 1



Wayapa 2

If I forget which group I'm in, I can ask a teacher for help.



If it is not raining, the Wayapa activity will be held outside near the painted cow ...



and between the bike rack and senior playground.



If it is raining, Wayapa will be held in the
Foundation classrooms...



Eoghan's...



and Jacqui's.

3. Traditional games

I will get to learn some traditional games from some adults from “Wanyara”.

The games will be explained to me and I will get to have a go.

If I’m not sure about the rules, I can ask a teacher.



It’s okay if I don’t get it right the first time or if I feel confused.

Most of my group will be learning the rules for the first time too.

I can sit and watch if I don’t feel like playing.

For the traditional games, my group will be split into 3 smaller groups.



Games 1



Games 2



Games 3

My teacher will tell me which group I am in.

If it is not raining, traditional games will be played on the soccer pitch....



and basketball courts.

If it is raining, traditional games will be played in the...



hall...



library...



and 1/2 deck.

4. Cooking

I will bring my bowl and carry bag for the cooking activity.



I will get to make some bread using some Indigenous herbs, like saltbush, from the school's edible garden.



The cooking activity will be in the Year 5/6 classrooms
(Ben's, Kara's and Maddi/Sam's).



I will need to wash my hands before coming into the room.



I will mix the ingredients for my bread in my bowl. It might be messy. It might be noisy too.



My bread will be cooked in the ovens in the science room by our volunteers.



My bread will be wrapped in foil and take 20 minutes to cook. I won't get it straight away because there will be lots of bread to cook!

I will need to wait before I get to eat my bread.

For the cooking activity, my group will be divided into
3 smaller groups.

My teacher will tell me which group I am in.



Cooking 1
Ben's room



Cooking 2
Kara's room



Cooking 3
Maddi/Sam's room

I will remember to take my mixing bowl and put it in my carry bag at
the end of the day.



It might get loud during the day.

Sometimes it might feel like there is a lot going on.



I can talk to a teacher if I am feeling unsettled. I might like to watch some activities or find a quiet space during the day.



I could also bring my ear muffs or other things that help me feel calm.



The activities may run in a different order than what I have been told.

But a teacher will help guide me through and I will get the chance to try each activity by the end of the day.



Our NAIDOC celebrations will be something new for me to experience. I will get to learn lots of new things.



If I feel like too much is going on, I can tell a teacher or support staff.



It is okay to have a rest even if the children around me are busy.

It is okay to have as many rests as I need.

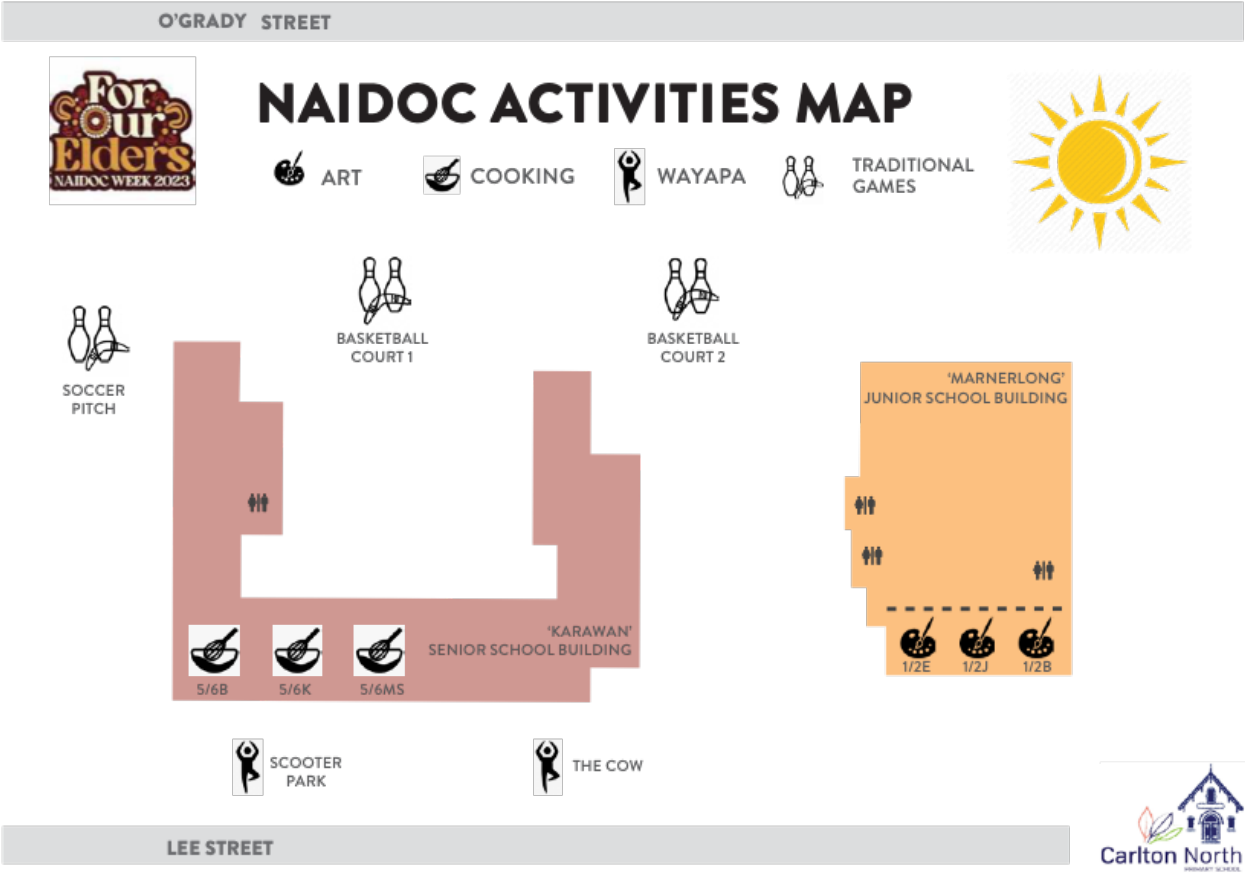


If I need a break to go to the toilet, I can tell a teacher or support staff.

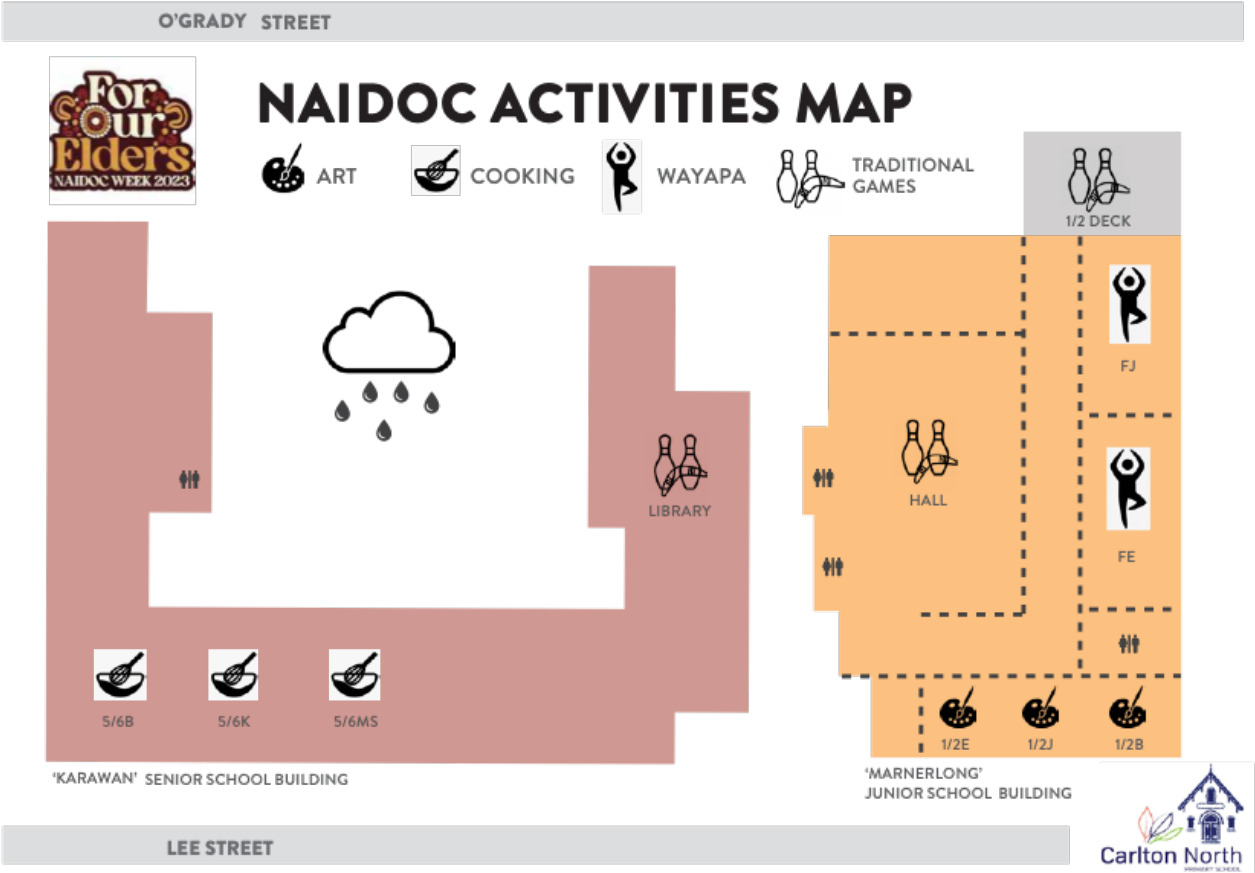


The NAIDOC celebration is going to be a fun day.

Here is a map showing where each activity will be held on a **dry weather (no rain)** timetable:



Here is a map showing where each activity will be held on a rainy day:



My NAIDOC timetable

MY GROUP

There will be four groups:

- Waring (Wombat)
- Gunyang (Kangaroo-apple)
- Poorneet (Tadpole)
- luk ['ee-yook'] (Eel)

I will be in group

MY ORDER OF ACTIVITIES

There will be 4 activities:

- Art
- Cooking
- Wayapa
- Traditional games

I will be doing the activities *in this order in this room*:

1.
2.
3.
4.

WEATHER FORECAST

It will be raining / not raining.

I NEED TO BRING

- A stick for the yarning stick activity
- Plastic or metal mixing bowl, medium size (labelled with my name and class on it)
- Carry bag for my dirty mixing bowl
- Brain food in a separate container (labelled with my name and class on it)