# COMPLETE THE MASCOT CHALLENGE











DIFFICULTY

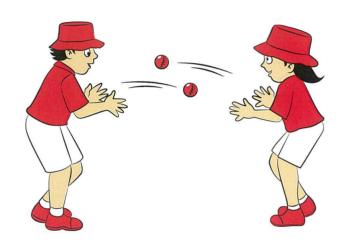
### **Points**

4 points for attempting this game

# PAIRS CATCH AND RELEASE

In Pairs, stand with your toes touching your partner's and take 2 big steps backwards, both should have a ball. Underarm the ball to each other at the same time and catch it with 2 hands.

For an extra challenge, try working with your partner to say the letters of the alphabet, names of countries or even names of animals each time you take a catch rather than counting.







**DIFFICULTY** 

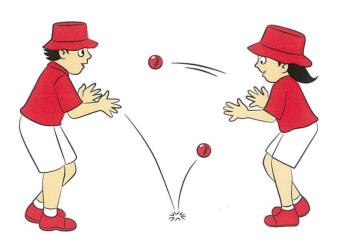
### **Points**

4 points for attempting this game

# PAIRS BOUNCING CATCHING

In Pairs, stand with your toes touching your partner's and take 2 big steps backwards, both should have a ball. One person throws the ball overarm and bounces it to their partner. One person throws an underarm catch to their partner without the ball bouncing.

For an extra challenge, try swapping roles each time so that ball 1 is always bouncing and ball 2 is always catching.





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