

# Raita

*This refreshing yogurt dip makes a great accompaniment for curries, samosas and breads.*

**Serves** 5 adults or 30 tastes

**10 m**

Recipe adapted from taste.com



## Ingredients

2 cups yoghurt  
2 Lebanese cucumbers, grated  
4 tablespoons finely chopped fresh mint  
½ teaspoons ground cumin  
4 teaspoons lemon juice

## Equipment

Measuring cups & spoons  
Spoon  
Chopping boards  
Knife  
Greater  
Juicer

## Instructions

1. Place **yoghurt, cucumber, mint, cumin and lemon juice** in a bowl.
2. Season with salt.
3. Stir to combine.
4. Serve with curries, salads or as a dip with flatbreads.

