

JUNIOR SCHOOL WINTER SPORT TRAINING SCHEDULE

Draft as of 31/03/2026

	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
Venue	AM	PM	AM	PM	AM	PM	AM	PM	AM	PM
BREEN OVAL		RUGBY Prep A, Prep B, Prep C 11A, 11B, 11C			RUGBY Prep A, Prep B, Prep C 11A, 11B, 11C					
SPC 2 (SYNTHETIC)	FOOTBALL 6A1,6A2, 6B1, 6B2, 10A	FOOTBALL 10B, 10C, 10D						Goal Keeper Training		
SPC 3	FOOTBALL 5A1,5A2,5B1 5B2, 5D, 5E	FOOTBALL 6E, 6F, 5C, 5F				FOOTBALL 6A1, 6A2, 6C1,6C2 6D, 6F		AFL Prep A		
SPC 4	FOOTBALL 6C1, 6C2, 6D			AFL Prep A		FOOTBALL 5A1, 5A2, 5C 5F		FOOTBALL 5B1, 5B2, 6B1, 6B2		
HUDSON PARK										FOOTBALL 10A, 10B,10C, 10D, 5D, 5E, 6E

Training Schedule begins Tuesday 21 April.

TRAINING in 'BOLD' CONCLUDES AT 4.45PM. Boys are to be prompt to training to maximize their training time. Training in Blue is a shorter session 7.00am to 8.00am in the morning and 3.20pm 3.55pm in the afternoon. Sessions in Red are shorter session, however, conclude at 4.15pm to allow travel to the field. Boys training at offsite at Hudson Park should be collected from the fields at the conclusion of training. Anyone not collected after 10mins, will be walked back to the College for pick up at kiss and ride.

Goal Keep Training – Boys specialising in goal keeping have a specialist session on afternoons, concluding at 4.30pm. Boys are to prioritise this training over team training on this day. Goalkeepers should complete the specialist keeper training and the longest team training session available. Completing 2 sessions only each week.