

# AUTHOR TALK

GEELONG  
REGIONAL  
LIBRARIES



## WEIGHED DOWN: A LITTLE BOOK WITH A BIG MESSAGE

Join us for an enlightening discussion with authors Mary Pearson and Brigitte Botten.

Whether you're passionate about health advocacy, body positivity, or simply interested in thought-provoking discussions, this event is for you.

Let's come together to redefine beauty on our own terms and foster a healthier relationship with ourselves. See you there!



.....  
**Wednesday 13 November**  
**5:30pm to 6:30pm**  
**Ocean Grove Library**

[grlc.vic.gov.au](http://grlc.vic.gov.au)

book  
now

All events are **FREE** unless otherwise specified.

**Bookings essential.**

**Online** [grlc.vic.gov.au](http://grlc.vic.gov.au)

**In person** at any branch, or **phone** 03 4201 0500

