



FREE Child development checks



Ready, Set, Progress

The Office for the Early Years is partnering with Playgroup SA to offer a new way to help parents/caregivers access child development checks. The aim is to increase development screening for children between 12 months and 5 years of age.

What is a child development check?

A child development check looks at a child's key developmental milestones, such as communication, social-emotional, physical and problem-solving skills. A questionnaire is used to gain the unique understanding a parent/caregiver has about their child. The check is completed together with a Playgroup SA professional (usually an allied health professional, educator or social worker).

A development check is separate from a health check, which needs to be conducted by a medical professional such as a doctor or nurse, including Child and Family Health Service (CaFHS)

For more information about the Ready, Set, Progress program visit:
playgroupsa.com.au/readyssetprogress

Why are child development checks important?

Reaching developmental milestones in early childhood builds a strong foundation for a child's future learning and for their adult life. A child development check can help parents to identify their child's strengths and identify new milestones to celebrate. It can also help parents and caregivers understand their child's progress, know what to look for next and to reveal any areas where a child may need support. A child's experiences in the first few years of life helps to shape their brains, bodies and emotions and provide a foundation for their future.

How can my child receive a free child development check?

You can speak to your Playgroup coordinator or local community based early childhood program leader to organise a Playgroup SA Child Development Facilitator to attend your program or contact Playgroup SA to arrange a child development check.

What support is available, if needed?

If your child has had a child development check with Playgroup SA and it has indicated that your child may benefit from support, the Child Development team at Playgroup SA can offer specialised Early Help and Support.

Early Help and Support can include:

- Help with accessing support services that match the needs of your child and your family
- Provision of initial practical, individualised strategies designed to promote your child's development

Does the Ready Set Progress Program cater for families from a range of cultural and linguistic backgrounds?

Playgroup SA can offer Aboriginal and Torres-Strait Islander families a child development check that is culturally appropriate.

Playgroup SA is also able to offer interpreting services for families who prefer a language other than English

Please contact Playgroup SA if you would like further information or would like to book in a child development check.

email: readyssetprogress@playgroupsa.com.au

You can also contact the Child Development Screening and Support Team for more general information.

email: education.cdcinfo@sa.gov.au

If you have any health concerns regarding your child, you should make an appointment for a health check with a primary health care provider or the CaFHS.

